ABE CLASS PRACTICES
CONSUMER AWARENESS

Terri Connors’s ABE Beginning class at the Washington County Family Center work on figuring unit prices using grocery ads. The exercise touches on reading skills and math skills, while also helping them be more savvy shoppers.

DATES TO REMEMBER
*September 22—Autumn begins
*October 31—Halloween
*November 26—Thanksgiving

Why did the student study on an airplane? Because he wanted a higher education!
ESL Students Write About a Variety of Topics

Wes Hoover’s Advanced ESL class practiced writing by composing paragraphs on an assortment of topics. Here are some excerpts:

“My favorite vacation go to my home country with my family, because he is very beautiful. You can have the good people to help you if you want to go…” — Magalie M.

“One of my favorite holiday is Chinese Mid-Autumn Day… So many people go out, take a walk and see the firework. We also can get some mooncakes from the people who organize the firework. Chinese people usually have dinner with their whole family on that night. People says, ‘The moon is round, the family should be round too.’” — Wuqing W.

“I like USA because it is kinda challenge for me… American people are being very nice to me… Most of them are easy going, open minded. There are so many opportunities for people who like to study and work in States… What I don’t like sometimes about USA when some people are being haters to foreign people for not understanding and knowing English well…” — Julia P.

“Talking about relationship I’m thinking about my mother, brothers and sisters. I’m desperate to see them… I still ask question to my self. What I’m going to do? Then another thought came in my mind. You are not here for accident… Instantly I feel peace in my heart…” — Tatupu F.
**Hawk’s Battle Cry** by Wes Hoover

Dig for victory, Go for Gold.
We are the Hawks from Hagerstown
and we are proud and bold,
soaring through the clouds
with the wind beneath our wings;
we’ll get higher and higher, straight
up we’ll climb,
clawing our way to each victory
with being champions as our dream
and destiny,
with hope in our hearts and fire in our
eyes.

Never say die is the Hawks battle
cry;
we never take the easy way, we
never compromise.
We never say never to a challenge
that may come along the way,
because only the strong will survive
on this championship day.
We’ve learned so much from our
mistakes,
but our will has the power that won’t
break.
We’ve paid our dues as true champi-
ions do,
with only one thing left to prove,
doing the best that we can do
because that’s all anyone can ever ask of
you.
So this is our time, this is our moment.
We’ve waited so long just to be stand-
ing here;
we have a dream, let’s make it happen.
Against all odds, we’ll spread our
wings and keep on fighting until the
end!

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**Students in Kathy Thomas’s ABE English class did a writing exercise about a photo of three boys with pumpkins. While we can’t reproduce that copyrighted photo here, we did find similar artwork to help illustrate their writing.**

“**This is how students from Maryland enjoy Halloween eve. These boys are having so much fun. They are showing us that Halloween is so much fun and showing us the Halloween spirit.”** — Guillermo

“**These boys are funny.”** — Vathana

“**Halloween is around the corner and all the kids are excited and preparing for it.”** — Andrea

“**These boys are having fun posing for a Halloween picture.”** — Becky

“**Halloween is coming. I don’t know which faces I should be afraid of: the three boys or the three pumpkins!”** — Miguel

“**These young boys are having fun as they get ready for Halloween.”** — Linda

“**These boys look like they are all ready for Halloween. They seem to be having a lot of fun playing with the pumpkins.”** — Michele

“**Do you think the three boys making the pumpkin faces are ready for Halloween?”** — Sue
WHAT TO DO TO ENROLL IN ADULT EDUCATION CLASSES

If you know someone who would like to begin our classes in ABE/GED or ESL, here’s the process to begin:

1. **Call to sign up for an orientation.** Orientations are held at least twice a month for both ABE/GED and ESL.

2. **At the orientation, assessment tests determine what you need and how we can help.** For ABE/GED, we give a reading and math assessment. For ESL, we give a listening assessment.

3. **Finally, at the orientation, you’ll be advised on your next step and registered for the appropriate class.**

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**RECIPES**

**Spaghetti with Spinach**

Boil 1 lb of spaghetti. In the blender mix together the raw spinach, fresh basil, salt and cheese (Viejerio cheese) and water. Then mix with the spaghetti.

**Rice with Milk**

1 ½ lbs. rice
1 gallon milk
4 Tbs. sugar
1 can cream of milk
1 can condensed milk
2 tsp. cinnamon
¼ stick of butter

Cook rice with mild and cream, sugar, and butter. When the rice is soft add the cream milk and condensed milk.

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**NEWSLETTER COMPILLED BY MICHAEL PINDELL**

**WORD OF THE SESSION:**

**PULCHRITUDE—ANOTHER WORD FOR “BEAUTY.”**

The High Beginning ESL class at the Family Center shared an activity in which the class members shared some of their culture. Rosemane Rene shared a recipe from Haiti in which she cooked rice, beans, and chicken. It was delicious. Rosario Macalupu shared a recipe called “Spaghetti with Spinach.” She also did a Peruvian dance for the class. She wore a beautiful Peruvian dress. Marlene Cuellar made “Arroz con Leche” (translated: Rice with Milk). This is a recipe from Colombia. They shared the recipes with the class.

-Anna Roberts, ESL instructor