

Successful Professional Development

Learn tips and techniques that will assist you in becoming a very successful student and professional as well as build your professional profile. The seminar will provide students with valuable information about managing the challenges of preparing for a successful professional career.

CPB Room 210



Part 1

January 25th 8:00 AM – 12:00

8:00- 9:30	The Basics of a Professional Position
9:30 -10:30	Stress Management
10:30-10:45	Break
10:45-11:30	Study Skills
11:30-12:30	Time Management

Part 2

February 1st 8:00 AM – 12:00

8:00 - 9:30	Test Taking Skills 1
9:30 - 10:30	Test Taking Skills 2
10:30-10:45	Break
10:45-11:30	Communication skills
11:30-12:30	Negotiating Skills

Part 3

February 8th 8:00 AM – 12:00

8:00 - 9:30	Critical Thinking
9:30-10:30	Professional Success
10:30-10:45	Break
10:45-12:15	Performing the Professional Role
12:15-12:30	Questions and Answers

Course: # NRS 872 A

Location: CPB Room #210

Cost: \$25.00 for HCC students; \$45.00 for non-HCC students

Objectives: Discuss the process of successfully completing the steps into a profession
Discuss the methods of controlling stress, anger and frustration and implementing critical thinking
Discuss the process to developing professional self esteem