

## Course Outcomes Guide

Directions: Please complete this form to document your progress toward improving student learning. For each item, indicate your progress and your anticipated next steps. Thank you!

Course/Program Title: PED 216

Date: 7-8-11

Course/Program Team: Robert T. Myers/Shannon Cameron

### Expected Learning Outcomes:

- #1 Establish a health care system within an athletic department
- #2 Demonstrate various techniques for prevention of athletic injuries
- #3 Recognize, evaluate and treat athletic injuries
- #4 Develop rehabilitation plans for specific injuries
- #5 Research various sports medicine topics and present a case study

### Assessment (How do or will students demonstrate achievement of each outcome?)

- #1-Create a plan for delivery of health care that specifically relates to Hagerstown Community College.
- #2-Create a training plan that supports prevention of athletic injuries relating to one of the following: ankle/shoulder/core system/wrist/knee/hips
- #3-Demonstrate the "HOPS" technique for evaluating athletic injuries. (History, Observation, Palpation, Stress Tests)
- #4-Create a rehabilitation plan for a specific (instructor selected) injury that will allow an athlete to return to competition.
- #5-Demonstrate research skills and mathematical computation skills in presenting a case study of a sports medicine topic (Instructor selected).

### Validation (What methods have you used or \Will you use to validate your assessment?)

Department-devised scoring rubric for evaluation of injuries and knowledge of HOPS.  
Student demonstration of various taping techniques using United States Sports Academy/NATA guidelines.  
MLA guidelines on all case studies and directed writings.

**Results** (What do your assessment data show? If you have not assessed student achievement your outcomes, is assessment planned?)  
**Assessment planned for FY 2012**

**Follow-up** (How have you used or how will you use the data to improve student learning?)  
We will utilize the analysis to improve instruction and determine areas that need to have more emphasis.

**Budget Justification** (What resources are necessary to improve student learning?) N/A

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