

Course Outcomes Guide

Directions: Please complete this form to document your progress toward improving student learning. For each item, indicate your progress and your anticipated next steps. Thank you!

Course/Program Title: PED 198 Fundamental Fitness and Motor Skills

This course is designed to provide students with the opportunity to examine primary movement skills, developmentally appropriate fitness activities, and the relationship of basic movement to the enhancement of fitness for individuals seeking improved health.

Course/Program Team: Thomas Burge, Shannon Cameron, Robert T. Myers

Expected Learning Outcomes: Student will be able to:

- **Observe and document the teaching of basic motor skills to k-12 students in a physical education setting.**
- **Collaborate with a physical education instructor to develop a lesson plan for an age-appropriate physical activity**
- **Analyze and evaluate a lesson based upon the objectives of the lesson**
- **Document 15 observational hours with a physical education instructor**
- **Create an activity journal and/or log that will allow for analysis, adjustment, and improvement of physical skill as the student continues to engage in the activity into the future.**
- **Demonstrate research skills using MLA format to directed readings and/or training methods.**

Assessment

- Student/ Teacher conferences and written assignment
- Students will document throughout the semester their participation and affect at the conclusion of each session.
- Instructor feedback and correction
- Students will be given directed readings which they must write a synopsis and response at the instructors discretion

Validation

- Pre-activity and post-activity student/ instructor conferences Number of students who correctly utilize MLA manuscript format (cross-disciplinary connections).
- Continued enrollment in additional activity classes.

Results

- Will begin spring 2013

Follow-up

- Instructors who will meet with their peers at the conclusion of each semester to evaluate the need for pedagogical changes to improve student learning.

Budget Justification

- Continued funding of professional development for all HPELS instructors