



“Social work is a calling, a call to do something. You have the opportunity to deal with the injustices in the world.”

– voice from the field,  
“Call to Social Work”

### What is human services?

Human services may be broadly defined as all those systems of services and occupations that concentrate on improving or maintaining the physical and mental health and general well-being of people.

### What is social work?

Social work is the professional activity of helping individuals, groups, or communities enhance or restore their capacity for social functioning. This may include helping people with tangible services like food and housing, or providing counseling or psychotherapy services to people in need.

Individuals who excel in this field have excellent communication skills (both written and oral), are organized, are extremely empathetic, and are good at establishing relationships with people.

### What are the average earnings?

The median annual wage of social workers was \$42,480 in May 2010. The lowest 10 percent earned less than \$26,710 and the top 10 percent earned more than \$70,390 (source: [www.bls.gov/ooh](http://www.bls.gov/ooh)).

### What is the employment outlook for this career?

According to the U.S. Department of Labor’s Occupational Outlook Handbook, the profession of social work is expected to increase by 22 percent by 2016, which is much faster than the average for all other occupations. Job prospects are expected to be favorable, particularly for social workers who specialize in the aging population or work in rural areas.

### Why choose HCC?

HCC’s human services and social work curricula prepares students to combine knowledge from the social and behavioral sciences with the art of compassion and understanding to assist people in meeting the challenges in their lives.

The human services instructors at HCC are committed to preparing their students to be confident, valuable additions to the workplace. Instructors are constantly in touch with local social agencies to be sure course content is fresh, relevant and comprehensive.

Experiences in the field are offered at community agencies to reinforce the classroom experience. Some of the local agencies that participate are the Community Action Council, Potomac Case Management, CASA, Inc., The Mental Health Center, and the Washington County Health Department.

HCC offers students many financial aid opportunities at the federal and local level. The college also offers a monthly payment plan. By starting at HCC, a student can save thousands of dollars on a four-year degree.

### A.S. Degree

## Arts and Sciences Option in Human Services

The transfer program in human services is designed for students who plan to transfer to a four-year institution and major in social work. Students have transferred successfully to Hood College, Shepherd University, Shippensburg University, Salisbury University, and University System of Maryland at Hagerstown.

\*Note: HCC has an articulation agreement with Salisbury for the USM-H center downtown. For more information, please call 240-500-2407.

### General Education Requirements 31-32 credits

#### Arts/Humanities

Select two courses in different disciplines  
from approved General Education course list..... 6

#### Behavioral/Social Sciences

PSY 101 General Psychology..... 3  
SOC 101 Introduction to Sociology..... 3

#### Biological/Physical Science

Select two courses from approved  
General Education course list. One must be a  
laboratory course ..... 7-8

#### Diversity

Select one course from approved  
General Education course list..... 3

#### English

ENG 101 English Composition ..... 3  
ENG 102 Composition and Literature..... 3  
**OR**  
SPD 103 Public Speaking.....(3)  
**OR**  
SPD 108 Introduction to  
Human Communication.....(3)

#### Mathematics

MAT 109 Introduction to Statistics ..... 3

### Program Requirements 15 credits

HST 103 Introduction to Human Services  
and Social Work ..... 3  
HST 201 Understanding Diversity in the  
Helping Profession ..... 3  
HST 207 Social Work with Individuals..... 3  
HST 208 Social Work With Groups ..... 3  
PSY 204 Developmental Psychology:  
Lifespan Human Development..... 3

#### Electives

14 credits

Electives should be selected in consultation with a transfer advisor and the transfer institution. Some recommended courses are listed below:

ECO 201 Macroeconomic Principles .....(3)  
HEA 103 Personal Health.....(3)  
HIS 101 World History I .....(3)  
HIS 102 World History II .....(3)  
HIS 201 United States History I.....(3)  
HIS 202 United States History II.....(3)  
PED 132 Yoga Beginning .....(1)

PED	133	Yoga Intermediate .....	(1)
PED	134	Yoga Advanced .....	(1)
PED	107	Basic Self Defense .....	(1)
POL	101	American Government .....	(3)
PSY	206	Abnormal Psychology .....	(3)
PSY	212	Interviewing and Counseling .....	(3)
SOC	102	Sociology of Social Problems.....	(3)
SOC	105	Juvenile Delinquency .....	(3)
STU	106	Professionalism in the Workplace ..	(1)

**Degree Requirement ..... 60**

*A.A.S. Degree*

## Human Services Technician

The Human Services Technician Program provides training for a variety of careers in social services, community self-help, and volunteer agencies at the paraprofessional or technical level. While most of the courses are transferable to a four-year liberal arts program, students who wish to transfer should discuss their career goals with an academic advisor.

**General Education Requirements 21-22 credits**  
**Arts/Humanities**

Select from approved General Education course list ..... 3

**Behavioral/Social Sciences**

PSY 101 General Psychology..... 3

**Biological/Physical Science**

Select from approved General Education course list ..... 3-4

**Diversity**

Select one course from approved General Education course list..... 3

**English**

ENG 101 English Composition ..... 3  
Select one additional course from the following:

ENG 112 Technical Writing.....(3)

SPD 103 Public Speaking.....(3)

SPD 108 Introduction to Human Communication.....(3)

**Mathematics**

Select one course from approved General Education course list..... 3-4

**Program Requirements 31 credits**

HEA 105 First Aid..... 3

HST 103 Introduction to Human Services and Social Work ..... 3

HST 201 Understanding Diversity in the Helping Profession ..... 3

HST 207 Social Work With Individuals..... 3

HST 208 Social Work With Groups ..... 3

HST 269 Human Services Internship I ..... 4

PSY 204 Developmental Psychology: Lifespan Human Development..... 3

PSY 206 Abnormal Psychology..... 3

PSY 212 Interviewing and Counseling ..... 3

SOC 101 Introduction to Sociology..... 3

“The good social worker doesn’t go on helping people out of a ditch; pretty soon she begins to find out what ought to be done to get rid of the ditch.”

—Mary Richmond,  
social work founder

**Electives**

**7-8 credits**

Electives should be selected in consultation with a transfer advisor and the transfer institution. Some recommended courses are listed below:

ADJ 101 Introduction to Criminal Justice.....(3)

BUS 104 Legal Environment of Business.....(3)

HEA 103 Personal Health.....(3)

HUM 214 World Religions.....(3)

MGT 210 Human Resources Management.....(3)

PSY 216 Social Psychology.....(3)

SOC 102 Sociology of Social Problems.....(3)

SOC 103 Criminology.....(3)

SOC 105 Juvenile Delinquency.....(3)

**Degree Requirement..... 60**

*Letter of Recognition*

## Human Services

This sequence of courses prepares students with a basic knowledge of the human service field and may be used to help credential the human service worker currently working in the field.

**Program Requirements**

**6 credits**

HST 103 Introduction to Human Services and Social Work ..... 3

PSY 101 General Psychology..... 3

**Electives**

**3 credits**

HST 207 Social Work With Individuals.....(3)

**OR**

Another HST elective.....(3)

**Letter of Recognition Requirement..... 9**

*Note: Students who may have a criminal record need to be aware this could preclude them from employment in this field. Additionally, students need to be aware that excessive prior drug use may prevent their employment in the state of Maryland as well. Please direct questions or concerns to the program coordinator.*



### Contact Information:

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### Recommended Professional Organizations

National Association of Social Workers:  
[www.socialworkers.org](http://www.socialworkers.org)