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American Optometric
Association

Health and Developmental History

Child's Name _____ Birthdate _____ Grade _____
Parent's Names _____ Address _____
Telephone (Home) _____ (Parent's email) _____

Prenatal History (During mother's pregnancy with this child):

Any unusual health or medical problems (Rh neg., measles, viral infection, toxemia, pre-eclampsia, etc.)

Any falls or other accidents _____

Any use of prescription or non-prescription drugs _____

Any use of alcohol or illegal drugs _____

Birth History:

Any difficulties with the delivery (Anoxia, breach birth, etc) _____

Describe length of labor, help given to mother in form of drugs, or use of instruments _____

Child's condition at birth (incubator, jaundiced, breathing problems, etc) _____

Birth weight _____ Full term or premature _____

Any special medical attention or hospitalization required during first month? (i.e. oxygen, medication, etc.) _____

Developmental History:

At what age did your child do the following: Sat alone _____ Crawled _____ Walked _____

Spoke first word _____ Said sentences (combined two or more words) _____ Toilet trained _____

Rode tricycle _____ Bicycle _____ Started swimming _____ Throw and catch ball _____

Learned numbers _____ Letters _____ Colors _____

Any activities or milestones accelerated or delayed (please list): _____

Right or left handed? _____ At what age was this noted? _____ Any Concerns? _____

How would you describe your child's temperament (happy, irritable, withdrawn, fears, etc.) _____
Any bed wetting or soiling (How often?) _____
Any feeding problems: _____
Any concerns about speech: _____
Any concerns about motor coordination: _____
Age child entered preschool, if any _____ Any difficulties noted? _____
Age child entered school _____ Any difficulties noted? _____
Special services provided (Remedial Reading/Chapter 1/Special Education/Speech) Please be specific _____

Was child retained, what grade _____
Has child received any psychological evaluations or counseling through school or private sources? _____

Health History:

Does child have a history of any of the following conditions: Respiratory _____ Cardiovascular _____
Gastrointestinal _____ Musculoskeletal _____ Neurological _____ Allergies _____
Hearing (ear infections) _____ Vision _____ Other _____
Note any serious illness, surgery or unusual conditions _____

If high fever accompanied illness, mention degree and duration: _____
_____ Any convulsions? _____

Note any accidents or head injuries: _____
Was child ever unconscious? _____ How long? _____
Has child ever been referred to a specialist or been seen by an outside clinic? _____

If so, please specify date and results: _____

Present Health:

Does child have any of the following symptoms more frequently than most children (check all that apply):
Indigestion___ Constipation___ Diarrhea___ Vomiting___ Fever___ Fatigue___ Dizzy spells___
Restlessness___ Inattention___ Headaches___ (when and how often)_____
Staring spells___ Aches and pains___ Difficulty sleeping___ Difficulty eating/picky eater_____
Other health conditions or diagnoses _____
Any medications (Please note dosage) _____
Date of last physical examination _____ Physician's Name _____

Family History:

Please check any family history of these conditions among parents, siblings, grandparents, etc.:
Vision problems___ Hearing problems___ Speech problems___ Reading problems___
Learning disabilities___ Special Education___ Attention problems___ Hyperactivity___
Seizure disorders___ Legal problems___ Emotional problems (depression, anxiety, etc.) ___
Left-handedness___ Alcohol/Drug abuse___ Behavior problems___
Present health of family members _____

Environment:

If both parents work outside of the home, who is caretaker: _____

How many hours per day is child with caretaker: _____

Is a second language spoken in the home? _____ language: _____

Child's relationship with family members: _____

Child's relationships with friends, neighbors: _____

Activities or types of play in which the child participates (Sports, clubs, etc.): _____

Any recent family stressors? _____

Has child experienced any prenatal separations, divorces, or death, and if so, is this ongoing? _____

Are there custody and visitation considerations? _____

Any other history of significant losses or separations? _____

Any history of abuse or neglect? _____

How does child handle self-care and responsibilities in the home? _____

How much time does your child spend watching television, videos, or playing video games? _____

Does anyone in the home smoke? _____ Any pets? _____

Date completed _____ Name of person completing form _____

Signature _____

Thank you for completing this form. Please list any additional considerations or concerns: _____

(Please use the back of this form for any additional information that does not fit in the space provided.)