# BlueVision Plus

A plan for healthy eyes, healthy lives

Professional vision services including routine eye examinations, eyeglasses and contact lenses offered by CareFirst BlueCross BlueShield and CareFirst BlueChoice, through the Davis Vision, Inc. national network of providers.

# Healthy Vision – an Important Asset

Healthy eyes are an important part of your overall health. Routine eye examinations not only keep your eyewear current; they can also detect high-risk health issues such as diabetes and glaucoma before symptoms occur. Whether you have 20/20 vision or 20/200 vision, you should have a routine eye examination on a regular basis to keep your eyes healthy.

That's why we are pleased to offer the BlueVision *Plus* vision plan that offers you complete eye health and added savings on your eyewear purchases. BlueVision *Plus* makes eye health easy, offering a large network of optometrists, ophthalmologists and opticians from which to choose.

To administer your group's vision benefits, CareFirst BlueCross BlueShield and CareFirst BlueChoice have selected Davis Vision, Inc. – one of the nation's leading managed vision and eye care providers.

### How the Plan Works

#### How do I find a provider?

BlueVision *Plus* offers a national network consisting of optometrists, ophthalmologists and opticians. To find a provider, go to **www.carefirst.com** and utilize the "Find a Doctor" feature or call Davis Vision at **(800) 783-5602** for a list of network providers closest to you. Be sure to ask your provider if he or she participates with the Davis Vision network before you receive care.



Need more information?
Please visit
www.carefirst.com or call
(800) 783-5602.

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# Summary of Benefits: (12-month benefit period)

## In-Network You Pay

Eye Examinations		
Routine Eye Examination with dilation (per benefit	\$10 copayment	
period)		

Frames		
"Exclusive Tower	No copayment for	
Collection" Frame	approximately 270	
	frames	
Non-Tower Frame	Plan pays \$45 towards	
	wholesale price (or	
	equivalent allowance	
	at a retailer), you pay	
	balance	
Spectacle Lenses		
Basic Single Vision	No copayment	
(including lenticular lenses)		
Basic Bifocal	No copayment	
Basic Trifocal	No copayment	
Contact Lenses (Initial su	pply)	
Medically Necessary	No copayment with	
Contacts	prior approval	
Formulary Lenses	No copayment with	
	evaluation if formulary	
	lenses are dispensed	
Other Single Vision Contact	Plan pays \$97, you pay	
Lenses	balance	
Other Bifocal	Plan pays \$127, you pay	
Contact Lenses	balance	

Lens Options (add to spectacle lens prices above) <sup>1</sup>		
Standard Progressive Addition Lenses	\$50	
Premium Progressive Addition Lenses	\$90	
Polarized Lenses	\$75	
High Index Lenses	\$55	
Blended Segment Lenses	\$20	
Polycarbonate Lenses for children, monocular and high prescription	No copayment	

<sup>1</sup> These services or supplies are not considered covered benefits under the Plan. This portion of the Plan is not an insurance product.

## In-Network You Pay

Lens Options (continued) <sup>1</sup>	
Polycarbonate Lenses for all other patients	\$30
Transition Lenses	\$65
Intermediate Vision Lenses	\$30
Photogrey Extra® Lenses	\$20
Scratch-Resistant Coating	\$20
Standard Anti-Reflective Coating (ARC)	\$35
Premium Glare Resistant Anti-Reflective Coating (ARC)	\$48
Ultra Anti-Reflective Coating (ARC)	\$60
Ultraviolet (UV) Coating	\$12
Tinting	No copayment
Oversize Lenses	No copayment
Plastic Photosensitive Lenses	\$65
Contact Lenses (mail ord	er) <sup>1</sup>
Lens 1-2-3® Mail Order Contact Lens Replacement Program	Up to 40% off Retail Prices
Laser Vision Correction <sup>1</sup>	Up to 25% off allowed amount or 5% off any advertised special <sup>2</sup>

### Out-of-Network You Pay

Routine Eye Examination with dilation (per benefit period)	Plan pays \$45, you pay balance
Frames	Plan pays \$45, you pay balance
Single Lenses	Plan pays \$52, you pay balance
Bifocal Lenses	Plan pays \$82, you pay balance
Trifocal Lenses	Plan pays \$101, you pay balance
Lenticular Eyeglass Lenses	Plan pays \$181, you pay balance
Medically Necessary Contacts	Plan pays \$285, you pay balance
Elective Contact Lenses	Plan pays \$97, you pay balance
Elective Bifocal Contact Lenses	Plan pays \$127, you pay balance

<sup>2</sup> Please note that some providers have flat fees that are equivalent to these discounts.

# Other DISCOUNTS available through the network manager Davis Vision, Inc.

### **Laser Vision Correction Services**

By purchasing BlueVision *Plus*, you and your dependents are eligible to receive Laser Vision Correction Services through a network of experienced, credentialed surgeons at significant discounts. For more information, visit **www.carefirst.com** and click on "*Members & Visitors*," then click on "*Benefit Summaries*."

### How do I receive care from a network provider?

BlueVision *Plus* is as easy to use as it is effective. Simply call your provider and schedule an appointment. Identify yourself as a CareFirst BlueCross BlueShield or CareFirst BlueChoice member and provide the doctor with your identification number, as well as your date of birth. Then go to the provider to receive your service. There are no claim forms to file.

### What if I go out-of-network?

Staying in-network gives you the best benefit, but BlueVision *Plus* does offer an out-of-network allowance schedule as well. In this case, you may see any provider you wish, but you will be responsible for all payments up-front. You will also be responsible for filing the claim with Davis

#### Exclusions

The following services are excluded from coverage:

- 1. Diagnostic services, except as listed in WHAT IS COVERED under the evidence of coverage.
- Medical care or surgery. Covered services related to medical conditions of the eye may be covered under the evidence of coverage.
- Prescription drugs obtained and self-administered by the Member for outpatient use unless the prescription drug is specifically covered under the evidence of coverage or a rider or endorsement purchased by your Group and attached to the evidence of coverage.
- Services or supplies not specifically approved by the Vision Care Designee where required in WHAT IS COVERED under the evidence of coverage.
- 5. Orthoptics, vision training and low vision aids.
- Replacement, within the same benefit period of frames, lenses or contact lenses that were lost.

Vision for reimbursement and paying any balances over the allowed benefit to the non-participating provider. You can find the claim form by going to **www.carefirst.com**, locate "Solution Center," then click on "Claim Forms."

### May I use my benefit at different times?

Of course there will be times when you choose not to select your eyeglasses at the same time you receive your examination. You may "split" your benefits by getting your examination and your eyewear at different times. You don't even need to go to the same provider, but your care will be most effective when you stay with the same provider. When bringing an outside prescription to any provider, please confirm in advance that the provider will fill an outside prescription.

# Can I get contacts and eyeglasses in the same benefit period?

With BlueVision *Plus*, the benefit covers one pair of eyeglasses or a supply of contact lenses per benefit period. You are entitled to one pair of eyewear or a supply of contact lenses per benefit period.

### **Mail Order Replacement Contact Lenses**

Free membership and access to a mail order replacement contact lens service, Lens 1-2-3°, provides a fast and convenient way to purchase replacement contact lenses at significant savings. For more information, please call **(800) LENS-123 (800-536-7123)** or visit **www.Lens123.com**.

- 7. Non-prescription glasses, sunglasses or contact lenses.
- 8. Vision Care services for cosmetic use.

Benefits issued under policy form numbers: Non-rider/Freestanding: MD: MD/CF/GC (R. 10/07) • MD/CF/EOC/D-V (10/08) • MD/CF/DOCS-V (9/04) • MD/CF/SOB-V (R. 1/06) • MD/CF/ELIG (R. 1/08) • CFMI/51+/GC (R. 7/10) • CFMI/EOC/D-V (7/09) • CFMI/VISION DOCS (7/09) • CFMI/VISION SOB (7/09) • CFMI/ELIG/D-V (7/09) and any amendments.

Ridered: CFMI/51+/VISION (4/09) • MD/BCOO/VISION (R. 1/06) • MD/CF/VISION (R. 1/06) • DC/BCOO/VISION (R. 1/06) • DC/CF/VISION (R. 1/06) • VA/BCOO/VISION (R. 1/06) • VA/CF/VISION (R. 1/06).



