

## Course Outcomes Guide

Course/Program Title: PED 101 through 197 – Activity Specific Courses 10/10/14

These courses are designed to enhance individual student's skill and knowledge in a variety of activity specific courses.

These courses range from developmental physical education activity, PED 101, which addresses the needs of physically challenged students to PED 184, Men's Basketball Advanced. Each course requires 2 hours each week of activity and instruction and students receive one college credit. These courses are offered regularly according student interest.

Course/Program Team: Bernard Johnson, Thomas Burge, Shannon Cameron, Vicky Bullett

Expected Learning Outcomes: Student will be able to:

- Demonstrate an appreciation for healthy lifestyle and the benefits from physical activity, which one enjoys.
- Demonstrate an improvement of physical skills over the course of a semester by repetition and correction by the instructor.
- Analyze activity movement and skill through observing their peers and instructor demonstration.
- Create an activity journal and/or log that will allow for analysis, adjustment, and improvement of physical skill as the student continues to engage in the activity into the future.
- Demonstrate appropriate social interaction in an athletic/physical activity as it relates to their peers, officials, and instructor.
- Demonstrate research skills using MLA format to directed readings and/or training methods.

Assessment

- Student/ Teacher conferences and written assignment
- Instructors will use a variety of skill assessments
- Students will do peer review checklists which they will share
- Students will document throughout the semester their participation and affect at the conclusion of each session.
- Instructor feedback and correction
- Students will be given directed readings which they must write a synopsis and response at the instructors discretion

Validation

- Pre and post activity student instructor conferences (to determine student's level of skill and readiness for instruction).

- Number of students who correctly utilize MLA manuscript format (cross-disciplinary connections).
- Continued enrollment in additional activity classes.

#### Results

- Will begin spring 2012

#### Follow-up

- Instructors who will meet with their peers at the conclusion of each semester to evaluate the need for pedagogical changes to improve student learning.

#### Budget Justification

- Continued funding of professional development for all HPELS instructors

## ACCOUNTING FOR CREDIT HOUR REQUIREMENT

PED 107	Basics of Self Defense
PED 113	Rock Climbing
PED 117	Table Tennis
PED 127	Aikido
PED 132/133/134	Yoga
PED 139/144/145	Walking/ Jogging
PED 141/142/143	Strength Training
PED 148	Cycling
PED 161/162	Aerobic Workout
PED 170/171/172	Individual Assessment

### Course Workload:

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty-minute “academic” hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum hours of coursework per credit.

## ACCOUNTING FOR CREDIT HOUR REQUIREMENT

Assignment/Assessment	Clock Hours
Logged Hours	30 Hours
Mid-Term Written Assignments and Other Journal Assignments	7.5 Hours
	<b>Total Hours = 37.5</b>