Welcome Back

Upward Bound 2014 - 2015

2014 Summer Academy Field Trips

- Georgetown University & Mount Vernon
- University of Virginia & Monticello
- Shenandoah University & Luray Caverns
- Community Service at the Washington Monument
- University of Maryland Eastern Shore & Salisbury Zoo























Ice Breaker: Ball Name Toss

- Have students count off one, two, one, two, and so on.
- O Tell all of the ones to form a circle in one area, and all of the twos in another area.
- O Hand a ball to a student in both circles.
- O Instruct the student to toss the ball to another student in the circle and state that students name (if they are unsure encourage them to ask). It is important to remember who they threw it to.
- Have students continue this pattern, but provide the instruction, "Do not throw it to someone that has already received it."
- Once every student in both circles has received the ball once, have them repeat the same exact pattern once more (saying the students name before they throw the ball).
- O Have the students compete, Team One versus Team Two. Both teams will start at the same time.
- O After students have practiced, have them race while accomplishing the pattern backwards. (Another variation is to add two Koosh balls to each circle).

2014 – 2015 Upward Bound Staff

- Kimberly Toms Coordinator
- Danielle Donovan Advising Specialist
- Becky Boyer Junior & Senior Advisor
- Tracy Rider Coach at Hancock
- Robert Rubeck Coach at Williamsport
- Beth Hoffman Coach at North Hagerstown
- Stephanie Poling Coach at South Hagerstown

Facebook Page

Like us:

http://ow.ly/zgwT7

2014 - 2015 Student Handbook

Changes

- > Student Progress Checks (p. 32)
- Incentive Points (p.35)
- Student & Parent Contract (p.42)
- Emergency Contact & Medical Form (p.45)
- Calendar (p.54)

Upward Bound Folders

- ✓ For all your UB Information
- ✓ Keep in your school binder or book bag at all times
- ✓ Bring to every tutoring session
- ✓ Bring to every Saturday session

Today's Agenda

```
Session 1 (10:00 – 10:50): Meet with School Coaches
             South - Room CPB 211
             North - Room CPB 213
             Williamsport – Front of Meeting Room
             Hancock - Back of Meeting Room
Break (10:50 - 11:00)
Session 2 (11:00 – 11:30) : Computer Labs in ATC
             9th Grade & New UB Students: ATC - 116
             10<sup>th</sup> Grade: ATC - 115
             11<sup>th</sup> Grade :ATC - 202
             12<sup>th</sup> Grade: ATC - 201
Session 3 (11:30 – 12:30): Computer Labs - Same rooms as session 2
             9<sup>th</sup> Grade: Focus 2 Program
             10<sup>th</sup> – 12<sup>th</sup> : ePrep Program
Lunch - TACOS!!
```