

**HAGERSTOWN COMMUNITY COLLEGE
OFFICIAL COURSE SYLLABUS**

COURSE: **NUR 116 – Foundations of Nursing I, 3 credits**
 NUR 117 – Foundations of Nursing II, 6 credits

Fall 2015

INSTRUCTOR:

Sonja Kirchner, RN, BS, MSN
Michele Blash RN, BSN, MSN

COURSE DESCRIPTION:

This course assists students in acquiring the basic knowledge, skills, and professional behaviors needed for the delivery of comprehensive nursing care. Emphasis is placed on readying the student to begin clinical experiences. Use of the nursing process in skills labs provides the student with a variety of simulated patient care experiences. Grades earned in NUR 116 will be combined with the grades earned in NUR 117 to determine the final grade for both courses. No credits will be awarded until both courses are successfully completed. In order to progress in the nursing program, a grade of 75% or above must be attained in this course and a grade of 90% or above must be attained on a dosage calculations exam given at the end of the semester. A combined total of 104 hours of lecture, 18 hours of lab, 2 hours of simulation exercises, and 101 hours of clinical. Laboratory fee required. Prerequisites: Acceptance into the program – see admission criteria, BIO 103, and BIO 104.

REQUIRED TEXTBOOKS:

- Doenges, M., Moorhouse, M, Murr, A. Nurses Pocket Guide Diagnoses, Prioritized Interventions, and Rationales. 13th edition, F.A. Davis, 2013.
- Lewis, S., Dirksen, S., Heitkemper, M., Bucher, L. Medical-Surgical Nursing: Assessment and Management of Clinical Problems. 9th Edition. Elsevier, 2014.
- Nursing 2016 Drug Handbook. Lippincott.
- Pagana P., Pagana T., Mosby's Manual of Diagnostic and Laboratory Tests. 5th edition. Elsevier, 2014.
- Potter P., Perry A., Stockert, P., Hall, A. Essentials for Nursing Practice 8th edition, Elsevier, 2015.
- Potter P., Perry A., Ostendorf, W. Clinical Nursing Skills and Techniques. 8th edition, Elsevier, 2014.
- Weber, J. Nurses Handbook of Health Assessment. 8th edition, Lippincott, 2014.

REQUIRED EQUIPMENT: (may purchase with uniforms or elsewhere)

- **Littman Classic II S.E. Stethoscope (minimum) – Need for 1st day of class**
- **Professional Aneroid Sphygmomanometer (not automatic)**
- **Bandage scissors**
- **Hemostat - straight**
- **Penlight**
- **Watch with second hand**

Additional REQUIRED purchases from the Bookstore:

- Nursing 116/117 Packet includes:
 - Syllabus, Course Outline
 - Student Guide to Nursing Laboratory NUR 116/117
 - Clinical Preparation Cards
 - Patient Care Plans
 - Patient Data Base
 - Weekly Clinical Performance Assessment Forms

Additional Supplies:

- Stereo headphones to use with computer programs in the laboratory.

STUDENT LEARNING OUTCOMES:

- Utilize critical thinking in application of the nursing process to provide care for individuals in a variety of settings that promotes health throughout the lifespan.
- Adhere to quality of care and safety standards in all client care setting.
- Facilitate the continuity of care for individuals in various acute and community settings.
- Practice within the ethical and legal framework of the nursing profession and maintain professional standards of conduct.
- Provide compassionate care and serve as advocates for individuals and families, respecting their diverse cultures, values, and belief systems.
- Employ written and therapeutic communication skills.
- Collaborate with the individual, family, and interdisciplinary health professionals to promote, maintain, or restore health, and comfort the dying.
- Manage human, physical, and technological resources in a safe and cost-effective manner without sacrificing quality nursing care.
- Participate in lifelong learning activities that promote professional growth and personal development.
- Exercise leadership skills in the management of care.

COURSE OUTCOMES:

Upon completion of this course, the student will be able to:

- use Maslow's Hierarchy in conjunction with the nursing process when providing care for adult clients and their families in acute and long-term care settings.
- demonstrate safe practice and correct application of acquired skills in the laboratory and clinical settings.
- recognize the importance of maintaining continuity of patient care.
- identify ethical, legal, and professional standards basic to the care of adult clients and their families.
- recognize the impact of various cultures, spirituality, values, and belief systems on the delivery of health care to clients.
- implement fundamental concepts of verbal, nonverbal, and written communication.
- begin to identify self as a member of the health care team.
- describe the need for effective integration of resources in the delivery of health care.
- seek opportunities for professional growth that promote lifelong learning.
- demonstrate accountability and responsibility for own actions.

Total Hours of Coursework:

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty-minute “academic” hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum of hours of coursework per credit.

Assignment/Assessment	Clock Hours	Explanation
In-class instruction	104	Time spent in class-lecture, small group activities
Assigned readings & sample problems	170	Reading, course projects, homework assignments, studying
Clinical	101	Time spent on site at MMC
Exams	10	Time to complete exams
Lab	18	Time spent in nursing lab at HCC
Clinical Simulation	2	Time spent in simulation
Total	405	

COURSE CONTENT OBJECTIVES:

See attached course/class outline.

ASSESSMENT PROCEDURES:**1. Theory Grade**

- 4 Unit Exams 65%
- Final Exam 15%
- Skills Laboratory 10%
- Health History 5%
- Community Poster Presentation 1.75%
- Culture Presentation 1.75%
- Study Guides/Homework/Quizzes 1.50%

2. Grading Schedule

- A = 90.0 – 100.0
 - B = 80.0 – 89.9
 - C = 75.0 – 79.9
 - D = 65.0 - 74.9
 - F = 64.9 - below
- Students must achieve an average grade of 75% on all exams in order to successfully complete this course and progress in the Nursing Program. All other grades for the course will not be added if exam average is below 75%. (See Calculation of Course Grade Policy in Nursing Student Handbook)
 - An average grade of 75% or greater must be achieved on all course requirements to successfully complete this course and progress in the Nursing Program. (See Calculation of Course Grade Policy in Nursing Student Handbook)

A **drug calculation exam** must be passed with a minimum score of 90% in order to remain in the program and progress to the next nursing course. This exam is given at the end of the semester and the student will have two opportunities to achieve the required score. Please review the Progression and Retention Standards in the Nursing Student Handbook. The grade for this exam is not included in computation of the theory grade.

3. Clinical Performance

Clinical performance is graded as pass/fail. Students who have a passing theory grade but fail clinical will not pass the course. Please review the Progression and Retention Standards in the Student Manual.

To obtain a passing grade in the clinical component, the student must:

- meet all clinical objectives.
- complete weekly Prep Card, Care Plan, Data Base, and Clinical Performance Assessment.
- complete an end of semester clinical self evaluation.

4. Skills Laboratory

The laboratory skill component is 10% of the final course grade. Students who have a passing theory grade but failed clinical or the skills laboratory will not pass the course.

To successfully complete this unit, the student must meet the performance criteria for each skill. Successful completion of the skill on the first attempt earns 100%. A successful completion of the skill on the second attempt earns a 75%. Any skill necessitating more than two attempts to master, receives a zero. Regardless of the grade received, the skill must be successfully completed to pass the laboratory component.

Skills Practice

Students are required to practice skill techniques until they are comfortable and competent. Therefore, after lab, the student must practice at a skill station in the lab. Repetition of the skill should be done until the student feels the skill has been mastered. Faculty members are also available as a resource for questions. If students have difficulty with a particular skill, it is suggested that they review the readings and skill CD's to reinforce learning.

Students may sign up for a lab practice time each week. Practice times are available in one hour increments. Students may sign up for the same or a different time slot each week.

Skills Testing

When students are comfortable with each new skill, they are required to schedule a time to demonstrate skill competency to the appropriate laboratory faculty. Evidence of practice time is required for skills check off.

The critical elements for each skill performed are identified on the Skill Performance Criteria form in the student's lab packet. The instructor will utilize these critical elements to evaluate each student's performance.

A student who is not successful on the first attempt for three or more skills, OR a student who has received two or more zeros on skills, will be required to complete an end of semester skills competency test. Any skill may be tested. Failure to successfully complete the skill will result in failure of the course.

- Skills must be completed by Friday at 4:00 p.m.
 - Skills not completed on time will receive a zero.
 - Weekly skills competencies will count as 8% of the Laboratory grade.
 - A quiz will be given at the beginning of each Monday Lab. Quiz grades will count as 2% of the Laboratory grade and MAY NOT be made-up.
5. Other Assignments
 - Health History – (See Appendix for guidelines)
 - Community Poster Presentation (See Appendix for guidelines)
 - Culture Presentation (See Appendix for guidelines)
 - Online quizzes as assigned
 6. Study Guides / Questions /Homework for each class must be completed and will be collected at the beginning of class. **Homework that is not turned in at the beginning of class will receive a grade of zero.** Please make two copies, one to submit and one to use during class. Homework will contribute to the course grade.
 7. **Students who do not complete an exam on the designated date will receive a 5% deduction in grade for every weekday the exam is late.**
 8. Students who fail an exam or quiz are not allowed to retake the exam or quiz to improve grades.
 9. Assignments not turned in on time will be reduced by one letter grade for each day late.
 10. Audio-visual/computer/online information and library materials identified in the course outline are required and testable.
 11. Grades on all examinations and for the course will not be rounded upward, but will be recorded to the hundredth decimal place. For example, for a score of 83.86, an 83.86 will be recorded. A passing average score (75.0 or higher) is required to pass the course. **Grades posted to Moodle are unofficial grades, and are only intended to help student's informally track their progress.**
 12. Instructors reserve the right to take up to 48 hours to post exam grades.

COURSE POLICIES:

- Students must successfully complete a vital signs (BP & pulse) assessment prior to clinical. If the student is unable to competently assess a BP and pulse, they may not attend clinical.
- Students are expected to promptly attend all classes and clinical (see Attendance Policy in Appendix). If unable to attend class, contact the instructor at HCC. If unable to meet clinical obligation, contact the clinical nursing unit and leave a message. **DO NOT EMAIL THIS INFORMATION.** If unable to attend class, phone the faculty member at the college.
- Students are expected to adhere to the Honor Code of Hagerstown Community College and all standards in the Nursing Student Handbook.
- Progression in the Nursing Program is contingent upon the student's continued meeting of all objectives and outcomes of previous and current nursing courses.

- Students in the nursing program are required to adhere to all of the policies of the program. Failure to do so may result in faculty conferencing, disciplinary action and/or dismissal from the program.
- Student behavior that violates the HCC Code of Conduct, the HCC Nursing Department Code of Conduct, or the ANA Code of Ethics will immediately be dismissed from class, lab, or clinical and will be referred to the Director of Nursing.
- Students should not perform any skill on the clinical unit without the instructor present. Students should not perform a clinical skill before practicing the skill in the laboratory.
- The instructor reserves the right to modify the course content, requirements, and evaluation procedures as he/she deems necessary.
- Each student will be required to COMPLETE the ATI testing package. This program evaluates each student's learning and provides the student and instructor with a detailed analysis of outcomes and progress. In addition, students will be required to complete internet based non-proctored practice examinations as part of an individualized remediation program. This evaluation package includes a final comprehensive examination to help the student determine areas of suggested independent study to improve NCLEX preparation.
- **All health requirements, immunization records, and drug screens are due three weeks after the start of the semester. Failure to have ALL reports to the administrative assistant by this date will result in removal from the nursing program.**

COURSE REQUIREMENTS:

- Completion of all assigned quizzes before the last day of class.
- Unit Exams.
- Comprehensive Final Exam.
- Health History.
- Weekly Lab Skills / Lab Quizzes.
- Study Guides / Questions / Homework each class day.
- Required weekly clinical paperwork.
- Culture Presentation.
- Community Poster Presentation.
- Audio-visual/computer materials identified in the outline are required and testable.
- Online quizzes.
- Course Evaluations.
- ATI online testing.

NOTE: Patient Care Plans, Clinical Prep Cards, and Weekly Clinical Performance Assessments are handed in together in a folder at the end of each clinical week. **DUE ON FRIDAY.**

Services for Student with Special Needs: Students who have special needs are encouraged to identify themselves to the Coordinator of Disability Services as early as possible. Reasonable accommodations based on current documentation are provided to qualified students.

The instructor reserves the right to modify the course content, schedule, and/or assessment procedures as deemed necessary.

CONTACT INFORMATION:

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