

**HAGERSTOWN COMMUNITY COLLEGE  
OFFICIAL COURSE SYLLABUS**

**COURSE:** NUR 226 – Behavioral Health Nursing, 4 credits

Fall 2015

**Instructors:**

Lori Manilla, MSN, RN, APRN

**Course Description**

This course assists the student in acquiring the basic knowledge and skills needed to provide care to clients with behavioral health problems. Principles and concepts of behavioral health nursing, therapeutic communication techniques, and use of the nursing process to plan care will be discussed. Clinical practice occurs in a variety of acute and community based settings. In order to progress in the Nursing Program, a grade of 75% or above must be attained in this course, and a grade of 90% or above must be attained on a dosage calculations exam given at the end of the semester. Total of 45 hours of lecture, 13 hours of simulation exercises, and 41 hours of clinical. Laboratory fee required. Prerequisites: NUR 127 and NUR 229

**Required Textbooks and Technology:**

- Doenges, M., Moorhouse, M, Murr. A. Nurses Pocket Guide Diagnoses, Prioritized Interventions, and Rationales. 13<sup>th</sup> edition. F.A. Davis, 2013.
- Kee, J. L. & Hayes, E. R. (2014). *Pharmacology: A Nursing Process Approach*. 8<sup>th</sup> ed. St. Louis: Saunders.D
- *Nursing 2014 Drug Handbook*. 2014. Lippincott.
- Pedersen, D. (2013). *Psych Notes: Clinical Guide*. 4<sup>th</sup> ed. Phila: F.A. Davis.
- Townsend, Mary C. (2014). *Essentials of Psychiatric Mental Health Nursing; Concepts of Core in Evidence-Based Practice*. 6<sup>th</sup> ed. Phila: F.A. Davis.

**STUDENT LEARNING OUTCOMES:**

- Utilize critical thinking in implementation of the nursing process to plan care for individuals and families that promotes health throughout the lifespan in a variety of settings.
- Adhere to quality of care and safety standards in both acute and community based environments.
- Facilitate the continuity of care for individuals in various acute and community settings.
- Practice within the ethical and legal framework of the nursing profession.
- Provide compassionate care and serve as advocates for individuals and families, respecting their diverse cultures, values, and belief systems.
- Employ therapeutic verbal, nonverbal and written communication skills.

- Collaborate with the individual, family, and interdisciplinary health professionals to promote, maintain, or restore health, and comfort the dying.
- Manage human, physical, and technological resources in a safe and cost-effective manner without sacrificing quality nursing care.
- Participate in lifelong learning activities that promote professional growth and personal development.
- Exercise leadership skills in the management of care.

**COURSE OUTCOMES:**

Upon completion of this course, the student will be able to:

- Apply the nursing process to establish a plan of care for individuals and special populations who have maladaptive responses to biopsychosocial problems.
- Promote and maintain the physical and emotional safety of clients, self, and others in mental health settings.
- Plan mental health care for clients from admission to discharge in acute and community settings.
- Integrate responsibility and accountability into one's own practice.
- Plan care that demonstrates sensitivity and advocacy for individuals and families experiencing mental illness.
- Employ therapeutic use of self to structure nursing interventions that facilitate progress towards expected outcomes.
- Collaborate with the client and the health care team to plan, implement, and evaluate therapeutic interventions.
- Integrate concepts of resource management to provide comprehensive and cost effective care.
- Recognize educational opportunities that promote clinical competency in caring for clients experiencing mental health disorders.
- Identify leadership styles that contribute to effective patient care management in psychiatric settings.

**Total Hours of Coursework:**

To earn one academic credit at Hagerstown Community College, students are required to complete a minimum of 37.5 clock hours of coursework per semester.

Assignment/Assessment	Clock Hours	Explanation
In-class instruction	45	Time spent in class- lecture
Assigned readings	35	Reading, projects, quizzes, studying, etc.- minimum
Clinical	41	Time spent on site at MMC
Projects	10	
Exams and study time	26	To complete exams
Lab Prep	10	
Clinical Simulation	13	Time spent doing simulation
<b>Total hours</b>	<b>180</b>	

**Course Content Objectives:** See course outline

**Assessment Procedures:**

## 1. Theory Grades

- Nursing Research Article – 10%
- Homework – 5%
- Exams – 50%
- Final – 25%
- ATI Proctored Exam – 10%
  - Proctored Exam
    - Level 3 = 100%
    - Level 2 = 85%
    - Level 1 = 70%
    - Below Level 1 = 50%

## 2. Grading Schedule

- A = 90.0 – 100.0
- B = 80.0 - 89.9
- C = 75.0 - 79.9
- D = 65.0 - 74.9
- F = 64.9 – below

Students must achieve an average grade of 75% on all exams in order to successfully complete this course and progress in the Nursing Program. Grades for homework, papers, and other assignments will not be added if exam average is below 75%. (See Calculation of Course Grade Policy in Nursing Student Handbook.)

An average grade of 75% or greater must be achieved on all course requirements to successfully complete this course and progress in the Nursing Program. (See Calculation of Course Grade Policy in Nursing Student Handbook.)

Students must achieve a grade of 75% or above on 50% of the exams for the course in order to successfully complete this course and progress in the nursing program.

A drug calculation exam must be passed with a minimum score of 90% in order to remain in the program and progress to NUR 227 and NUR 228. Please review the Progression and Retention Policy in the Nursing Student Handbook. The grade for this exam is not counted as part of the theory grade.

### 3. Clinical Performance

Clinical performance is graded as a pass/fail. Students who have a passing theory grade but fail clinical or lab will not pass the course. Please review the Progression and Retention Policy in the Nursing Student Manual.

To obtain a passing grade the student must:

- Meet all clinical objectives at the satisfactory level.
  - Complete interaction summary each week as assigned.
  - Complete one care plan in each clinical setting.
  - Complete a weekly anecdotal note.
  - Complete an end of semester clinical evaluation.
  - Complete Drug Cards as assigned.
4. All exams will be administered in the testing center, an assigned classroom, or online as assigned on the designated day.
  5. Students who do not complete an exam on the designated date will have their grade reduced by 10% per day.
  6. Students who fail an exam or quiz are not allowed to retake the exam or quiz to improve grades. All students who receive below a 75% on any exam are required to meet with one of the instructors.\*
  7. Papers not turned in on time will be reduced by one letter grade for each day late.
  8. Audio-visual/computer materials identified in the course outline are required and testable.
  9. Grades on all examinations and for the course will not be rounded upward, but will be recorded to the hundredth decimal place. For example, for a score of 83.86, an 83.86 will be recorded. A passing average score (75.0 or higher) is required for unit examinations and on quizzes to pass this course.
  10. All ATI assigned Internet exercises must be completed successfully before participation in labs scheduled and application practice on 2 psych ATI generalize sessions before ATI testing.
  11. All students must pass a math exam with a 90% by second attempt.

**Grades posted to Blackboard are unofficial grades, and are only intended to help student's informally track their progress.**

### **Course Standards:**

- Students are expected to arrive promptly and attend all classes, clinical experiences, and skills laboratories. If unable to attend class, contact the professor at HCC, the clinical instructor, and the clinical unit.
- Students are expected to adhere to the Honor Code of Hagerstown Community College.
- Progression in the Nursing Program is contingent upon the student's continued meeting of all objectives and outcomes of previous and current nursing courses.
- Students in the nursing program are required to adhere to all of the requirements of the program. Failure to do so may result in faculty conferencing, disciplinary action, and/or dismissal from the program.
- The instructor reserves the right to modify the course content, requirements, and evaluation procedures as he/she deems necessary.
- Each student will be required to COMPLETE the ATI testing package. This program evaluates each student's learning and provides the student and instructor with a detailed analysis of outcomes and progress. In addition, students will be required to complete internet based non-proctored practice examinations as part of an individualized remediation program. This evaluation package includes a final comprehensive examination to help the student determine areas of suggested independent study to improve NCLEX preparation. **Any student receiving a grade below 75% on the Mental Health Content Mastery Exam will be required to meet with the ATI remediation specialists.**

### **Course Requirements:**

- Weekly interaction summaries
- Psych journal
- AA Observation
- Exams
- Comprehensive final exam
- Research Paper
- Homework
- Videos/DVDs
- Nursing care plans
- Clinical prep cards
- Drug cards at in-patient units
- Faculty and course evaluations
- ATI
- Psych cinema exercises and assigned paperwork

### **Clinical Guidelines and Expectations:**

Your clinical instructor will designate where and when to meet on the first day of clinical.

1. Absenteeism/Tardiness: refer to Nursing Student Handbook.
2. The community uniform is the designated dress for the psych rotation. Students will be asked to leave if dressed inappropriately. The absence will count as an absence.
3. Professionalism:  
No social or personal contact with clients outside the clinical.  
No telephone calling or “keeping in touch” outside of clinical.
4. No gift exchanging with clients, notify the instructor and staff if situation arises.
5. Confidentiality:  
Do not discuss patients and unit information in public areas.  
Do not share personal information with patients.
6. Do not promise to keep secrets; patient information such as secrets should be shared with staff.
7. No picture taking during clinical.

**Clinical Activities** may include but are not limited to:

1. Daily preparation for clinical experience to include reading class materials.
2. One to one therapeutic interactions in public areas
3. Participation in client staffing, report, and team meetings.
4. Record and medication review
5. Client assessment, education and discharge planning
6. Milieu involvement
7. Special observations
8. Group participation and presentations
9. Clinical conferences
10. Formulation of documentation
11. Interaction summaries
12. Journaling
13. Group process activities with peers and/or clients
14. Attend one open AA meeting and journal as per guideline\*

### **Services for Student with Special Needs**

Students who have special needs are encouraged to identify themselves to the Coordinator of Disability Services as early as possible. Reasonable accommodations based on current documentation are provided to qualified students.

### **CONTACT INFORMATION:**

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