

Proper Pharmacologic Prescribing and Disposal for Dental Practitioners

Resources described in the slides

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Part 1 Prescription drug monitoring program

1. www.dsd.state.md.us/comar COMAR 10.44.22.04
2. <http://adaa.dhmh.maryland.gov/PDMP/SitePages/Home.aspx> State PDMP program
3. PDMP files on COMAR site at 10.47.07

Part 2 Prescription writing

4. 410-402-8538 Dental Board phone number
5. <http://www.fda.gov/drugs/drugsafety/medicationerrors/default.htm> avoiding prescribing errors
6. <http://www.ismp.org/tools/errorproneabbreviations.pdf> avoiding prescribing errors
7. <http://www.justice.gov/dea/druginfo/ds.html> DEA drug schedules
8. <http://www.fda.gov/NewsEvents/Newsroom/Pressannouncements/> acetaminophen limits

Part 3 Prescription drug abuse crisis

9. http://www.whitehouse.gov/sites/default/files/ondcp/policy-and-research/rx_abuse_plan.pdf
White House Executive Report on Prescription Drug Abuse
10. JAMA Feb 20; 2013:309 Prescription opioid related overdoses
11. Okie, S. A flood of opioids, a rising tide of deaths. NEJM 2010; 363(21):1981-85.
12. <http://www.fda.gov/drugs/drugsafety/PostmarketDrugSafetyInformationforPatientsandProviders/ucm111350.htm> REMS information site
13. <http://adaa.dhmh.maryland.gov/PDMP/SitePages/Home.aspx> Prescription drug abuse Maryland

Part 4 Opioid prescribing

14. Denisco RC et al. Prevention of prescription opioid abuse: The role of the dentist. J American Dental Assoc 2011; 142(7):800-810.
15. <http://www.fda.gov/downloads/Drugs/DrugSafety/InformationbyDrugClass/UMC330618.pdf>
Review and know the most current opioid drug labels

Part 5 Handling and disposal of medications and controlled substances

16. http://www.whitehouse.gov/sites/default/files/ondcp/policy-and-research/rx_abuse_plan.pdf
White House report with sections on education and proper drug disposal
17. <http://www.fda.gov/forconsumers/consumerupdates/ucm101653.htm>
Directions for proper drug disposal of leftover drugs

Part 6 Non-narcotic pain relievers to reduce the number of opioids needed for post-operative pain

18. Laskin DM. Application of current pain management concepts to the prevention and management of postoperative pain. *J American Dental Assoc* 2013; 144:284-286.
19. White PF et al. The effects of oral ibuprofen and celecoxib in preventing pain, improving recovery outcomes and patient satisfaction after ambulatory surgery. *Anesth Analg* 2011;112:323-9.
20. Mehlisch DR et al. Comparison of the analgesic efficacy of concurrent ibuprofen and paracetamol with ibuprofen or paracetamol alone in the management of moderate to severe acute postoperative dental pain in adolescents and adults: a randomized, double-blind, placebo-controlled, parallel group, single dose, two-center, modified factorial study. *Clin Ther* 2010; 32:882-895.

Part 7 Pain relievers and blood thinners, herbals, other drug interactions

21. Foran M et al. Excessive intraoperative bleeding with chronic energy drink consumption. *J Oral Maxillofac Surgery* 2012;70:1439-1441
22. Bent S et al. Spontaneous bleeding associated with ginkgo biloba. A case report and systematic review of the literature. *J Gen Intern Med* 2005; 20:657-661.