

Course Outcomes Guide

Course/Program Title: PED 198

Updated: 5/19/15

This course examines primary movement skills, developmentally appropriate fitness activities, and the relationship of movement and fitness to individual health. This course is a requirement for the Elementary AAT degree program. Course fee required. Total of 30 contact hours.

Course/Program Team: Thomas Burge, Shannon Cameron, Bernard Johnson

Expected Learning Outcomes: Student will be able to:

- Understand developmental movement skills in relationship to age appropriate fitness and motor skill acquisition.
- Identify the components of fitness and describe the relationship of fitness to individual health.

Assessment

- Log 15 or more hours of observations of an elementary school Physical Education course and score a 70% or above on a reflective essay regarding physical education observation hours.
- Log 10 hours or more of personal physical activity and score a 70% or above on a reflective essay regarding that activity and discussing the physical fitness components.

Validation

- Annual review of the assessment data and scoring rubrics within the department.
- Final interview/presentation by students to discuss observation experiences as either positive or negative.

Results

	Students Assessed	Students Passed	Percentage Passed
Outcome #1 (Observation Logs & Reflection)	2	2	100%
Outcome #2 (Fitness Logs and Reflection)	2	2	100%

Students were active in the course and demonstrated a clear understanding of elementary movement and physical fitness. They also both reported a very positive experience with their observations.

Follow-up

- Instructors who will meet with their peers at the conclusion of each semester to evaluate the need for pedagogical changes to improve student learning.

Budget Justification

- Continued funding of professional development for all HPELS instructors

Total Hours of Coursework:

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty-minute “academic” hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum hours of coursework per credit.

For most classes, students should expect to do at least 2 hours of coursework outside of class for each hour of in-class coursework.

MINIMUM CLOCK HOURS REQUIRED FOR THIS COURSE

	DIRECT Faculty Instruction In-class	Student Work Out of Classroom
In-class Instructions, Including Final Presentations	5 h	
Logged Observation Hours		15 h
Logged Fitness Hours		10 h
2 Written Article Reviews		6 h
2 Reflective Essays		10 h
Assigned Readings and Final		5 h
Total Hours	5 h	46 h