

# Short and Long Term Goals

Name: \_\_\_\_\_

**A Short term goal** refers to a goal that can be realized in a shorter period of time such as a week or month. These would be goals such as: improving test scores, write better study notes, read more books, participate in something that's important to you.

**A Long term goal** refers to a goal that requires a longer period of time (greater than a couple months) to achieve. These would be goals such as: getting high grades in challenging courses, increasing your GPA, acceptable scores on the SAT or ACT, or finding the colleges you want to apply to.

***Both goals require you to take action to be able to realize them.***

Write two **short term** goals (related to your education) that would be important to you:

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What action would you need to take to realize your short term goals? \_\_\_\_\_

\_\_\_\_\_

Write two **long term** goals (related to your education) that would be important to you:

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

What action would you need to take to realize your long term goals? \_\_\_\_\_

\_\_\_\_\_

**Choose one goal from above and complete the questions on the back.**