

Welcome

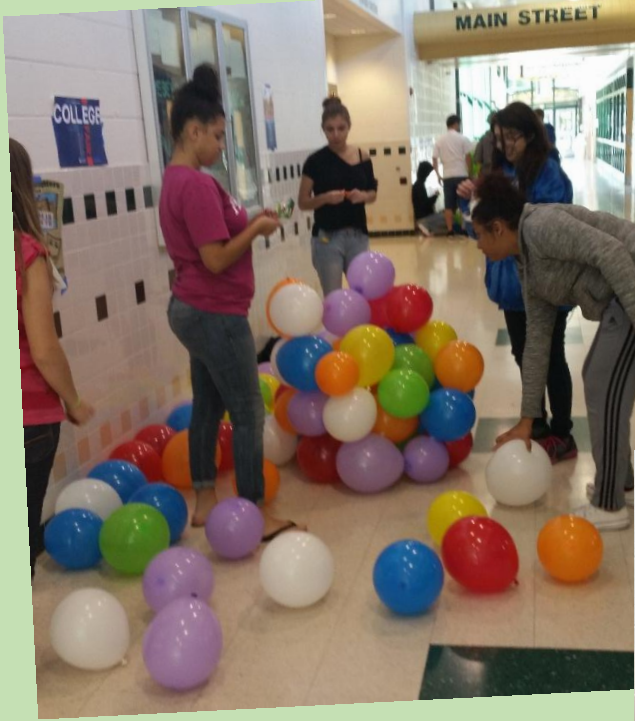
November 21, 2015



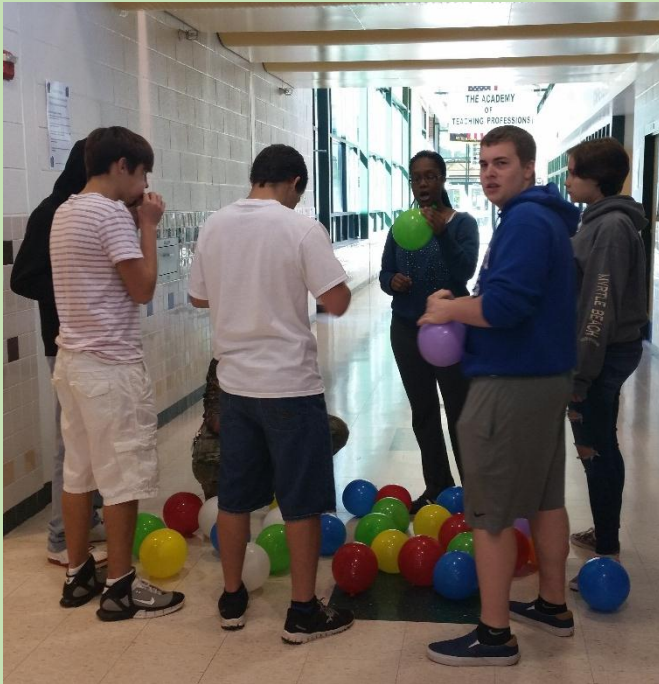
Balloon Challenge



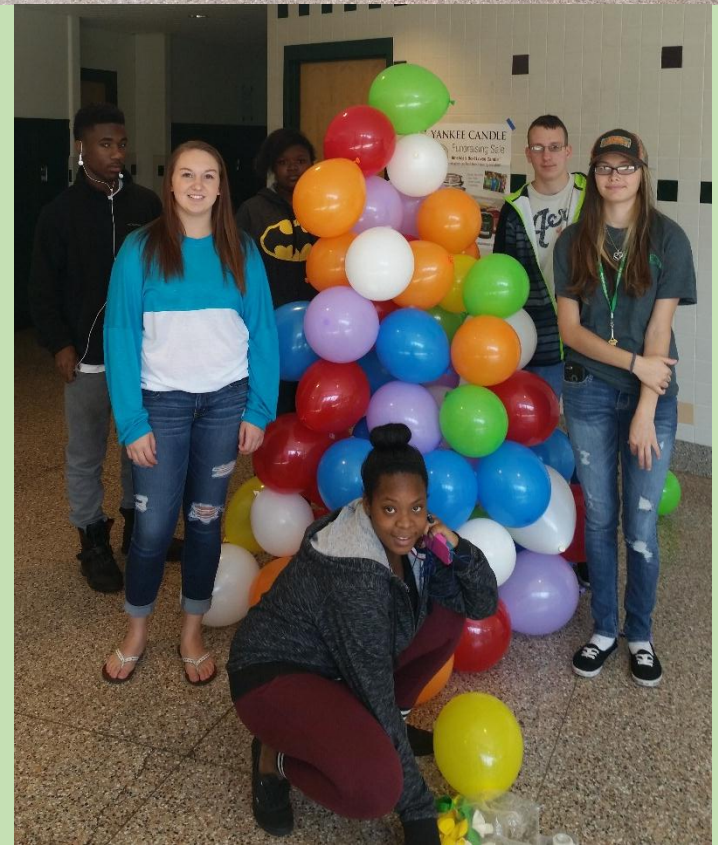
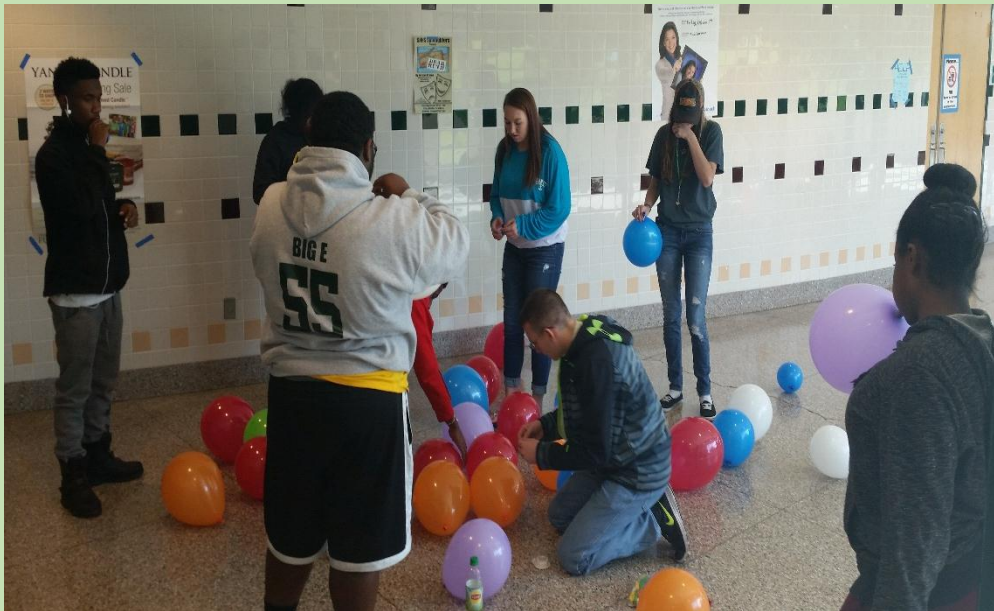
Balloon Challenge



Balloon Challenge



Balloon Challenge





LIBRARY



DORM ROOM

Mount. St. Mary's University



National Emergency Training Center



National Fire Academy



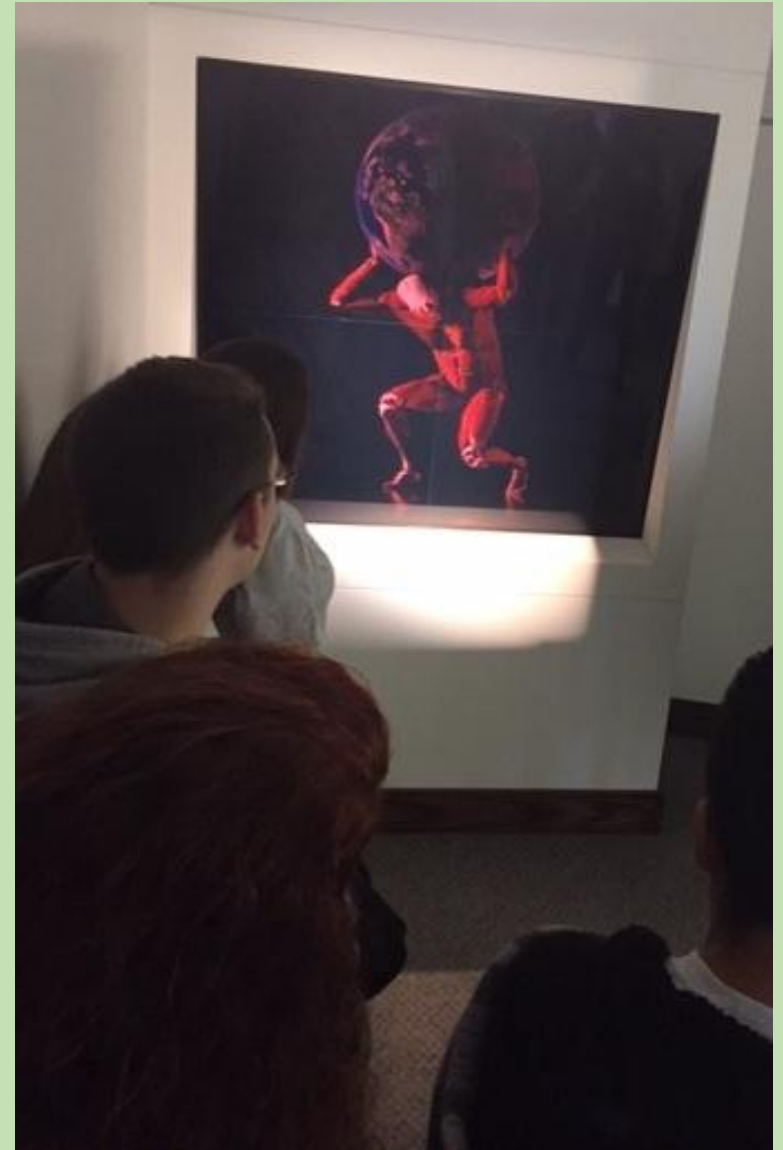
National Fire Academy



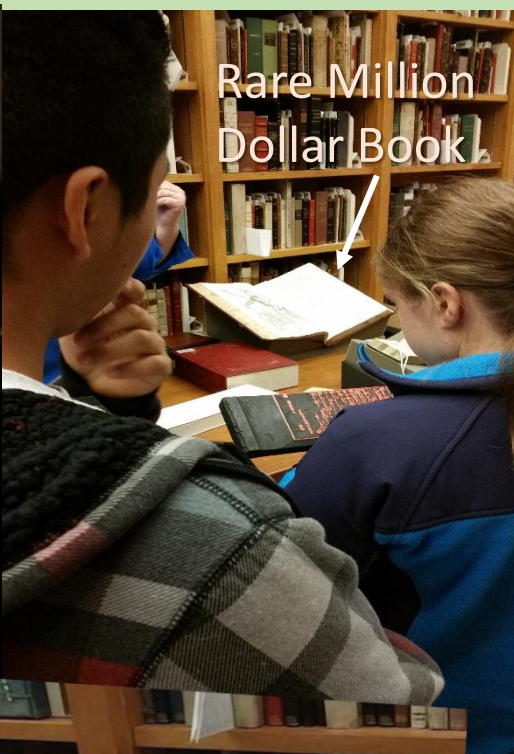
National Institutes of Health



National Library of Medicine



National Library of Medicine



Hood College



TRIO in the News



Viola Davis, Upward Bound Alumna, became the first Black woman to win the “Lead Actress in a Drama Series” Emmy. This was her first Emmy.

Mindset the New Psychology of Success

[Video](#)

Accuplacer Practice

Have you set up your Accuplacer Study App account?

Are you using it?

<https://accuplacer.collegeboard.org/students/prepare-for-accuplacer>



The Official Web-Based Study App

This Web-based study app features practice tests in Arithmetic, Elementary Algebra, College-Level Math, Reading Comprehension, and Sentence Skills. It's accessible from any Internet-capable computer, and it will help you become familiar with the content and format of the ACCUPLACER test questions.

- “Learn as you go” tests provide you with explanation of the correct or incorrect responses.
- Sample tests are authentic, so you'll know ahead of time what your experience will be like on test day.
- You can save your work and resume practicing at any time, so you're in control of your time and schedule.
- You can review your score history to see where you need to refresh your knowledge and where you have strengths.

Get Free App ▶

Upcoming Calendar Events

NOVEMBER 2015						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2-3 No School
 2 Mt Saint Mary's & NETC
 3 National Institute of Health
 14 HOOD COLLEGE
 Open House
 21 Saturday Session @
 SHHS (9-1)
 24 Parent Meeting
 25-27 Thanksgiving Break

DECEMBER 2015						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

12 Saturday Session @
 SHHS (9-1)
 3/21 Red Cross gift
 wrapping
 24-31 Winter Break

JANUARY 2016						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

1 Winter Break cont.
 9 Saturday Session @
 HCC: FAFSA Lab
 Students (9 – 1)
 Parents (11:30 – 1)
 15 2 ½ Early Dismissal
 18-19 No School
 18 MLK Day Activity
 26 Parent Meeting

November 24th – Parent Meeting
 6:30PM-7:30PM

December 3rd – Red Cross Gift Wrapping
 at Valley Mall: Old Navy (6:00PM-
 9:00PM) Need ≥ 6 people

December 12th – Saturday Session at
 South High (9:00AM-1:00PM)

December 21st – Red Cross Gift Wrapping
 at Valley Mall: Bon Ton(6:00PM-9:00PM)
 Need ≥ 8 people

January 9th – Saturday Session at HCC
 (9:00AM-1:00PM) FAFSA Lab for Seniors
 and their parents (11:30AM-12:30PM)

January 18th – Martin Luther King Day
 Time and Location TBD

January 26th – Parent Meeting
 6:30PM-7:30PM

Today's Agenda

Session 1 (9:45 – 10:45)

9th, 10th, 11th – Job Research, room 4108

12th – College Admissions, room 4109 & 4110

Session 2 (10:45 – 11:15)

Team Building Activity, library

Session 3 (11:15 – 12:30)

9th, 10th, 11th – Study Skills, library

12th Grade: Scholarship Applications, room 4110

Lunch & Announcements (12:30 – 1:00)

Ice Breaker: Clump

- Spread out at least 5 feet apart, so that when you spread out your arms, you are not touching anyone else's arm.
- Toms will shout: Clump of (some number)
- Everyone has to huddle together in a group huddle or “clump” of that many people. If you are not part of a clump, then you are out.
- The game ends with a clump of two, and those two win the round.