

Hagerstown Community College

MASTER SYLLABUS

COURSE: PED 216 Care and Prevention of Athletic Injuries, (3) Credit Hours

DATE: Fall 2016

INSTRUCTOR:

COURSE DESCRIPTION:

This course provides students knowledge of specific areas of sports-related injuries. Prevention and treatment are stressed through systematic understanding of recognition, evaluation, diagnosis, and intervention of athletic injuries.

TEXTBOOK:

STUDENT LEARNING OUTCOMES:

- 1 – Design an efficient Athletic Training Room and consider essential supplies and equipment for a specific scenario.
- 2 – Establish a health care system within an athletic department.
- 3 – Demonstrate effective techniques for prevention of athletic injuries, including fitness training principles and taping.
- 4 – Recognize, evaluate and provide a proper treatment protocol for an athletic injury.
- 5 – Develop an appropriate rehabilitation program for a specific athletic injury.
- 6 – Research various sports medicine topics and present a case study.

Total Hours of Coursework:

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty-minute “academic” hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum hours of coursework per credit.

For most classes, students should expect to do at least 2 hours of coursework outside of class for each hour of in-class coursework.

MINIMUM CLOCK HOURS REQUIRED FOR THIS COURSE

	DIRECT Faculty Instruction In-class 37.5 h required	Student Work Out of Classroom 75 h required
In-class instruction, including: 1) Practical Exams 2) Case Study Presentations 3) Final Written Exam	37.5 h	
Directed Writing Assignments and Final Case Study		30 h for research, writing, and revision
3 Unit Exams		15 h
Assigned Readings		25 h of reading, taking notes, etc.
Group Projects & Misc. Assignments		10 h
Total Hours	37.5 h	80 h

Academic Integrity: The HCC Student Code of Conduct is published in the College Guide: A Handbook Planner for Students and may be obtained in the Student Activities Office. The Code of Conduct includes principles, rights, and prohibited conduct related to academic integrity and due process.

Services for Students with Special Needs: Students who have special needs are encouraged to identify themselves to the Coordinator of Disability Services as early as possible. Reasonable accommodations based on current documentation are provided to qualified students.