

Hagerstown Community College

MASTER SYLLABUS

COURSE: PED 170/171/172 Individual Assessment Beginning/ Intermediate/ Advanced

DATE: Fall 2016

INSTRUCTOR:

COURSE DESCRIPTION: A physical education activity class.

Two hours each week. Course fee required. Total 30 contact hours.

TEXTBOOK: None

STUDENT LEARNING OUTCOMES:

- Demonstrate an appreciation for healthy lifestyle and the benefits from physical activity which one enjoys.
- Demonstrate an improvement of physical skills over the course of a semester by repetition and correction by the instructor.
- Create an activity journal and/or log that will allow for analysis, adjustment, and improvement of physical skill as the student continues to engage in the activity into the future.
- Demonstrate appropriate social interaction in an athletic/physical activity as it relates to their peers, officials, and instructor.
- Demonstrate research skills using MLA format to directed readings and/or training methods.

TOTAL HOURS OF COURSEWORK:

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty minute “academic “hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum hours of coursework per credit. For most classes, students should expect to do at least 2 hours of coursework outside of class for each hour in-class coursework.

Academic Integrity: The HCC Student Code of Conduct is published in the College Guide: A Handbook Planner for Students and may be obtained in the Student Activities Office. The Code of Conduct includes principles, rights, and prohibited conduct related to academic integrity and due process.

Services for Students with Special Needs: Students who have special needs are encouraged to identify themselves to the Coordinator of Disability Services as early as possible. Reasonable accommodations based on current documentation are provided to qualified students.

MINIMUM CLOCK HOURS REQUIRED FOR THIS COURSE

	DIRECT Faculty Instruction In-class	Student Work Out of Classroom
Faculty Instruction	Varies per student/level; 1-5 h	
Logged Activity Hours		30 h (15 h in HCC Fitness Center required)
Fitness Testing/Tracking and Journal Assignments		5 h
Research Paper		5 h
Total Hours	1-5 h	40 h