

Hotlines

Maryland Crisis Hotline 1-800-422-0009

National Suicide Hotline 1-800-SUICIDE (784-2433)

National Suicide Prevention Lifeline - 1-800-273-8255

Para obtener asistencia en español durante las 24 horas, llame al 1-888-628-9454

Youth - Help4MDYouth.org which is a Maryland Crisis Hotline Network. You can do online chat or call 800-422-0009.

Inpatient

Brook Lane Health Services

13218 Brook Lane Drive

P.O. Box 1945

Hagerstown, MD 21742

800-342-2992

301-733-0330

<http://www.brooklane.org>

*Outpatient services also included

Brook Lane provides a range of mental health treatment for people of all ages with a main campus and outpatient office near Hagerstown; outpatient services, child and adolescent partial hospitalization program. Treatment includes short-term hospitalization, child and adolescent partial hospitalization program, outpatient treatment, special education services, psychiatric respite care for children and adolescents, adult partial hospitalization program, and public school-based services. Specific services provided are individual, group, marital and family therapy, medication management, pastoral counseling, psychological testing, school program, and electroconvulsive therapy (ECT).

Meritus Health

11116 Medical Campus Rd., Suite 2989

Hagerstown, MD 21742

301-766-7600 or 1-800-635-2774

<http://www.meritushealth.com/Our-Services/Additional-Services/Behavioral-Health.aspx>

Inpatient Behavioral Health

Meritus Health has an 18 bed adult inpatient unit which accepts both voluntary and involuntary admissions. Patients are admitted 24 hours a day through the hospital's Emergency Department or by physician referral. Inpatient care may be necessary for those experiencing severe impairment such as severe depression or psychosis and requiring 24 hour professional care in a structured environment.

Emergency Psychiatric Services

Counselors are available 24-hours-a-day, 365-days-a-year for phone consultation and on-site crisis assessments at the Emergency Department of Meritus Medical Center. Following assessment, individuals will be returned to the appropriate level of care and provider for counseling, mental health, or addictions issues.

Emergency Psychiatric Services provides the only after-hours assessments in the county. Individuals currently under the care of another mental health provider may use Emergency Psychiatric Services if required when their own counselors are unavailable.

All patients are seen by an Emergency Department physician and a master's-prepared mental health professional to assess both the patient's physical and mental stress. Patients are always referred to the least restrictive environment.

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Catholic Charities – Villa Maria

229 N. Potomac Street
Hagerstown, MD 21740
301-733-5858

www.catholiccharities-md.org

Catholic Charities provides outpatient services in Washington County. These services include individual and family therapy as well as medication management. In addition, all sites provide child & adolescent psychiatric rehabilitation services in conjunction

with outpatient services. This program accepts Medical Assistance or Pharmacy Assistance recipients and is available to those eligible for Medical Assistance or Pharmacy Assistance.

Catocin Counseling

228 E. Washington St.
Hagerstown, MD 21740
301-745-6687

www.catocincounseling.com

Catocin Counseling Center provides counseling, outpatient mental health services and wellness programs for all ages.

Change Health Systems

44 N. Potomac St. Suite 101
Hagerstown, MD 21740
240-420-1850

www.change-health.com

Sliding Scale: Yes

Change Health Systems provides psychiatric interventions to individuals and families. The Outpatient Mental Health Clinic provides medically necessary and culturally sensitive clinical interventions to individuals in psychiatric or emotional crises in a timely manner.

Services provided include:

- Individual, Family and Group Therapy
- Psychological Assessment
- Psychiatric/Medication Evaluation/li>
- Behavior Modification and Training for parents/caregiver and children
- Parenting Training /support groups
- Specialized evaluations for Department of Social Services, Department of Juvenile Justice and Court-ordered assessments
- School Based Therapy

Community Free Clinic

249 Mill St
Hagerstown MD 21740
301-733-9234

<http://www.cfcwc-md.org/>

If no insurance coverage, Washington County residents are eligible for free services which include mental health support, medication monitoring and counseling.

Family Healthcare of Hagerstown

201 S. Cleveland Ave
Hagerstown, MD 21740
301-745-3777

<https://familyhch.org/>

Sliding Scale: Yes

Family Healthcare of Hagerstown provides mental health services to established Family Practice adult patients. We are staffed by highly experienced psychiatrists and therapists who accept patients by referral from the Family Practice primary care physicians.

Hospice of Washington County

747 Northern Ave.

Hagerstown, MD 21742

301-791-6360

www.hospiceofwc.org

Grief counseling and support free to Washington County residents.

Innovative Therapeutic Services

44 N. Potomac Street

Suite 103

Hagerstown, MD 21740

301-393-3949

<http://innovativetherapy.org/>

Sliding Scale: Yes

Innovative Therapeutic Services (ITS) is an outpatient mental health clinic and provides individual, group, and family counseling; psychiatric services for children and adults; and psychiatric rehabilitation services to children, adolescents and adults. The company was designed in 2009 by a team of experienced mental health clinicians with a passion to provide treatment and educate individuals with behavioral challenges.

The Mental Health Center

1180 Professional Court

Hagerstown, MD 21740

301-791-3045

<http://thementalhealthcenter.net/>

Our licensed clinicians provide therapy in The Mental Health Center's offices and selected schools. The therapies include individual, couples, families or group as well as medication management when needed.

MENTOR Maryland

500 Maryland Ave. Suite A

Hagerstown, MD 21740

240-420-3548

www.md-mentor.com

We provide community-based, therapeutic services to children and adults who are living with bipolar disorder, depressive disorder, post-traumatic stress disorder, and other mental health challenges. Our programs also help adults facing mental health challenges

with psychosocial assessments and substance abuse counseling. Our clinicians work with each individual and their doctors, caregivers, and family to develop a personalized treatment plan.

Services include:

- Diagnostics and Assessments
- Therapeutic Skill Development
- Anger/behavior Management
- Coping Skills
- Medication Management
- Socialization Skills

Meritus Health – Outpatient Behavioral Health Services

11116 Medical Campus Rd., Suite 2989

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301-766-7600 or 1-800-635-2774

<http://www.meritushealth.com/Our-Services/Additional-Services/Behavioral-Health.aspx>

*Inpatient services also available at Meritus

Licensed and insurance-approved therapists provide confidential assessment, diagnosis, treatment, counseling, and follow-up for individuals, couples, families, groups and organizations. Postgraduate clinical experience and an ongoing multi-tiered program for continuing education ensure the counselors have up-to-date knowledge of the most effective treatments. Specialists are available for a wide variety of treatment issues.

QCI Behavioral Health

201 N. Burhans Blvd.

Hagerstown, MD 21740

301-791-2660

www.qcihealth.com/hagerstown

Sliding Scale: Yes

Working with patients, ages five and up, our team of experienced psychiatrists, professional counselors, clinical social workers, and registered nurses work, both independently and collaboratively, to help guide individuals and families to meet their goals. We are an organization of highly qualified professionals, working together to offer a complete range of effective behavioral health services of the highest quality.

Our areas of expertise include, but are not limited to:

- Couples Counseling
- Child & Adolescent Counseling
- Family Counseling
- Parenting Skills
- Anger Management
- Drug & Alcohol Addiction
- Depression
- Conduct & Behavioral Disorders

- Anxiety
- Grief & Loss
- Post Traumatic Stress Disorder
- Domestic Violence

Accepts Medicare, Medicaid and most managed care plans under Medicare and Medicaid. Also accept some commercial insurance plans including CareFirst BCBS. Self-pay – call for rates.

Tri-State Community Health Center – Hancock

130 W. High St.

Hancock, MD 21750

Sliding scale: Yes

<http://www.tschc.org/index.html>

The Health Center offers, directly and through collaborative arrangements, a wide range of general, primary care and health maintenance services, CLIA-waived diagnostic laboratory services and other diagnostic tests and screenings, family planning, urgent medical care, after-hours coverage, immunizations, HIV testing, gynecological care, mental health treatment and counseling, developmental screening, vision screening, hearing screening, oral health screening, health education, transportation, translation and case management services. Services provided off site through referral arrangements include obstetrical care, mental health and substance abuse treatment and counseling, developmental screening, oral health services, crisis intervention and hospital care.

Washington County Health Department – Behavioral Health

925 North Burhans Blvd.

Hagerstown, MD 21742

240-313-3310 (Mental Health Services)

<http://dhmh.maryland.gov/washhealth>

Sliding scale: Yes

We recognize that addiction does not always exist as an isolated disease. Individuals often experience other medical and/or psychiatric illnesses. To this end, we provide treatment by licensed therapists to co-existing diagnoses. However, substance abuse and dependence remain our primary focal point of treatment. Services include:

- Individual, group, and couples therapy
- Psychiatric evaluations
- Medication management
- Trauma group

Wellspring Counseling Services

1110 Opal Court

Hagerstown, MD 21740

240-203-8784

www.wellspringcounseling.org

Sliding Scale: Yes

We work with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond, in a comfortable and supportive atmosphere. We offer a highly personalized approach tailored to each of our clients individual needs to help attain the personal growth they're striving for.

Substance Abuse