### Hagerstown Community College OFFICIAL COURSE SYLLABUS DOCUMENT

**COURSE:** PSY 204: Developmental Psychology 3 credits

INSTRUCTOR: Melinda Howell, Erick Williams SEMESTER/YEAR: SPRING, 2017

## COURSE DESCRIPTION: (three credits)

The data concepts, theories, models and methods of contemporary psychology are focused on the biological, social and personal growth patterns of human beings, from conception through life until death. Career needs of nursing and education majors receive particular attention. Prerequisite: PSY 101.

**TEXTBOOK:** Essentials of Human Development, (2014) by Robert Kail & John Cavanaugh, Belmont, California: Wadsworth, Cengage Learning.

### STUDENT LEARNING OUTCOMES:

- 1. Apply the physiological, emotional, cognitive, social, and moral domains of developmental processes throughout the lifespan.
- 2. Utilize multiple theoretical perspectives when applying developmental concepts.
- 3. Utilize critical thinking when drawing conclusions about individuals and families from a variety of sources.

# COMMON GENERAL EDUCATION OUTCOMES:

1. The student will be able to:

Critically analyze and evaluate issues derived from the Social Sciences utilizing appropriate methodologies.

2. The student will be able to:

Demonstrate how culture, society and diversity shape the role of the individual within society and human relations across cultures.

### **COURSE CONTENT OBJECTIVES:**

- 1. Define human development
- 2. Explain recurring issues in human development
- 3. Describe and apply developmental theory across the lifespan
- 4. Discuss research methods and developmental designs
- 5. Describe the biological foundations of heredity, prenatal development, and birth
- 6. Discuss physical development in infancy and early childhood
- 7. Discuss cognitive development in infancy and early childhood
- 8. Discuss socioemotional development in infancy and early childhood
- 9. Examine the school experience as a means of discussing cognitive development in middle childhood
- 10. Understand socioemotional development by examining individuals expanding social horizons in middle childhood

- 11. Discuss the rites of passage associated with the physical and cognitive changes experienced by early adolescents
- 12. Examine social and emotional changes experienced by older adolescents as they move into the adult world
- 13. Describe the physical, cognitive, and personality changes in young and middle adulthood
- 14. Discuss relationship formation in young and middle adulthood
- 15. Examine occupational and lifestyle issues in young and middle adulthood
- 16. Explain the unique challenges associated with midlife
- 17. Describe the physical, cognitive, mental health issues associated with later life
- 18. Discuss the social aspects of later life including retirement, leisure activities, friendships, and changing family dynamics
- 19. Examine theories of psychosocial aging
- 20. Describe the unique processes involved in experiencing bereavement and dying

### Total Hours of Coursework:

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty-minute "academic" hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum hours of coursework per credit.

For most classes, students should expect to do at least 2 hours of coursework outside of class for each hour of in-class coursework.

37.5 hours	Class lecture and discussion
32 hours	Reading textbook in preparation for class
30 hours	Studying for exams
3 hours	General Education reading & writing assignment
<u>10 hours</u>	Assignments
112.5 hours	

**SERVICES FOR STUDENTS WITH DISABILITIES:** Students may receive reasonable accommodations if they have a diagnosed disability and present appropriate documentation. Students seeking accommodations are required to contact the Disability Support Services (DSS) office as early as possible. Students may contact a DSS staff member for an appointment at dss@hagerstowncc.edu or at 240-500-2530.