

Hagerstown Community College
Master Syllabus

COURSE: SOC 115: The Consequences of Eating. Sociology of Health, 3 credits

INSTRUCTORS: Professor Thomas Burge & Dr. Daniel Madron

DATE: Summer 2017

COURSE DESCRIPTION:

Pink sludge, salmonella in lettuce, beef recalls, E. coli, Type 2 Diabetes, and an obesity epidemic. Every day the news is littered with stories about food and health. Food is something that we cannot avoid; it is an essential part of our daily living. Due to a lack of education and awareness on the consumer side, coupled with a unique mentality of producing food on the manufacturing side, food consumption has now become not just part of our living, but part of our dying. This course looks at the political, economic, cultural, and social phenomena that have morphed our diet into an unhealthy, and highly processed one. Societal costs will be discussed, as well as personal consequences. This course will not only explore the food industry, government regulation, and legislation related to food availability, there will also be a lot of material related to nutrition and personal health. By the end of this course, you should understand a lot more about where your food comes from, and why, as well as how foods impact your health, and understanding what it means to be healthy. Total of 45 contact hours.

TEXTBOOK: All readings will be available online at no cost to the student.

STUDENT LEARNING OUTCOMES:

1. Understand the political, economic, social, and cultural forces that have impacted the food manufacturing industry.
2. Understand the relationship between social class and health.
3. Understand the differences between micro and macro-levels of analysis of food related social problems.
4. Understand the health consequences of eating.

MINIMUM CLOCK HOURS REQUIRED FOR THIS COURSE:

Components of the Course	<u>Hours in Class</u>	<u>Hours Outside of Class</u>	<u>Total</u>
Lecture/Classwork	37.5		37.5
Instructor Aid via office hours and appointments		10	47.5
Reading/Homework		45	92.5

Summer 2017-online

Observational research for main paper		15	107.5
Preparing for Exams		30	137.5

Services for Students with Disabilities: Students may receive reasonable accommodations if they have a diagnosed disability and present appropriate documentation. Students seeking accommodations are required to contact the Disability Support Services (DSS) office as early as possible. Students may contact a DSS staff member for an appointment at dss@hagerstowncc.edu or at 240-500-2530.