

## Applications of Genetics in Breast Health & Oncology

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### All cancers are genetic





#### Not all cancers are *hereditary*

# How Much Breast and Ovarian Cancer Is Hereditary?





#### **Breast Cancer**

**Ovarian Cancer** 

Sporadic
 Family clusters
 Hereditary

#### Sporadic Cancer = Single occurrence of cancer in family

- Majority of cases
- Not usually inherited
- Onset later in life



Low or no increased risk to family members beyond general population risk



- 2 or more affected 1st or 2nd degree relatives
- Later onset
- Unilateral (one breast)
- Unclear inheritance pattern:
  - Chance alone
  - Common environment
  - Genetic factors (minor)

"Modest" increase in risk to family members ~ 2 fold general population

## Hereditary Cancer

- Multiple affected individuals in multiple generations
- Early age of onset
- Multiple primary tumors
- Dominant inheritance
- Specific cancer clusters



## Causes of Hereditary Susceptibility to Breast Cancer





## BRCA 1 and BRCA 2

• 1990 Mary-Claire King BRCA 1 - 1994 and BRCA 2 - 1995 • 1996 Myriad BRCAnalysis hits the Market Chromosome 17 and 13 >2,000 Mutations Autosomal Dominant Inheritance Tumor Suppressor Gene Carrier Frequency 1 in 500-800 • 1 in 40-50 Ashkenazi Jewish Heritage (BRCA1 185delAG, BRCA1 5382insC, BRCA2 6174delT)

## BRCA1-Associated Cancers: Lifetime Risk

Breast cancer 50%-85% (often early age at onset) Second primary breast cancer 40%-60%

Ovarian cancer 15%-45%

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Possible increased risk of other cancers (eg, prostate)

# BRCA2-Associated Cancers: Lifetime Risk

Breast cancer (50%-85%) Male breast cancer (6%) Ovarian cancer (10%-20%)

Increased risk of prostate, melanoma, and pancreatic cancers (magnitude unknown)

Age	BRCA1+	BRCA2+	Ovarian CA Risk		
30	0 %	0 %			
40	3 %	2 %	For Mutation Carrier		
50	21 %	2 %			
60	40 %	6 %			
70	46 %	12 %	Age	BRCA1+	BRCA2+
80	54 %	23 %	30	3.2 %	4.6 %
		-	40	19.1 %	12 %
Breast CA Risk For Mutation Carrier			50	50.8 %	46 %
			60	54.2 %	61 %
			70	85 %	86 %







NCCN - BRCA1/2 Testing Criteria

- Ovarian
   Cancer
- Male Breast
   Cancer



Ov Ca dx age 45



Male Br Ca dx age 65



#### NCCN - BRCA1/2 Testing Criteria

- Bilateral Breast Ca w/ 1st Ca dx ≤50
- Breast & Ov Ca in the same individual
- Breast CA <50 any additional Cancer primary



Br Ca dx age 33 Ov Ca dx age 45







# Autosomal Dominant Inheritance



d.51 Multiple affected Br Ca relatives on same d.48 side of family Ov Ca NCCN - BRCA1/2 Testing 40 Criteria Ov Ca Judy Br Ca Breast Ca at any age . Dx 40 Dx 38 w/ ≥2 relatives w/ prostate, pancreatic or Br Ca \*(Interchangeable) Br Ca Dx 30





## Additional NCCN BRCA 1/2 Testing Criteria

- Triple Negative Breast Ca diagnosed ≤ 60
- Metastatic Prostate Cancer
- Metastatic HER- Breast Cancer
- Individual with known BRCA mutation in family
- Breast Cancer ≤ 50 w/ an unknown or limited family history

#### If you think you can't keep up with all this...

# Don't worry!

# No one else can either!



#### **BRCA** Testing Criteria

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NCCN Guidelines Version 1.2018 BRCA-Related Breast and/or Ovarian Cancer Syndrome

NCCN Guidelines Index Table of Contents Discussion

#### BRCA1/2 TESTING CRITERIA<sup>a,b</sup>

Meeting one or more of these criteria warrants further personalized risk assessment, genetic counseling, and often genetic testing and management. Testing of an individual without a cancer diagnosis should only be considered when an appropriate affected family member is unavailable for testing.

- Individual from a family with a known deleterious BRCA1/ BRCA2 gene mutation
- Personal history of breast cancer<sup>b</sup> + one or more of the following:
- ▶ Diagnosed ≤45 y
- ▶ Diagnosed ≤50 y with:
  - ◊ An additional breast cancer primary<sup>c</sup>
  - ◊ ≥1 close blood relative<sup>d</sup> with breast cancer at any age
  - ◊ ≥1 close relative with pancreatic cancer
  - ◊ ≥1 relative with prostate cancer (Gleason score ≥7 or metastatic)
  - An unknown or limited family history<sup>a</sup>
- ▶ Diagnosed ≤60 y with:
  - ◊ Triple negative breast cancer
- Diagnosed at any age with:
  - ◊ ≥2 close blood relatives with breast cancer, pancreatic cancer, or prostate cancer (Gleason score ≥7 or metastatic) at any age
  - ◊ ≥1 close blood relative<sup>d</sup> with breast cancer diagnosed ≤50 y
  - ◊ ≥1 close blood relative<sup>d</sup> with ovarian<sup>e</sup> carcinoma
  - ◊ A close male blood relative<sup>d</sup> with breast cancer
  - For an individual of ethnicity associated with higher mutation frequency (eg, Ashkenazi Jewish) no additional family history may be required<sup>f</sup>
- Personal history of ovarian<sup>e</sup> carcinoma
- Personal history of male breast cancer <sup>a</sup>For further details regarding the nuances of genetic counseling and testing,

- Personal history of high-grade prostate cancer (Gleason score ≥7) at any age with ≥1 close blood relative<sup>d</sup> with ovarian carcinoma at any age or breast cancer ≤50 y or two relatives with breast, pancreatic, or prostate cancer (Gleason score ≥7 or metastatic) at any age
- Personal history of metastatic prostate cancer (radiographic evidence of or biopsy-proven disease)
- Personal history of pancreatic cancer at any age with ≥1 close blood relative<sup>d</sup> with ovarian carcinoma at any age or breast cancer ≤50 y or two relatives with breast, pancreatic cancer, or prostate cancer (Gleason score ≥7 or metastatic) at any age
- Personal history of pancreatic cancer and Ashkenazi
   Jewish ancestry
- BRCA1/2 pathogenic mutation detected by tumor profiling on any tumor type in the absence of germline mutation analysis
- Family history only (significant limitations of interpreting test results for an unaffected individual should be discussed):
- First- or second-degree blood<sup>d</sup> relative meeting any of the above criteria
- Third-degree blood<sup>d</sup> relative who has breast cancer<sup>b</sup> and/or ovarian<sup>6</sup> carcinoma and who has ≥2 close blood relatives<sup>d</sup> with breast cancer (at least one with breast cancer ≤50 y) and/or ovarian<sup>6</sup> carcinoma

elncludes fallopian tube and primary peritoneal cancers. BRCA-related ovarian cancers are associated

MOST Insurance Companies Follow NCCN Criteria with some Exceptions!





## Importance of Paternal Family History

Probability of a **BRCA1/2** mutation Ov Ca age 55 <3% Probability of mutation with paternal history Ov Ca Br Ca 35-70% age 39 age 51 Br Ca age 41

## Inheritance Pattern: Autosomal Dominant with Incomplete Penetrance



- Penetrance is often incomplete
- May appear to "skip" generations
- Individuals inherit altered cancer susceptibility gene, not cancer

## The Problem of Limited Family Structure



#### **Family Structure Definitions**

Limited Family Structure

less than <u>2</u> first or second-degree female relatives over the age of 45 in one lineage



Br 35

85

57

88

55

62

73

36

**MVA** 

60





# Verify Family History



BPH = benign prostatic hyperplasia





It's all the extra mammograms.

## Prevention and Screening Options

Prophylactic Surgery:	Mastectomy Oophorectomy
Chemoprevention:	Tamoxifen Oral Contraceptives
Screening:	Mammograms MRI Ultrasound Clinical Breast Exams

#### **Current Screening Recommendations for BRCA+ Women**

#### Breast

- Monthly breast self-exams (begin by age 18)

Early clinical surveillance (begin by age 25)
 Biannual clinical breast exams at a breast center
 Annual mammography<sup>1</sup>
 Sonography? MRI?
 Ovarian: no good options
 Transvaginal ultrasound
 CA-125 blood levels



## Obstacles to Imaging BRCA Carriers

Carriers have denser breast tissue<sup>1</sup>

- Younger
- Some studies suggest that carriers have denser breast tissue than age-matched controls

More false negatives in mammograms for BRCA1 carriers compared with controls<sup>2</sup>

- True even when controlling for tumor size and breast density
- Due to prominent "pushing margins"

→ For BRCA+ women, any mass at mammography should be regarded with suspicion

<sup>1</sup> Huo (2002) Radiology.

<sup>2</sup> Tilanus-Linthorst (2002) Int. J Cancer

#### Chemoprevention The Jury is Still Out...

#### Tamoxifen

49% reduction of breast cancer incidence in high-risk women (mean follow-up of 5.75 years)<sup>1</sup> Data in BRCA1/2 carriers are limited<sup>2,3,7</sup>

 Recent Study<sup>7</sup>-risk of CL Bst Ca reduced more than 50% in carriers (with ovaries) when TAM given as treatment for initial Bst Ca

#### **Oral Contraceptives**

40% reduction in risk of ovarian cancer<sup>4</sup>
Some reduction of ovarian cancer risk in BRCA carriers<sup>5</sup>
Possible increase in breast cancer risk in carriers<sup>6</sup>

<sup>1</sup>Fisher B et al. *JNCI*. 90(18) 1998. NSAPB-P1 <sup>2</sup>King MC et al. *JAMA*. 286(18) 2001. NSABP-P1 <u>3Narod</u> S et al. *Lancet*. 356. 2000 4CASH Study, *N Engl J Med* 316(11). 1987 5Narod S et al. NEJM. 339(7) 1998. 6Narod S et al. JNCI 94(23) 2002. 7 Gronwald J et al. Int. J. Cancer 118(9). 2006. Age-specific proportions of pathologic subtypes of breast tumors arising in BRCA1 and BRCA2 mutation carriers

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Mavaddat N et al. Cancer Epi Biomarkers Prev 2012;21:134-147
Prophylactic Surgery Most effective method for reducing risk

Prophylactic Bilateral Mastectomy

Reduces risk of breast cancer ≥90%<sup>1,2</sup>

### Prophylactic Oophorectomy

- Reduces risk of ovarian cancer ~95%<sup>3,4</sup>
- In premenopausal women, reduces breast cancer risk by 50%

1Meijers-Heijboer et al. *NEJM*. 345(3) 2001. 2Hartmann et al. *NEJM*. 340(2) 1999 3Rebbeck et al. NEJM. 346(21). 2002 4Kauff et al. NEJM 346(21). 2002



- Ipsilateral surgery only (Partial Mastectomy or Unilateral Mastectomy)
- Contralateral Prophylactic Mastectomy

















- Increased Cancer Risks
- Apply Management Guidelines if available
- Test other family members if actionable
- Assess result based on family history
- Screen based on family history No genetic testing for unaffected family members

- Subtle DNA change
- Unknown if benign variant (normal) or disease causing
- Follow based on family history
- More info may become available

# Interpreting a Negative Result



# Testing The More Appropriate Person in the Family



# GINA—Genetic Information Nondiscrimination Act of 2008

### Protections

- Health insurers/employers cannot request, require, or use genetic information to make decisions about:
  - Eligibility and premiums
  - hiring, promotion, or pay

### Limitations

- Does not protect those with life, disability, or long-term care insurance
- Only covers 15+ employees
- Does not cover an individual's manifested disease or current condition

# Genetic Testing Has Implications for the Entire Family



- Consider the impact of testing on *all* family members
- Ultimately, testing is the individual's choice

Awareness of the existence of a BRCA mutation in the subject's own family.



E Sermijn et al. J Med Genet 2004;41:e23



- 1994-95 Identification of BRCA1/2 genes
  - Commercial sequencing at Myriad Genetics
  - Detects ~85%
- 2002 BRCA1
  Increases det
- 2006 BRCA1/ --History Matters- Special cases Patients tested prior to October 12, 2012
- 2012 (October (BART) testing
- Myriad Gene

Patients tested prior to October 12, 2012 may need additional BRCA1/2 testing to ensure a mutation is not present ) started

rearrangement les 6/2013

#### CONFIDENTIAL

#### Comprehensive BRACAnalysis<sup>®</sup> BRCA1 and BRCA2 Analysis Result

PHYSICIAN		SPECIMEN		PATIENT	
John Smith, ND Comprehensive Medical Center 1100 Grand Ave Away, GA 12345	Speciment Draw date: Accession date: Report Date:	Blood Aug 01, 2010 Aug 02, 2010 Jun 22, 2011	Name Date of Birth: Patient D: Gender: Accession #	Doc, Jane April 1, 1482 000000 Female 00000000-8LD	

#### Test Results and Interpretation



It is our understanding that this patient was identified for lealing due to a personal or family history suggestive of hereolitary breast and ovarian cancer. Analysis consists of sequencing of all translated exons and immediately adjacent intronic regions of the BRCA1 and BRCA2 genes and a text for five specific BRCA1 memorgements. There are additional large genomic rearrangements in BRCA1 and in BRCA2, which are not detected by this text, but can be identified with the BRACAnalysis Rearrangement Text (BART). The classification and interpretation of all variants identified in this assay reflects the current state of scientific understanding at the time this report was issued. In some instances, the classification and interpretation of such variants may change as new scientific information becomes available.

#### CONFIDENTIAL

#### Integrated BRACAnalysis<sup>®</sup> BRCA1 and BRCA2 Analysis Result

PHYSICIAN		SPECIMEN		PATIENT	
John Smith, ND Comprehensive Medical Center 1100 Grand Ave Away, GA 12345	Specimen: Draw date: Accession date: Report Date:	Blood Aug 01, 2010 Aug 02, 2010 Jun 22, 2011	Name: Date of Birth: Patient ID: Gender: Accession #: Requisition #:	Doe, Jane April 1, 1492 000000 Female 00000000-8LD 000000	

#### Test Results and Interpretation

NO MUTATION DETECTED				
est Performed;	Result	Interpretation		
RCA/ sequencing	No Mutation Detected	No Nutation Detected		
comprehensive reamangement	No Mutation Detected	No Mutation Detected		
PCA2 sequencing	No Mutation Detected	No Mutation Detected		
comprehensive reamangement	No Mutation Detected	No Mutation Detected		

It is our understanding that this patient was identified for testing due to a personal or family history suggestive of hereditary breast and ovarian cancer. Analysis obreads of sequencing of all translated exons and immediately adjacent intronic regions of the BRCA1 and BRCA2 genes and a comprehensive rearrangement lest of both BRCA1 and BRCA2 by quantitative PCR analysis (BRACAnalysis Rearrangement Test, BART). The classification and interpretation of all variants identified in this assay reflects the current state of scientific understanding at the time this report was issued. In some instances, the classification and interpretation of such variantia may change as new scientific information becomes available.

### Mutation Distribution Between Sequencing and Large Rearrangements in Total Test Population

### 94%

6%\*



### **BART Mutations**



Sequencing Mutations

\*Weighted average of high risk BART and elective BART from 2007-2011

U.S. Supreme Court Strikes Down Human Gene Patents 13 June 2013

They're our breast cancer L genes - we identified them. It's Find of you to let us have the disease for free

# 🞽 Ambry Genetics



Cancer panels	Genes	Create your own panel:		
BreastNext OvaNext ColoNext PancNext RenalNext	17 24 17 13 19	<u>Panel</u> Breast Breast/ Ovariar Colon Pancreas	Genes 17 35 23 25	
\$3700-\$3900	\$1500 OOP	Cancer \$1500	34, 42 \$475 OOP	



### **UW** Medicine

UNIVERSITY OF WASHINGTON MEDICAL CENTER

BROCA Panel: 60 genes \$3350 COLOSEQ: 22 genes \$2300



25 cancer

\$4000



Comprehensive Cancer Panel (32 Genes)Breast/Ovarian Cancer Panel (21 Genes)Colorectal Cancer Panel (19 Genes)Pancreatic Cancer Panel (16 Genes)\$3500-\$4000\$1500 OOP

## Causes of Hereditary Susceptibility to Breast Cancer



# **High Cancer Risk Genes**

#### P53 (<u>Li-Fraumeni</u> Syndrome)

- -Mutation prevalence 1/5,000-20,000; 7-20% de novo
- -Sarcoma, brain, leukemia, colon, childhood cancers
- -~30% breast cancer, age [31]: prevalence 7% in breast cancers <35

#### PTEN (<u>Cowden's</u> Syndrome)

- -Mutation prevalence 1/200,000; >75% de novo
- -Uterine cancers, thyroid dysfunction, mucosal lesions, OFC>98%
- -40-50% lifetime breast cancer risk; 10% thyroid, increased uterine & colon

#### STK11 (Peutz Jeghers Syndrome)

- -Mutation prevalence 1/60,000 300,000; 50% de novo
- -High risk for breast (50%), colon (40%), ovarian (20%) and other cancers
- -Lip freckles in childhood

#### CDH1 (Hereditary Diffuse Gastric Cancer Syndrome)

- -Mutation prevalence 1/100,000-300,000? De novo?
- -60-80% develop gastric cancer
- -30-40% lifetime risk of lobular breast cancer

# Li-Fraumeni Syndrome

- Gene: TP53
- Inheritance: Autosomal Dominant
- Prevalence: 1 in 5,000-20,000
- De Novo 7-10%
- 25-85% Lifetime Risk of Breast Cancer
  - Screening Breast MRI start age 20
  - Consider RRM
- Average age of Diagnosis 38-46yo
- <1% overall of all breast cancer
- Risk of childhood cancers, Leukemia, Sarcoma, Colon & Brain CA

### Cowden syndrome

- Gene: PTEN
- Prevalence: 1 in 200,000
- De Novo Rate 10-47%
- 25-50% Lifetime Risk of Breast Cancer
  - Screening Breast MRI start age 30
  - Consider RRM
- Risk Thyroid, Uterine & Colon CA

### **Physical Features**

- Macrocephaly (Head Circumference >58-60)
- Papillomas on skin and mucosa
- Dysplastic gangliocytoma of cerebellum



# Peutz-Jeghers Syndrome

- Gene: STK11
- Inheritance: Autosomal Dominant
- Prevalence: 1 in 8,000-200,000
- Hamartomatous & Adenomatous Polyposis Especially of the Small Intestine
- 30-54% Lifetime Risk of Breast Cancer
  - Screening Breast MRI start age 25
  - RRM Evidence insufficient /?Family Hx
- Risk of Colon, Gastric, Pancreatic, Uterine, Ovarian, Sex Cord Tumor etc.



Labial and oral mucosal hyperpigmentation- may fade with time

# Hereditary Diffuse Gastric Cancer

- Gene: CD1
- Inheritance: Autosomal Dominant
- De Novo Variants have been reported
- 42% Lifetime Risk of LOBULAR Breast Cancer
  - Screening Breast MRI start age 30
  - Consider RRM
- 56-70% Lifetime Risk of Gastric Cancer
  - Average age of onset age 38
  - Gastrectomy recommended age 18-40yo
- Risk of Colon and Prostate Cancer

# Moderate Cancer Risk Genes

### ATM

- -Mutation prevalence 1/100
- -OR =2-4 for breast cancer risk; OR =2 for colon cancer
- -Possible pancreatic risk

### CHEK2

- -Mutation prevalence up to 1/66 (Dutch); <1/100 others
- -Breast (OR=2.6-4.8), colon (OR=2) cancer risks
- -Possible prostate and thyroid cancer risk

### PALB2

- -Mutation prevalence ~1/1000
- -OR =3-5 for breast cancer risk
- -Suggestion of increased ovarian and pancreatic cancer risks

# Lower Cancer Risk Genes

### BRIP1, BARD1, RAD51C, RAD51D

Prevalence uncertain

-OR= 2-3 for breast cancer

-OR 3-6 for ovarian cancer with BRIP1, RAD51D

### RAD 50, MRE11A, NBN

Prevalence uncertain

-1.5-2.5 OR breast cancer risk

-Possibly ovarian cancer risk

### NF1, Lynch, MUTYH

-Traditionally not breast cancer genes; other defining symptoms

-Prevalence much more common; 1/ 3000, 1/300, 1/50

-Breast cancer risk varies (OR= 2-5 fold)

## Multigene Panels - Advantages

- New cost effective genetic testing
- Broadest available gene panels
- Double the chance of identifying risk mutation
- ~3% have double mutations
- Mutation allows targeted screening and prevention
- Mutation allows relatives site specific testing

# Multigene Panels - Disadvantages

- Variants of Uncertain Significance Common (25-50%)
- Genes with low risk may not have guidelines
- Low risk mutations may be a partial answer
- Full tumor risk and spectrum not well defined
- "Out of context" mutations; what are the risks?

# Multigene panels-beware of VUS (variants of uncertain significance)

### Multigene Panel Testing

Study of 1<sup>st</sup> 2079 patients clinically referred for multigene testing Majority (93%+) personal history of cancer or adenoma



- Unclear if variant is undefined deleterious mutation, benign polymorphism, or variant with intermediate risk of cancer
- 2-3% VUS rate with BRCA 1/2
- 15-30% VUS rate with panels
- Many VUS will be reclassified as benign over time
  - Online registry-PROMPT
- VUS do NOT influence patient management or family member testing
  - Treat is as negative result

# Multigene Panels Recessive Risks

 Multiple genes on these panels have recessive correlates with implications for reproduction:

Fanconi Anemia

Ataxia Telangiectasia

MUTYH Polyposis

PGS (Preimplantation Genetic Screening) screens embryos to ensure 23 pairs of chromosomes (22 autosomes and the sex chromosomes X and Y) are present and there is no aneuploidy.

PGS - VS -PGD

PGD (Preimplantation Genetic Diagnosis) diagnoses embryos for known genetic disorders that both the patient and partner are carriers of including: Sickle cell, Cystic Fibrosis, SMA1, Tay Sachs, Fragile X. etc.



- Informed Consent
- Pre-test Counseling
- Post-test Counseling
- Risk reduction counseling





Dirk brings his family tree to class.

### Do we test children?



### Do we test children?



Not for BRCA mutations. Because risk of cancer is negligible in childhood and no preventive measures exist, there is not a medical necessity to test children. Doing so would violate their autonomy.

This is in contrast to other genetic diseases

# Is testing appropriate for newly diagnosed women?



# Is testing appropriate for newly diagnosed women?



Yes. Obtaining genetic testing results before a woman's primary surgery can allow her to have prophylactic surgery at the same time as her primary surgical treatment.

### Does paternal history matter?


## Does paternal history matter?



Yes. BRCA mutations can be passed on through mother or father. Paternal history is as relevant as maternal history.

## **Do we offer testing?**



## **Do we offer testing?**



Larger families are easier to assess. If there are many relatives who have lived to older ages without developing cancer, the chances of a BRCA mutation are lowered. However, we would offer given her age

= breast cancer

# Diagnosis at a young age Do we offer testing?





# Diagnosis at a young age Do we offer testing?



Yes, women diagnosed ≤35 have ~10% chance of harboring a BRCA mutation



## **Do We Offer Prenatal Testing?**



# **Do We Offer Prenatal Testing?**



Yes. Preimplantation genetic screening and diagnosis. Consider testing partner for some mutations.





No, the mutation was most likely not detected by our current technology, thus residual risk remains





Uninformative Result-If we cannot identify a mutation in a family, it generally does not make sense to offer testing to unaffected family members.

If a priori risk of harboring a mutation is very high, we don't believe negative tests.





Yes, true negative-With 100% certainty, Melanie did not inherit the breast cancer risk in her family. She is therefore at general population risk.

# Should we as clinicians inform at-risk family members?



## Should we as clinicians inform at-risk family members?



Generally not. When a family member with a BRCA mutation does not inform family members, there is very little we can do.

Without such information, however, family members might not take preventive measures to reduce their risk.

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