

**Hagerstown Community College**  
**OFFICIAL COURSE SYLLABUS DOCUMENT**

**COURSE:** PSY 208: Theories of Personality 3 credits

**INSTRUCTOR:** Louise Wine **SEMESTER/YEAR:** SP18

**COURSE DESCRIPTION:** This course focuses on the analysis and evaluation of the major models of personality theory including Psychoanalytic, Neoanalytic, Cognitive, Behavioral, Trait, and Humanistic, as well as some of the lesser known approaches to the study of personality and personal growth. Emphasis is placed on application of the various theories to describe and understand human personality and behavior.

Prerequisite: PSY 101

**TEXTBOOK:** Theories of Personality, 9<sup>th</sup> edition, by Richard M. Ryckman

**STUDENT LEARNING OUTCOMES:**

At the conclusion of the course, the student will be able to formulate his/her own theory of personality, describing the basic personality constructs and dynamics of these constructs, the development of personality, causes of psychopathology, and potential therapeutic interventions.

**COURSE CONTENT OBJECTIVES:**

At the conclusion of the course, the student will be able to discuss and apply to his/her life the basic concepts of the following theories:

- Freud's Psychoanalytic Theory
- Jung's Analytic Psychology
- Adler's Individual Psychology
- Erikson's Psychanalytic Ego Psychology
- Allport's Trait Theory
- Eysenck's Biological Typology
- Maslow's Self-Actualization Theory
- Rogers's Person Centered Theory
- Skinner's Operant Analysis
- Bandura's Social-Cognitive Theory

**Total Hours of Coursework:**

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty-minute "academic" hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum hours of coursework per credit.

For most classes, students should expect to do at least 2 hours of coursework outside of class for each hour of in-class coursework.

<b>Lecture Class</b>	<b>Direct Faculty Instruction (in class)</b>	<b>Student Work (out of class)</b>
Lectures and Discussion	37.5 hours	
Reading Textbook		30 hours
Assignments		15 hours
Studying for Tests		24 hours
Case Studies		6 hours
<b>Total 112.5 hours</b>	37.5 hours	75 hours

**SERVICES FOR STUDENTS WITH DISABILITIES:** Students may receive reasonable accommodations if they have a diagnosed disability and present appropriate documentation. Students seeking accommodations are required to contact the Disability Support Services (DSS) office as early as possible. Students may contact a DSS staff member for an appointment at [dss@hagerstowncc.edu](mailto:dss@hagerstowncc.edu) or at 240-500-2530.