Hagerstown Community College
Master Syllabus

Course: NUR 105 Foundations of Nursing        Fall 2019

Instructors:
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Michele Blash RN, BSN, MSN

COURSE DESCRIPTION:

This course assists students in acquiring the basic knowledge, skills, and professional behaviors needed for the delivery of comprehensive nursing care. The nurse skills lab and a variety of acute care settings are utilized for the clinical component. Use of the nursing skills labs also provides the students with a variety of simulated patient care experiences. Emphasis is placed on readying the student to begin clinical experiences. In order to progress in the nursing program, a grade of 75% or above must be attained in this course and a grade of 90% or above must be attained on a dosage calculations exam given at the end of the semester. A combined total of 104 hours of lecture, 18 hours of lab, 2 hours of simulation exercises, and 101 hours of clinical. Laboratory fee required. Prerequisites: Acceptance into the program – see admission criteria, BIO 203, and BIO 204. Semester offered: Fall and Spring.

REQUIRED TEXTBOOKS:

END OF PROGRAM STUDENT LEARNING OUTCOMES (with corresponding QSEN competencies):

- Utilize critical thinking in application of the nursing process to provide care for individuals and families that promotes health throughout the lifespan in a variety of settings. (1,3,4,5)
- Adhere to quality of care and safety standards in both acute and community-based environments. (1,5)
- Facilitate the continuity of care for individuals in various acute and community-based environments. (1,3)
- Practice within the ethical and legal framework of the nursing profession. (3,5)
- Provide compassionate care and serve as advocates for individuals and families, respecting their diverse cultures, spirituality, values, and belief systems. (2,3)
- Employ therapeutic verbal, nonverbal, and written communication skills. (5,6)
- Collaborate with the individual, family, and interdisciplinary health professionals to promote, maintain, or restore health, and comfort the dying. (3,4)
- Exercise leadership skills in the management of care. (1,2,3,4,5,6)

COURSE OUTCOMES (with corresponding QSEN competencies):
Upon completion of this course, the student will be able to:

- use Maslow’s Hierarchy in conjunction with the nursing process when providing care for adult clients and their families in acute and long-term care settings. (1,3,4,5)
- demonstrate safe practice and correct application of acquired skills in the laboratory and clinical settings. (1,5)
- recognize the importance of maintaining continuity of patient care. (1,3)
- identify ethical, legal, and professional standards basic to the care of adult clients and their families. (3,5)
- recognize the impact of various cultures, values, and belief systems on the delivery of health care to clients. (2,3)
- implement fundamental concepts of verbal, nonverbal, and written communication. (5,6)
- begin to identify self as a member of the health care team. (3,4)
- demonstrate accountability and responsibility for own actions. (1,2,3,4,5,6)

Quality and Safety Education for Nurses (QSEN)

Quality and Safety Education for Nurses (QSEN) is one of the professional standards that helps to provide a curriculum framework for the nursing program at Hagerstown Community College. The overall goal of QSEN is to prepare future nurses with the knowledge, skills and attitudes (KSA’s) necessary to continuously improve the quality and safety of the healthcare systems in which they work. QSEN has identified six areas of competencies, each with individual knowledge, skill, and attitudes that promote quality and safety. The six competencies expected for pre-licensure nursing students are:

1. **Patient-Centered Care**

   Recognizing the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for the patient’s preferences, values, and needs.
2. **Teamwork and Collaboration**

Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision making to achieve quality patient care.

3. **Evidence Based Practice**

Integrate the best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care.

4. **Quality Improvement**

Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems.

5. **Safety**

Minimize risk of harm to patients and providers through both system effectiveness and individual performance.

6. **Informatics**

Use information and technology to communicate, manage knowledge, mitigate error, and support decision making.

**Total Hours of Coursework:**

To earn one academic credit at HCC, students are required to complete a minimum of 37.5 clock hours (45 fifty-minute “academic” hours) of coursework per semester. Those hours of coursework may be completed through a combination of hours within the classroom and hours outside the classroom. Certain courses may require more than the 37.5 minimum of hours of coursework per credit.

<table>
<thead>
<tr>
<th>Assignment/Assessment</th>
<th>Clock Hours</th>
<th>Explanation</th>
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</thead>
<tbody>
<tr>
<td>In-class instruction</td>
<td>104</td>
<td>Time spent in class-lecture, small group activities</td>
</tr>
<tr>
<td>Assigned readings &amp; sample problems</td>
<td>170</td>
<td>Reading, course projects, homework assignments, studying</td>
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<tr>
<td>Clinical</td>
<td>101</td>
<td>Time spent on site at MMC</td>
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<tr>
<td>Exams</td>
<td>10</td>
<td>Time to complete exams</td>
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<tr>
<td>Lab</td>
<td>18</td>
<td>Time spent in nursing lab at HCC</td>
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<tr>
<td>Clinical Simulation</td>
<td>2</td>
<td>Time spent in simulation</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>405</strong></td>
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Services for Students with Disabilities: Students may receive reasonable accommodations if they have a diagnosed disability and present appropriate documentation. Students seeking accommodations are required to contact the Disability Support Services (DSS) office as early as possible. Students may contact a DSS staff member for an appointment at dss@hagerstowncc.edu or at 240-500-2530.