

**Hagerstown Community College
Master Syllabus**

NUR 226 BEHAVIORAL HEALTH NURSING

Spring 2019

Instructors:

Lori Manilla, MSN, RN

Course Description

This is a hybrid course that assists the student in acquiring the basic knowledge and skills needed to provide care to clients with behavioral health problems. Principles and concepts of behavioral health nursing, therapeutic communication techniques, and use of the nursing process to plan care will be discussed. Clinical practice occurs in a variety of acute and community based settings. In order to progress in the Nursing Program, a grade of 75% or above must be achieved in all exams and a 75% or above must be attained on all course requirements., A grade of 90% or above must be attained on a dosage calculations exam given at the end of the semester. Total of 45 hours of lecture, 13 hours of simulation exercises, and 41 hours of clinical. Laboratory fee required. Prerequisites: NUR 127, NUR 229 and NUR 224 or concurrent enrollment by permission of the instructor.

Required Textbooks and Technology:

- Ackley, B., Ladwig, G., Makic, M., Nursing Diagnosis Handbook. 11th edition Elsevier, 2017.
- McCuiston, L.E., Vuljoin-Dimaggio, K., Winton, M.B., & Yeager, J.J. (2018). *Pharmacology: A patient-centered nursing approach*.(10th ed). Philadelphia: Saunders.
- *Nursing 2018 Drug Handbook*.. Lippincott.
- Pedersen, D. (2014). *Psych Notes: Clinical Guide*. 4th ed. Phila: F.A. Davis.
- Townsend, Mary C. (2017). *Essentials of Psychiatric Mental Health Nursing; Concepts of Core in Evidence-Based Practice*. 7th ed. Phila: F.A. Davis.

END OF PROGRAM STUDENT LEARNING OUTCOMES:

1. Utilize critical thinking in implementation of the nursing process to plan care for individuals and families that promotes health throughout the lifespan in a variety of settings. (1-6)
2. Adhere to quality of care and safety standards in both acute and community-based environments. (1-3)
3. Facilitate the continuity of care for individuals in various acute and community settings. (1-3)
4. Practice within the ethical and legal framework of the nursing profession. (1, 3)
5. Provide compassionate care and serve as advocates for individuals and families, respecting their diverse cultures, values, and belief systems. (1-3)
6. Employ therapeutic verbal, nonverbal and written communication skills. (1-3, 5, 6)

7. Collaborate with the individual, family, and interdisciplinary health professionals, to promote maintain, or restore health, and comfort the dying. (1-4, 5)
8. Exercise leadership skills in the management of care. (1-6)

COURSE OUTCOMES:

Upon completion of this course, the student will be able to:

1. Apply the nursing process to establish a plan of care for individuals and special populations who have maladaptive responses to biopsychosocial problems. (1-6)
2. Promote and maintain the physical and emotional safety of clients, self, and others in mental health settings. (1-3)
3. Plan mental health care for clients from admission to discharge in acute and community settings. (1-3)
4. Integrate responsibility and accountability into one's own practice. (1, 3)
5. Plan care that demonstrates sensitivity and advocacy for individuals and families experiencing mental illness. (1-3)
6. Employ therapeutic use of self to structure nursing interventions that facilitate progress towards expected outcomes. (1-3, 5, 6)
7. Collaborate with the client and the health care team to plan, implement, and evaluate therapeutic interventions. (1-4, 5)
8. Identify leadership styles that contribute to effective patient care management in psychiatric settings. (1-6)

QSEN Competencies

1. Patient Centered Care
2. Teamwork & Collaboration
3. Evidence-based Practice
4. Quality Improvements
5. Safety
6. Informatics

Total Hours of Coursework:

To earn one academic credit at Hagerstown Community College, students are required to complete a minimum of 37.5 clock hours of coursework per semester.

Assignment/Assessment	Clock Hours	Explanation
In-class instruction	45	Time spent in class- lecture
Assigned readings	35	Reading, projects, quizzes, studying, etc.- minimum
Clinical	41	Time spent on site at various clinical sites
Projects	10	
Exams and study time	26	To complete exams
Lab Prep	10	
Clinical Simulation	13	Time spent doing simulation
Total hours	180	

Services for Students with Disabilities: Students may receive reasonable accommodations if they have a diagnosed disability and present appropriate documentation. Students seeking accommodations are required to contact the Disability Support Services (DSS) office as early as possible. Students may contact a DSS staff member for an appointment at dss@hagerstowncc.edu or at 240-500-2530.