# Student Handbook 2018-2019



Hagerstown Community College 11400 Robinwood Drive Hagerstown, MD 21742 240-500-2000 www.hagerstowncc.edu





# **Upward Bound**

College Readiness Program

# Student Handbook

2018-2019

A detailed guide for HCC Upward Bound students and parents



Name:		
High School		

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# Section 1

# The Upward Bound Program



#### Introduction

Welcome to a new year with the TRiO Upward Bound Program at Hagerstown Community College. This handbook provides information regarding the activities, schedules, requirements, expectations, rules, and regulations for the Upward Bound program. Please review the information carefully and ask questions if you have any. As an agreement and understanding of the content in this handbook, you and your parent/guardian will be asked to sign a 2018-2019 Upward Bound Participant Contract and return it to the Upward Bound office.

The **mission** of the HCC TRiO Upward Bound Program is to assist low-income and/ or first-generation college bound high school students in the successful completion of secondary education by preparing them academically as well as socially for enrollment and completion of higher education. This is accomplished by providing participants with rigorous and nurturing academic courses; tutoring services; college-preparatory workshops; academic, college, and financial aid advising; career exploration; leadership opportunities; and cultural enrichment.

As a participant, you will quickly learn that it takes more than good grades to become a college graduate. Getting to college is only the beginning-staying in college can be challenging! Your Upward Bound experience will teach you the facts about college admissions and the skills required to succeed in college. Through workshops, one-on-one advising, campus visits, and other activities, you will gain knowledge regarding financial aid, career exploration, life-skills, standardized testing, and much more. An Upward Bound student's experience is one that will remain with the student throughout his/her life. Active participants will graduate from the program with greater confidence and maturity.

Welcome to the TRiO Upward Bound Program and your pathway to success in higher education!



#### **General Contact Information**

Upward Bound Main Office: Hagerstown Community College Learning Resource Center (LRC), Room 250 and 252 11400 Robinwood Drive Hagerstown, MD 21742

www.hagerstowncc.edu/upwardbound

James Mankins Program Manager Phone: 240-500-2584 jemankins@hagerstowncc.edu

Mrs. Beth Moore

College Readiness Specialist, WCPS

Phone: 301-766-8721

Email: moorebet@wcps.k12.md.us

Mrs. Tracy Rider

Hancock Middle Senior High School Coach

Phone: 301-766-8186

Email: ridertra@wcps.k12.md.us

Mr. Alex Goveo

North Hagerstown High School Coach

Phone: 301-766-8238

Email: goveo a le@wcps.k12.md.us

Ms. Emily Wagner

South Hagerstown High School Coach

Phone: 301-766-8369

Email: wagneemi@wcps.k12.md.us

Mr. Robert Rubeck

Williamsport High School Coach

Phone: 301-766-8423

Email: rubecrob@wcps.k12.md.us

# Meet the Upward Bound Staff



# Mr. James Mankins

Program Manager
College Degrees:
A.S. Hagerstown Community College
B.A. Grand Canyon University
M.A. Liberty University

## Meet the Upward Bound Coaches



#### Ms. Tracy Rider

Hancock Middle Senior High School Coach College Degrees: B.A. Shepherd University M.Ed. Frostburg State University

#### Mr. Alex Goveo

North Hagerstown High School Coach Colleges Degrees: B.S. Ed Kutztown University





# Ms. Emily Wagner

South Hagerstown High School Coach College Degree: B.S. Ed Kutztown University

#### Mr. Robert Rubeck

Williamsport High School Coach College Degrees: A.S. Hagerstown Community College B.A. Shippensburg University M.A. Frostburg State University



## **Program Overview**

The TRiO Upward Bound program is an academic and college preparatory program for high school students funded by the U.S. Department of Education, Hagerstown Community College, and Washington County Public Schools. The purpose of the HCC Upward Bound program is to provide students with the skills and motivation necessary to succeed in high school and in college.

#### Program Goals:

- To instill in the Upward Bound student a positive attitude toward learning and encouragement for completing post-secondary education
- To improve the student's ability to relate to their peer group by developing a sense of personal worth through workshops
- To expose the students to new academic, social, and cultural learning experiences
- To provide academic and career advising to each individual student
- To help the students increase their understanding of and ability to cope with their environment

Upward Bound offers services to students year-round. HCC's Upward Bound program will serve a total of 72 students annually from Hancock Middle Senior High School, North Hagerstown High School, South Hagerstown High School, and Williamsport High School. A complete application and student interview is required for admission consideration.

The Upward Bound academic school year component emphasizes academic support, student enrichment, leadership, and goal setting. We provide a range of services, which include: weekly tutoring at the high school; academic and career advising; financial planning assistance; service learning opportunities; cultural, social, and self-enrichment activities; college and university tours; college application and entrance exam preparation; and opportunities to earn college credits while in high school. Each student will work with the Upward Bound staff to develop an Educational Development Plan (EDP) according to the student's needs, potential, interests, and goals. Upward Bound activities during the academic school year will occur after school, on days off school, or on Saturdays. Transportation will be provided for required Upward Bound activities.

The Upward Bound Summer Academy is designed to meet the academic needs of 9th, 10th, 11th, and 12th grade students. The Summer Academy will take place Monday through Friday on the HCC campus from June 21-July 26, 2019. All Upward Bound students are expected to participate. Students will take classes in the core academic subjects: English, mathematics, lab science, and world language to receive either high school elective credit or college credit. Course placement will be determined by annual Accuplacer test scores, age, and Upward Bound Learning Level. Not only will students received important academic skills building during the Summer Academy, students will also participate in cultural and career development activities such as field trips to local colleges, museums, and businesses. Community-based learning and project-based learning will be incorporated into an engaging and enriching Summer Academy curriculum. Transportation will be provided for required Summer Academy activities.

Students who complete their high school graduation requirements and earn their high school diploma in June 2018 will take part in an Upward Bound Summer Bridge Program and will have an opportunity to enroll in up to 12 college credits at HCC. Course placement will be determined by the students' most recent Accuplacer scores or SAT/ACT scores. The Upward Bound program pays for the student's tuition, fees, and books. Transportation that aligns with the hours of the Upward Bound Summer Academy will also be provided for Bridge students. (More flexibility in course selections will be available to students who can provide their own transportation.) The Summer Bridge Program is an excellent opportunity for students who are motivated to get a head-start on college. This is an important transition between high school and college. Students who complete the Summer Bridge Program may choose to attend any college to which they have been accepted. There is no obligation for the Upward Bound student to matriculate into HCC, however, students who choose to attend HCC in the fall following high school graduation will receive additional advising and support from the staff.

# **Program Objectives**

The Upward Bound program is committed to providing meaningful services to assist students in achieving their educational goals. The program will be accountable to the U.S. Department of Education for meeting the following objectives:

- 78% of all participants served during the project year will have a 2.5 cumulative GPA or better on a four-point scale at the end of the school year.
- 70% of UB seniors served during the project year will have achieved at the
  proficient level on state assessments in reading/language arts and math.
- 97% of project participants served during the project year will continue in school for the next academic year, at the next grade level, or will have graduated from secondary school with a regular secondary school diploma.
- 75% of all current and prior UB participants, who at the time of entrance into
  the project had an expected high school graduation date in the school year,
  will complete a rigorous secondary school program of study and graduate in
  that school year with a regular secondary school diploma.
- 68% of all current and prior UB participants, who at the time of entrance into
  the project had an expected high school graduation date in the school year, will
  enroll in a program of postsecondary education by the fall term immediately
  following high school graduation or will have received notification by the
  fall term immediately following, from an institution of higher education, of
  acceptance but deferred enrollment until the next academic semester (e.g.
  spring semester).
- 60% of all participants who enrolled in a program of postsecondary education, by the fall term immediately following high school graduation or by the next academic term (e.g. spring semester) as a result of acceptance by deferred enrollment, will attain either an associate's or bachelor's degree within six years following graduation from high school.

The Upward Bound staff is available for questions or concerns and, as a team, we will help every Upward Bound student reach their full potential!

## Eligibility Requirements

TRiO Upward Bound is a program funded primarily by the U.S. Department of Education. Therefore, HCC must adhere to federal legislation, regulations, policies, and guidelines when selecting students to serve. An application will be used to determine whether students are eligible for the Upward Bound program. Admission to the program is based upon eligibility, need, and readiness for the program. We may not be able to admit every student who is eligible, depending on the number of applications received.

#### To be eligible to participate in the TRiO Upward Bound program, a student:

Must be a citizen of the United States or a permanent resident

Must be either or both:

- From a low-income household according to TRiO federal guidelines http://www2.ed.gov/about/offices/list/ope/trio/incomelevels.html
- A potential first generation college student (the natural or adoptive parents/ guardians with whom you live have not earned a bachelor's degree)

Must be a 9th, or 10th grade student enrolled at one of the following schools:

- North Hagerstown High School
- South Hagerstown High School
- Williamsport High School
- Hancock Middle Senior High School

Must be willing to participate in Upward Bound activities and work hard. Activities include, but are not limited to:

- After-school tutoring 2x per week to reinforce core academic subjects
- Saturday Sessions and workshops during the school year to prepare students for college
- 6-week Summer Academy coursework for academic skills building
- Guest speaker presentations for career development
- Field trips and college campus tours for cultural enrichment
- Summer Bridge program to assist graduated seniors with the transition from high school to college

Must be committed to attending post-secondary education (college)

Must complete the application packet and interview with Upward Bound staff

#### To obtain an Upward Bound application:

- Visit the program webpage www.hagerstowncc.edu/upwardbound to download the application.
- See the Upward Bound Coach or visit the guidance counselor's office at your high school.
- Visit the Upward Bound office in the Learning Resource Center at HCC, room 250.

# Section 2

# Program Services

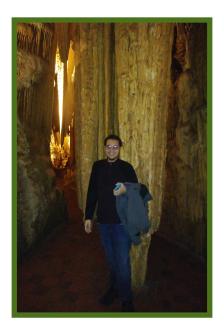


# Saturday Sessions

A kick-off Saturday Session will be held on August 26, 2018. Thereafter, each following Saturday Session will be held once a month during the academic school year. All Saturday Sessions will be held at HCC or South Hagerstown High School this year. From 9:00am-1:00pm, students will participate in fun and interactive personal development and college readiness workshops with other Upward Bound students from the four target high schools. Upward Bound staff and coaches will lead and supervise activities with the assistance of outside guest speakers and experts. There will also be an opportunity for students to participate in team building and leadership development activities. Students will receive breakfast and lunch at each Saturday Session. Transportation will also be provided for the student to return back to their home. Attendance is expected at all Saturday Sessions.

#### 2018-2019 Saturday Session dates:

- August 25, 2018
- September 8, 2018
- October 13, 2018
- November 10, 2018
- December 8, 2018
- January 12, 2019
- February 9, 2019
- March 9, 2019
- April 13, 2019
- May 11, 2019



## **After-School Tutoring**

Upward Bound students are expected to attend two tutoring sessions per week. Each tutoring session will take place for one hour after dismissal at the student's high school and will be supervised by the Upward Bound Coach, staff, and tutors. Students may use the time to work on homework, receive assistance with class assignments or projects, assist peers with academic coursework, review for tests (including SATs/ACTs), and meet with Upward Bound Coach. A bus will be available to take students home after each tutoring session.

Students who participate in school-sponsored activities after school (ex. sports or club meetings) may be exempt from one or both tutoring sessions with proper documentation stating that the student maintains satisfactory level work in all of their classes. Any missed tutoring must be approved in advance by the Upward Bound Coach and staff. Students are expected to check-in with their Upward Bound Coach at the beginning of each tutoring session.

#### After-School Tutoring Requirements:

- 3:35 p.m.-4:35 p.m. two days per week
- Begins September 10, 2018 or September 11, 2018 and continues until the end of the school year

Hancock Middle-Senior High School: North Hagerstown High School: South Hagerstown High School: Williamsport High School: Mondays & Wednesdays Tuesdays & Thursdays Tuesdays & Thursdays Mondays & Wednesdays



# Summer Academy and Summer Bridge

June 21 – July 26, 2019

The Upward Bound Summer Academy will take place for 6-weeks. Students will complete coursework and take part in fun and educational activities. During the Academy, students will receive academic enrichment in the core subjects of mathematics, English, science, and foreign language.

The Summer Academy curriculum will be tailored to each student's learning level (A-D), which will be determined through skills assessments. Students who score well on the Accuplacer tests and who meet the minimum age requirement for college enrollment (16 years) will have an opportunity to take college courses taught by HCC professors. College tuition, fees, and books will be covered by the Upward Bound program for all eligible students. Students in the Summer Academy who do not place into college level coursework or who do not meet the age requirement will take part in unique pre-college curricula that will earn them up to two elective credits toward high school graduation. All students will earn grades for their Summer Academy coursework.

Summer Academy Orientation: Friday, June 21, 2019

Summer Academy Classes: Monday-Friday from June 21, 2019

Community Service Activity: Monday, July 29, 2019

Incentive Trip and College Tour: Tuesday-Friday Friday July 30- August 2, 2019

No classes or activities: Thursday, July 4

Transportation, breakfast, and lunch will be provided for all Summer Academy activities.

Upward Bound Summer Academy					
June 21 - July 26, 2019					
Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
7:45am-8:00am	Buses arrive to HCC and drop off students				
8:00am-9:00am	Check-in and breakfast, group activities				
	Summer Academy Classes				
8:30am-11:50am	Learning Levels A and B: Academic coursework for college readiness in math,				
	English, science, and foreign language				
	Learning Levels C and D: College coursework offered by HCC will focus on				
	developmental coursework, college algebra, and English composition				
12:00pm-1:00pm	Lunch, announcements, and group activities				
	Buses will leave campus at 1:00pm				

# Section 3

# Academic Growth and Support



#### Academic Goals and Expectations

Students in the Upward Bound Program should meet the following objectives through services and support offered by the program:

- Maintain a minimum cumulative Grade Point Average (GPA) of 2.5
- Pass High School Assessments and PARCC exams.
- Continue in school to the next grade level or graduate with a high school diploma
- Meet the requirements for the University System of Maryland Completer Program shown in the table below (additional advanced courses are recommended)
- Enroll in post-secondary education (college) by the fall term immediately following graduation
- Attain either an associate's or bachelor's degree within six years following graduation from high school

University of Maryland Completer Program			
Subject	Number of High School Credits Required	Courses	
Writing, Reading, and Literature	4	English or Honors English I to IV (including AP/IB)	
History, Social Science	3	United States Studies II Local, State, National Government World History	
Science (lab based)	3	Biology Chemistry Physics Anatomy and Physiology Earth and Space Science	
World Languages	2	Chinese Latin French Russian German Spanish Japanese (including AP)	
Mathematics	4	3 must be the following: Algebra I Geometry Algebra II	

Additional high school graduation requirements (24 total credits):

- 1 credit fine arts
- 1 credit technology education
- 1 credit physical education
- 1 credit health/life skills
- Remaining electives
- Pass High School Assessments (HSA tests) and PACC exams
- Complete 75 Student Service Learning (SSL) hours

#### **Learning Levels**

Each student will progress through established levels based on his/her academic record and Accuplacer test scores. Levels are not solely based on grade level. General expectations for each level are outlined below:

#### Level A: Achiever (usually 9th grade)

- Attend all Saturday Sessions and complete college-prep workshops
- Attend after-school tutoring twice per week
- Check-in with Upward Bound Coach at the high school at least once per week
- Start Educational Development Plan (EDP)
- Join an school club or sport and begin to earn SSL hours
- Prepare for High School Assessments and PARCC
- Attend the UB Summer Academy and complete pre-college coursework

#### Level B: Learner (usually 10th grade)

- Attend all Saturday Sessions and complete college-prep workshops
- Attend after-school tutoring twice per week
- Check-in with Upward Bound Coach at the high school at least once per week
- Continue building Educational Development Plan
- Prepare for and take the PSATs, HSAs, and PARCC
- Explore colleges and majors, learn about financial literacy & scholarships
- Continue to explore extracurriculars at school and earning SSL hours
- Attend UB Summer Academy and complete pre-college coursework

#### Level C: Scholar (usually 11th grade)

- Attend all Saturday Sessions and complete college-prep workshops
- Attend after-school tutoring twice per week
- Check-in with Upward Bound Coach at the high school at least once per week
- Take PSATs, HSAs, SAT/ACT in the spring, and PARCC
- Finalize Educational Development Plan; complete Algebra II, complete SSL hours
- Narrow down college search and career pathways, search for scholarships
- Attend Upward Bound Summer Academy and complete college coursework

#### Level D: College Bridge (usually 12th grade)

- Attend all Saturday Sessions and complete college-prep workshops
- Attend after-school tutoring twice per week
- Check-in with Upward Bound Coach at the high school at least once per week
- Take Accuplacer for Summer Bridge, SAT/ACT in the fall, or other entrance exams
- Apply to colleges in the fall, work with UB staff and guidance counselors
- Submit the FAFSA and apply for scholarships
- Attend Upward Bound Summer Academy Bridge Program and complete college level coursework (general education courses)
- Establish plans for college transition and continue building resume

# Accuplacer Placement Test

All colleges require placement test scores in order to place students in appropriate coursework. As an Upward Bound student, you will take the Accuplacer Diagnostic test as a freshman and sophomore to assess your skills and help us guide your learning during the summer academy. Upward Bound juniors and seniors will take the Accuplacer assessment to determine placement into college level course work for Summer Academy. This test is free and will be administered in the Academic Testing Center on HCC's campus in February 2019.

Students begin with ACCUPLACER Diagnostics. These adaptive, untimed assessments provide a detailed analysis of each student's academic strengths and weaknesses. Available in four subjects (reading comprehension, sentence skills, arithmetic and elementary algebra), the suite of assessments is designed for use at both high schools and postsecondary institutions.

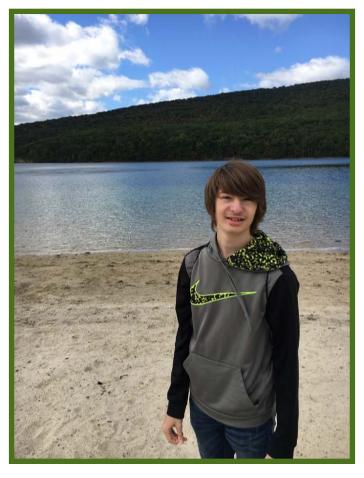
ACCUPLACER is an adaptive assessment. This means that the questions are chosen for you on the basis of your answers to previous questions. This technique selects just the right questions for your ability level. Because the assessment works this way, you must answer every question when it is first given. Each of 3 assessments (reading, sentence skills and mathematics) is untimed so that you can give each question as much though as you wish.

The Accuplacer diagnostics and accuplacer assessment will be administered to all Upward Bound students in February 2019 for placement in Summer Academy learning levels.

Please contact the Upward Bound staff directly with questions or concerns.

# Section 4

# Personal Growth and Support



## Academic & Career Advising

Upward Bound students will receive academic and career advising regularly from qualified staff members. Each student will have an Educational Development Plan (EDP) that is reviewed and updated throughout the year. Upward Bound staff will guide the student through the University System of Maryland Completer Program. Advising also includes personality and career inventories which will help the student better understand his/her personality in order to make the most informed decisions on college major and career pathway.

## College Preparatory Workshops

Saturday Sessions will offer several college preparatory workshops throughout the academic school year including, but not limited to:

- SAT and ACT preparation
- Accuplacer and college placement exam review
- Financial literacy and financial aid
- Scholarship research
- Essay and personal statement writing
- Resume writing
- Career Research
- Choosing a major
- College research
- Peer mentoring
- Transfer options
- Extracurricular activities
- Note-taking and learning styles
- Study skills, time management and organization

# **Guest Speakers**

Throughout Saturday Sessions and the Summer Academy, we are fortunate to have guest speakers available who will join the team during specific workshops. Speakers will include:

- Motivational Speakers
- Professionals from a variety of career fields
- Educational leaders
- TRiO alumni

## Field Trips

Academic and cultural field trips will occur throughout the academic school year and Summer Academy. Transportation will be provided for all trips, and meals will be provided when appropriate. Students will be notified well in advance regarding field trip information. During the school year, field trips will take place after school, on days off, or on Saturdays. During the Summer Academy, field trips will occur on Fridays. Field trips will include college tours; visits to businesses, government agencies, research facilities; field studies; museums; zoos; aquariums; culturally diverse metropolitan cities; historical sites; and team building.

#### Service to the Community

Upward Bound students will have the opportunity to participate in projects throughout the community and earn Student Service Learning (SSL) credit. This may include:

- Habitat for Humanity
- Nursing homes
- Charity Walks
- · Relay for Life
- Donation Drives
- Rubbish Roundup
- Local clean-ups

#### Student Leadership

The Upward Bound program will enable students to think outside the box, and encourage discussion and diversity. Upward Bound fosters an atmosphere where students can learn from one another and have the opportunity to become a leader. Some Upward Bound activities will include group work, which will also build student leadership.

## **Student Surveys**

Students in the Upward Bound program will periodically be asked to complete anonymous surveys to help ensure that the program provides the best quality services to all participants. Surveys will request student feedback, comments, and suggestions in order to make improvements to the program. The surveys will be administered by Upward Bound Coaches or staff either on paper or online.









# Section 5

# Guidelines and Policies



#### **Behavioral Guidelines**

Students are expected to show respect for all staff members, fellow students, and themselves. It is important for Upward Bound students to support the program as well as each other. Maintaining a positive and healthy attitude towards the Upward Bound program will undoubtedly foster a positive and healthy working environment for the Upward Bound team.

- Students are expected to display a positive attitude towards learning and maintain an open mind to exploring new experiences and activities.
- Treat students and staff in a respectable way.
- Please use manners (i.e. please and thank you).
- You are responsible for your belongings and are discouraged from bringing valuable items to Upward Bound activities. The Upward Bound program and staff are not responsible for lost items.
- Show respect for the property, privacy, and personal space of other persons
  as you want them to have respect for you and your belongings; do not deface,
  destroy or damage the personal property of other students, the school, or the
  college.
- If you borrow items from a staff member or another student, return it in the same condition as you received it.
- Refrain from using profanity or yelling during any Upward Bound activity.
- Participate in planned social, recreational, and cultural activities.
- Work with other students and staff to resolve any conflicts that may arise.
- Communicate with staff about specific concerns and/or share any suggestions for change.
- Communicate in a straightforward and honest way (gossip, rumors, lies, secrets, etc. will not be tolerated).
- Refrain from any public displays of affection.
- Report any threats or harassment to any Upward Bound staff member.
- Follow all directions given by an Upward Bound staff member.
- Accept responsibility for your actions.
- Students are expected to arrive on campus dressed in an appropriate manner.
- While participating in Upward Bound activities, students are to adhere to all school rules and college policies. Consult the institution's student handbook for more information. Appropriate Upward Bound personnel have the right, at any time, to exclude a student from activities due to failure or inability to follow any and all rules and policies as directed.

#### Student Conduct

To be in good standing in the Upward Bound program, a student is required to maintain good behavior and follow the expectations of the program in his or her high school as well as during program activities on and off campus. Upward Bound staff comments, severity, and frequency are all evaluated when determining consequences of inappropriate behavior. If school officials and/or Upward Bound staff deem a student's behavior as inappropriate, disciplinary action will occur.

#### Cell phones, iPods, MP3 players, etc.

Cell phones and electronic devices should not be a distraction during UB activities. UB staff respect student needs but would like for them to be present and fully participating during events.

#### Dress Code

Students who attend an Upward Bound sponsored event are expected to dress appropriately. You will be representing Hagerstown Community College and your high school. Standard body coverage is required, which means do not wear clothing that exposes the stomach, cleavage, or underwear. Do not wear clothing with inappropriate messages or phrases. Upward Bound staff will make the final decision on whether clothing is appropriate in accordance with program and high school guidelines. Students may be asked to leave if their clothing is determined inappropriate.

#### Smoking, Alcohol, and Unlawful Activity

Any and all actions that are illegal (i.e. stealing, possession of illegal substances, vandalism, etc.) will not be tolerated. Alcohol, smoking, or any other tobacco product is not permitted during any Upward Bound activity. Such actions will result in dismissal from the program.

#### Sexual Harassment

Consistent with federal and state laws, HCC Upward Bound is committed to maintaining a positive learning and working environment free from all forms of sexual harassment. Sexual harassment by any employee, student, visitor, and/or any individual who conducts business on behalf of the college is prohibited. Individuals should report cases of sexual harassment to the Upward Bound Coordinator.

## Disciplinary Action

As a fair and justified means of discipline, Upward Bound staff support natural and logistical consequences; which means consequences will be as directly related to the offending action. Each incidence requiring a behavioral consequence will be recorded in the student's Upward Bound file.

**Initial Discussion** - If a student violates a program rule or regulation, there will be a verbal warning between the student and a member of the Upward Bound program staff. After receiving two verbal warnings, the staff will provide a written explanation of the problem, and the program manager will phone the student's parent or guardian to discuss the violation.

**Disciplinary Action** - The Upward Bound manager will phone the parent/guardian. Students and their parents may be required to meet with the program manger to discuss the situation. Students may also be restricted from participating in recreational Upward Bound activities.

**Dismissal** - A student may be dismissed from the program for two serious violations of program rules and regulations. When a student is dismissed from the program, the parent/guardian will be sent a written letter from the Upward Bound program manager explaining the violations.

#### **Attendance Policy**

Student success depends on participation in program activities. Attendance is required and will be recorded for each activity. Please show up for all workshops and activities on time and be prepared to work. In order to maximize the impact of the program, the following attendance policy will be in place:

- Students are encouraged to attend all program activities, including tutoring, Saturday Sessions, trips, guest speakers, service learning, Summer Academy, and Summer Bridge.
- Students are encouraged to maintain at least 80% attendance at all Saturday Sessions scheduled throughout the academic year.
- Students are encouraged to maintain at least 80% attendance at all tutoring sessions scheduled throughout the academic year. Students who participate in school sponsored after-school activities may request advanced permission to be excused from a tutoring session.
- Students are expected maintain at least 80% attendance during the Upward Bound Summer Academy.
- The student will face possible dismissal of the program if they do not adhere
  to the Upward Bound attendance policy.

## **Academic Probation Policy**

Students are expected to maintain at least a 2.5 GPA to remain in the Upward Bound program. In the event that a student falls below a 2.5 GPA, the student will be placed on Academic Probation and the Upward Bound staff will fully support the student to work toward raising his/her GPA.

- Students must be willing to demonstrate progress toward raising their GPA by utilizing the after school tutoring sessions and talking with their teachers and Upward Bound staff.
- Students who do not demonstrate 100% positive progress, which means going to
  every tutoring session and working hard, will not be able to attend cultural enrichment
  activities or other Upward Bound recreational activities (ie. field trips).
- Students will remain on academic probation until the GPA is at least a 2.5.
- Students whose GPA remains below a 2.5 for consecutive grading periods face possible dismissal from the program.

# Special Accommodations

Hagerstown Community College provides reasonable accommodations to students with disabilities in accordance with the Americans with Disabilities Act (ADA) and the Rehabilitation Act of 1973 and its amendments. Although the College does not have a special education program for students with disabilities, the Disability Services Office coordinates the provision of reasonable accommodations which are determined on an individual basis.

All accommodations are based upon documentation that must be provided by a licensed or certified professional. It is the student's responsibility to identify him/herself to the Upward Bound advisor or manager, as well as disability services. Contact Jaime Bachtell at 240-500-2273 (TTY 301-739-5813) for more information regarding specific accommodations.

## **Student Progress Checks**

Each month Upward Bound students will meet individually with Upward Bound staff at their high school. During these meetings, students will review their StudentVUE account to view their progress and make goals for their classes. Upward Bound staff will contact parents and/or teachers directly if a student continues to struggle in class in order to collaborate a plan of action. A record of the meeting will be recorded in the student's Upward Bound file. It is important to consider the immense responsibility to keep track of grades via a student portal in college, therefore UB students will should be using their WCPS account regularly. The goal is for each student to establish accountability of their own success in school progress.

Parents also have access to an account to view their children's school information and grades through ParentVUE, contact your child's guidance department if you need your access code.

#### LOG INTO ACCOUNT

 In your web browser, enter the address provided by the school district https://spportal.wcps.k12.md.us and press ENTER.

The ParentVUE and StudentVUE Access screen opens.



- 2. If other languages are supported, they will be listed at the bottom. Click on the preferred language. The screen default is English.
- 3. Click I am a student. The STUDENTVUE Account Access screen opens.
- 4. Enter User Name and Password. Click Login.



## **Inclement Weather Policy**

When severe weather and other emergencies occur that impact Upward Bound activities, announcements will be made to inform students and parents using several different methods: email, text message alerts, Facebook updates, phone calls or by checking www.hagerstowncc.edu/about-hcc/campus-police/college-closings. Students are cautioned to check their messages to receive the latest news and updates prior to attending Upward Bound activities

#### After-school tutoring

The Upward Bound program will follow the WCPS decisions on school closings and cancellations for all after-school activities.

#### Saturday Sessions

Saturday Sessions will not be held if HCC is closed. In the event that HCC remains open during periods of potential inclement weather, the Upward Bound manager will make a final decision based upon safety and availability of bus transportation. All students will be contacted if there are cancellations.

#### Parent Meetings

Parent meetings will not take place if HCC campus is closed.

#### Field Trips

Field trips scheduled on weekdays will not take place if WCPS is closed. For trips that occur on weekends, the Upward Bound manager will make a final decision based upon safety and availability of bus transportation. All students will be contacted if there are cancellations.



## Confidentiality Policy

The personal information requested of you by the Upward Bound staff is a requirement of the U.S. Department of Education, and is considered necessary to substantiate your eligibility to participate. No one may view this information, unless they work for the Upward Bound Program, are involved with the Upward Bound tracking and evaluating, or are otherwise specifically authorized to see the information.

In accordance with the Privacy Act of 1974 (Public Law No. 93-579, 5 U. S.C. 552A), you are hereby notified that the Department of Education is authorized to collect information to implement the Upward Bound program under Title IV of the Higher Education Act of 1965, as amended (Pub. Law 102-325, sec. 402C). In accordance with this authority, the Department receives and maintains personal information on participants in the Upward Bound program. The principle purpose for collecting this information is to administer the program, including tracking and evaluating participants' academic progress. Providing the information, including a Social Security number (SSN), is voluntary; failure to disclosure a SSN will not result in denial of any right, benefit, or privilege to which the participant is entitled. The information that is collected will be retained in the program files and may be released to other Department officials in the performance of official duties.



# Participation Incentive Points

Students who participate in all Upward Bound activities and those who go above-and-beyond the minimum requirements of the program will be rewarded with incentive points that will determine eligibility for limited-availability field trips. Students will also have an opportunity to attend an extended incentive trip and college tour at the conclusion of the 2019 summer academy. Students may also receive additional awards or recommendation letters throughout the year for earning the highest point scores among their peers.

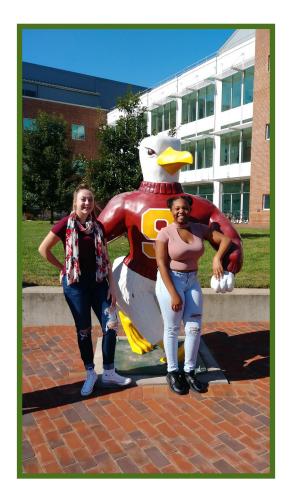
Incentive Point(s) Values	Upward Bound Activity	Time Commitment	Frequency of Assessment	
6	Saturday Session	4 Hours	Once per month	
1	Tutoring Session: Full attendance & participation	1 Hour	Twice per week	
.5	Tutoring Session: Sign in, but no participation		Twice per week	
10	Distinguished Honor Roll	Each marking	Four times per year	
5	Honor Roll	period	Tour times per year	
8	College Visits & Field Trips	6+ Hours	10 - 12 times per year	
0	Community Service Activities	Varies	Volunteering is a reward in itself	
3	Parent Meetings (earn for parent attendance)	1 Hour	5 times per year	
1 – 5	Going above and beyond (consult with UB staff)	Varies	Varies	





# Section 6

# Upward Bound Parent Support



## Parent Support & Meetings

Parents and guardians are an important part of every child's development. We recognize and value the role of a parent in a student's life and therefore encourage active involvement by our students' parents and/or guardians. To learn about student achievements, updates, upcoming activities, or to make suggestions and program improvements, parents are invited to monthly meetings. Students are also welcome to attend these meetings with their parent or guardian, but it is not necessary. Parent meetings are held in a group setting and discussions/idea sharing is encouraged. Please mark your calendars for the following dates and times.

#### Upward Bound Parent Meetings will take place on the following days:

Tuesday, September 25, 2018 6:30pm-7:30pm Career Programs Building (CPB), room 210 Park in Lot D, enter building & make your first left. The meeting will be in the third room on your right.

Tuesday, November 27, 2018 6:30pm-7:30pm Career Programs Building (CPB), room 214 Park in Lot D, enter building & make your first left. The meeting will be in the first room on your right.

Tuesday, January 29, 2019 6:30pm-7:30pm Career Programs Building (CPB), room 214 Park in Lot D, enter building & make your first left. The meeting will be in the first room on your right.

Tuesday, March 26, 2019 6:30pm-7:30pm Career Programs Building (CPB), room 214 Park in Lot D, enter building & make your first left. The meeting will be in the first room on your right.

Tuesday, May 28, 2019 6:30pm-7:30pm Career Programs Building (CPB), room 214 Park in Lot D, enter building & make your first left. The meeting will be in the first room on your right.

#### How to be Involved

- Talk to your child about high school activities and assignments
- Discuss going to college and possible career field choices
- Encourage good study habits, including time management, and prioritizing
- Talk to the Program Manager about attending an Upward Bound Saturday Session
- Volunteer to chaperone field trips
- Communicate with Upward Bound staff, Upward Bound Coaches, counselors, and teachers
- Participate in monthly Upward Bound Parent Meetings
- Attend the End of the Year Awards Ceremony on Thursday, July 25, 2019

## Parent Resources

In addition to parent meetings and opportunities to be involved as a volunteer with the Upward Bound program, parents are provided a short list of helpful web resources to assist you with common questions about college preparation. Many additional resources are available through the Upward Bound office at HCC.

HCC Upward Bound Program
WCPS College and Career Readiness
The College Board (SAT/AP)
The College Navigator
Bureau of Labor Statistics
Federal Student Aid
Financial Aid information (FAFSA)
Financial Aid
Fastweb (scholarships)
Go See Campus

US New Education Princeton Review Personality Inventory (Myers Briggs) Council for Opportunity in Education US Dept. of Ed TRIO Upward Bound

EICA Education Center

Inside Higher Ed

www.hagerstowncc.edu/upwardbound www.wcpscollegeandcareer.weebly.com www.collegeboard.org

www.nces.ed.gov/collegenavigator www.bls.gov

www.bis.gov www.studentaid.ed.gov

www.fafsa.ed.gov www.finaid.org www.fastweb.com

www.goseecampus.com

www.iecaonline.com/education.html www.insidehighered.com/blogs www.usnews.com/education

 $www.princeton review.com/best-value-colleges.aspx\\www.human metrics.com/cgi-win/jtypes2.asp$ 

www.coenet.us

www2.ed.gov/programs/trioupbound/index.html

## Recognition Ceremony

Upward Bound student accomplishments will be celebrated at an end-of-the-year Reception on the evening of Thursday, July 25, 2019. This will conclude the Upward Bound Summer Academy. Students may invite their family, teachers, supporters, and friends to attend the event. Student achievements will be recognized, success stories will be shared, graduates will be honored, guest speakers will address the audience, and awards will be presented. This is a wonderful way for parents and guardians to celebrate their child's accomplishments.



# Section 7

# Sample Student Contracts and Forms





### Hagerstown Community College Upward Bound Student Participant Contract



Go to www.hagerstowncc.edu/upwardbound/handbook to review the TRiO Upward Bound student handbook so you have a good understanding of the program. Upward Bound participation is a privilege, and it is your responsibility to follow the rules and expectations reviewed in this handbook as an Upward Bound participant.

and agree to meet the requirements and exp Hagerstown Community College. Should I I Upward Bound staff member. I recognize an	e 2018-2019 Upward Bound Student Handbook bectations of the Upward Bound Program at have questions or concerns, I will contact an ad understand that failure to meet any of the itlements, a family conference, or release from
Student Signature:	Date:
Parent (	Contract
to commit to the following requirements to	ollege Upward Bound Program are expected assist their child reach their education goals. derstand what is expected and are willing to n the space provided below.
<ul> <li>child in enrolling in postsecondary</li> <li>I will encourage my child to fully postsecondary</li> <li>I will encourage my child to fully postsecondary</li> <li>I will attend and participate in the lowhen possible.</li> <li>I will participate in meetings with the to prepare for the college admission process.</li> </ul>	participate in the Hagerstown Community tivities.  bi-monthly Upward Bound Parent Meetings e Upward Bound staff and my son/daughter acial Aid Workshop with my son/daughter year Upward Bound Recognition
Parent/Guardian Name (print):	Date:
Parent/Guardian Signature:	
Contact Number:	

#### RELEASE AND AUTHORIZATION TO PHOTOGRAPH

of	Release executed on		(full name)
(city	v/state), here referred to as rel LLEGE, here referred to as rel	easor, in favor of HAG	ERSTOWN COMMUNITY
my rele	In consideration for value asor hereby consents to being name, together with any subjusce to cause the same to be extill photographs, transparencialia; and for any use whatsoever	the subject of the photo ect matter owned by rel hibited, with or without es, motion pictures, tele	easor, and hereby authorizes the advertising sponsorship,
,	Releasor hereby releases releasend all claims for damages for do use of the above-describe	libel, slander, invasion	as well as any assignees, from of privacy or any other claim
СО	In witness whereof, releas MMUNITY COLLEGE on th		
Sign	nature		

Printed Name



## Waiver of Liability Informed Consent Form

HAGERSTOWN COMMUNITY COLLEGE	Name of Course/Activity HCC TR	iO Upward Bound Program
Name (Ple	ease Print)	
Address		
City, State	e, Zip Code	
Telephone	e Number	
I do hereb in this pro	oy agree to assume all risks and responsib ogram.	pilities surrounding my participation
from any d I hereby rel directors, i used to co liabilities theirs and theirs and theirs judgments property the	ffirm by my signature that I am in good plisability that would prevent or limit my voulease and hold harmless Hagerstown Comfaculty, coaches and employees; participanduct the event, their officers and empto the undersigned, his/her dependent next of kin for any and all damages, expense, actions or causes of action as a result of hat I may sustain or suffer during, or arise or my legal dependent become injured drovide or obtain necessary medical attentions.	luntary participation in this program, munity College, its Trustees, officers, ants; owners and lessees of premises bloyees from and against any and all its, assigns, personal representatives unses (including attorney fees), claims of any loss or injury to the person or sing out of, the program.
	and that it is my responsibility to obtain ury to person or property.	appropriate insurance to cover any
I have read in this pro	d and understand this release and voluntar ogram.	ily sign this document and participate
Signati	ure of Participant	Date
If participa	ant is under 18 years of age:	
Parent / C	Guardian Name (Print)	
Signati	ure of Participant	 Date

<sup>\* \* \*</sup> Waiver must be signed before participation in any course/activity involving travel sponsored by HCC. \* \* \*



#### Hagerstown Community College TRiO Upward Bound Program Emergency Contact & Medical Information Form 2018-2019



Participant's Full Name:(First)	(Middle)	(Last)
Street Address:	·	, ,
City, State, Zip:		
Parent/Guardian 1 Name:		
		_
Work Phone Number:	Mobile Pho	one Number:
Parent/Guardian 2 Name:		Relationship:
Work Phone Number:	Mobile Pho	one Number:
In case of an emergency and parent/guardian of		•
Name:	Relationship:	Phone:
N	<b>Iedical Information</b>	
Medical Insurance Company:		Policy No
Insurance Card Holder:		Birthdate:/
Primary Care Provider:		Phone:
Medical Conditions:		
Allergies: (food, environmental, or insect)	Medications	: (name, dosage, route, & interval)
*Note: HCC staff are not authorized to administe		
students. If a student needs to take medication dur the Upward Bound program at the time of enrollm		
Dietary Preferences (i.e. vegetarian)		
My child has my permission to participate in U	Ipward Bound activities.	Should my child or my legal dependent
become injured during this activity, my permis	sion is given to provide or	obtain necessary medical attention.
Parent Signature:		Date:



## Upward Bound Incident Report Form



Full Name:				Date:	./	/
Position Title:				Phone:		
Email:						
Address:						
Nature of Report:		Behavioral		Academic Integrity		Early Alert
(Check all that apply)		Medical		Injury		Other
Time & Location of l	Repor	t:				
Persons Involved:						
Description of events						
Please attach any supp	oortin	g documentatior	n to thi	s form.		
Parent/Guardian Sign	nature	:				

# Upward Bound Student Handbook Appendix



# CAMPUS MAP



# Upward Bound Target High School Information

#### North Hagerstown Main Office:

ph.: 301-766-8238 fax: 301-791-9127

Administration:

Principal- James Alshire

Assistant Principal – Mr. Darrell Marriott Assistant Principal – Mr. Adam Robinson Assistant Principal – Mr. Christopher Cline Assistant Principal – Dr. Kara Burhans

Counseling Center: (301)-766-8243

Mrs. Kathleen Eck (grade 9) eckkat@wcps.k12.md.us

Mr. Christian Palmer (grade 10) palmechr@wcps.k12.md.us

Ms. Dejyah Spragley (grade 11) spragdey@wcps.k12.md.us

Mr. John Gest (grade 12) gestJoh@wcps.k12.md.us

Ms. Carol Kreykenbohm-Barnhart (College and Career Testing) kreykcar@wcps.k12.md.us

#### Hancock Main Office:

ph.: 301-766-8186 fax: 301-766-8197

Administration:

Principal - Ms. Sabrina Mccoy

Counseling Center:

Ms. Susan Schultz (grades 7-12) schulsus@wcboe.k12.md.us

#### South Hagerstown Main Office:

ph.: 301-766-8369 fax: 301-766-8474

Guidance

ph: 301-766-8374 fax: 301-766-8374

Administration:

Principal - Mr. Jeremy Jakoby

Assistant Principal – Mr. Rob Compton Assistant Principal – Mr. John Shirk Assistant Principal – Mr. Todd McCarty Assistant Principal – Mr. Bob Stike

Counseling Center: Mr. Eric Evitts (grade 9) evitteri@wcps.k12.md.us

Mrs. Susan Starsinic (grade 10) starssus@wcps.k12.md.us

Mrs. Lauren Silkey-Parker (grade 11) silkelau@wcps.k12.md.us

Mrs. Joy Franklin (grade 12) frankjoy@wcps.k12.md.u

#### Williamsport Main Office:

ph.: 301-766-8423 fax: 301-776-8439

Administration:

Principal - Mr. Heath Wilcox

Assistant Principal - Mrs. Rachel Kane-Kirkpatrick

Assistant Principal - Mr. Bradley Delauter Assistant Principal - Mr. Carl Brindley

Counseling Center: 301-766-8426

Fax: 301-766-8438

Mrs. Krista Downs (grade 9 K-M, grade 10)

downskri@wcps.k12.md.us

Mr. Randy Longnecker (grade 9 A-J, grade 11)

longnran@wcps.k12.md.us

Mrs. Stephanie Howe (grade 9 N-Z, grade 12)

howeste@wcps.k12.md.us



## **Upward Bound 2018-2019 Activities Calendar** This schedule is subject to change. Students will be notified in advance of any changes.



FEBRUARY '19								
S	M	Т	w	Th	F	S		
					1	2		
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28				

- 9 Saturday Session Accuplacer@ HCC (9-1)
- 18 No School
- 23 TRIO Day

3 Labor Day									
4 School Begins	s	M	Т	w	Th	F	S		
8 Saturday Session							1		
@ SHHS (9-1)	2	3	4	5	6	7	8		
<b>10-11</b> Tutoring begins at	9	10	11	12	13	14	15		
each high school	16	17	18	19	20	21	22		
22 Renaissance Festival	23	24	25	26	27	28	29		

MARCH '19									
S	М	M T W Th F							
					1	2			
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
17	18	19	20	21	22	23			
24	25	26	27	28	29	30			
31									
_									

- 9 Saturday Session @ HCC (9-1)
- ? Wizards Sports Career Day
- 26 Parent Meeting

25	Parent Meeting	30						
10	College Fair @ HCC		С	СТ	OBE	R "	18	
		S	М	т	W	Th	F	S
13	Saturday Session		1	2	3	4	5	6
	@ SHHS (9-1)	7	8	9	10	11	12	13
		14	15	16	17	18	19	20
19	College Visit	21	22	23	24	25	26	27
		28	29	30	31			ĺ

APRIL '19									
S	М	Т	w	Th	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30							

- 5 No School 13 Saturday Session @ HCC (9-1) 19/22 No School
- 27 Maryland Day @ UM College Park

6 College Visit		NO	ΟVΕ	MB	ER '	18	
10 Saturday Session	s	М	Т	w	Th	F	s
@ SHHS (9-1)					1	2	3
	4	5	6	7	8	9	10
21-23 No School	11	12	13	14	15	16	17
27 Parent Meeting	18	19	20	21	22	23	24
	25	26	27	28	29	30	



30

- 11 Saturday Session @ HCC (9-1)
- 27 No School 28 Parent Meeting

8	Saturday Session	
	@ SHHS (9-1)	S
15	A Christmas Carol	2
	@ Ford's Theater	9
		16
	Red Cross Gift	23

Wrapping

DECEMBER '18									
s	М	T W Th F S			s				
						1			
2	3	4	5	6	7	8			
9	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	31								

		JU	NE	'19			7 Last Day of Oaksal
s	M	Т	w	Th	F	S	7 Last Day of School –
						1	Assuming no bad weather
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	21 Summer Orientation

21 Summer Orientation 24-28 Summer Academy @ HCC (8-1)

12	Saturday Session	JANUARY '19						
	@ HCC (9-1)	s	М	Т	w	Th	F	s
21	M   K   D @   U00			1	2	3	4	5
	M.L.K. Day @ HCC	6	7	8	9	10	11	12
		13	14	15	16	17	18	19
	No School	20	21	22	23	24	25	26
29	Parent Meeting	27	28	29	30	31		

JULY '18									
s	М	Т	w	Th	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31	1	2				

16 17 18 19 20 21 22

23 24 25 26 27 28 29

1-26 Summer Academy @ HCC (8-1) HCC Closed

25 UB Reception 29 End of SA Trip 7/30-8/2 Incentive Trip \*Invite Only\*

Weekly Tutoring Schedule from 3:40 - 4:40: SHHS & NHHS: Tuesday/Thursday

Hancock & WHS: Monday/Wednesday