

**CareFirst of Maryland, Inc.**



## Vision Care Benefits

Your Group Contract

10455 Mill Run Circle  
Owings Mills, Maryland 21117

**CareFirst of Maryland, Inc.**  
doing business as  
**CareFirst BlueCross BlueShield**  
10455 Mill Run Circle  
Owings Mills, Maryland 21117-5559

A private not for profit health service plan incorporated under the laws of the State of Maryland.

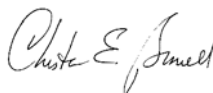
An independent licensee of the Blue Cross and Blue Shield Association.

**GROUP CONTRACT**

The consideration for this Group Contract is: (1) the Group Contract Application; (2) the payment of premiums when they are due, and (3) the fulfillment of the Group's obligations set forth herein. CareFirst BlueCross BlueShield (CareFirst) agrees to provide the benefits described in this Group Contract for a period of 12 months beginning on the Group Effective Date as stated in the Group Contract Application and from year to year after that, unless the Group Contract is amended or terminated in accordance with the terms of this Group Contract.

Group Name: HAGERSTOWN COMMUNITY COLLEGE  
Group Number: 66944  
Effective Date: July 1, 2018

**CareFirst of Maryland, Inc.**



\_\_\_\_\_  
Chester E. Burrell  
President and Chief Executive Officer

These provisions govern the relationship between the Group and CareFirst. As such, they may not be contained in the benefit guides that are provided for the use of Members.

- I. Definitions. In addition to the definitions contained in the Evidence of Coverage, the underlined terms, when capitalized in this Group Contract, are defined as follows:

Benefit Materials, as used in this Group Contract, means (i) any enrollment or other coverage information or materials provided by CareFirst to the Group for delivery to Eligible Persons, (ii) the Evidence of Coverage, and (iii) any benefit summaries or other notices or materials relating to the Evidence of Coverage required by federal or state law or regulation to be provided by the Group or CareFirst to Eligible Persons.

Blue Cross and Blue Shield Association, as used in this Group Contract, means the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

COBRA means the Consolidated Omnibus Budget Reconciliation Act of 1985, as amended.

Eligible Person, as used in this Group Contract, means a person identified in the Evidence of Coverage as eligible to enroll including, but not limited to: (i) employees, (ii) former employees whose eligibility for group coverage has been extended due to COBRA requirements or the Maryland Continuation of Coverage provisions stated in the Evidence of Coverage, and (iii) their eligible dependents.

ERISA means the Employee Retirement Income Security Act of 1974, as amended.

Group, as used in this Group Contract, means the employer or other organization named on the Group Contract Application and to which CareFirst has issued the Group Contract and Evidence of Coverage

Group Contract Application, as used in this Group Contract, means the Group Contract Application submitted by the Group to CareFirst pursuant to which CareFirst has issued this Group Contract. The Group Contract Application is a part of this Group Contract.

Evidence of Coverage, as used in this Group Contract, means the Evidence of Coverage attached to this Group Contract, including all duly authorized attachments, amendments, and riders.

- II. Minimum Enrollment Requirements. The composition of the Group, the Group's eligibility and enrollment requirements and the structure of the Group's benefit offerings to potential Members which exist on the Effective Date of this Group Contract as stated in this Group Contract or on the Group Contract Application are material to the execution of this Group Contract by CareFirst. Therefore, during the term of this Group contract, no change in the Group's eligibility or participation requirements, or renewal dates shall be permitted unless CareFirst agrees to the change in writing. If at any time, the Group changes the composition of the Group, does not meet the eligibility and enrollment requirements, or changes the structure of the Group's benefit offerings to potential Members that exist on the Effective Date of this Group Contract as stated in this Group Contract or on the Group Contract Application, CareFirst reserves the right to rescind the proposal, revise the rates, terminate the Group Contract, refuse to renew this Group Contract, or terminate a CareFirst product offered by the Group.

- III. Group Cooperation - Benefit Materials.

- A. The Group shall: (1) deliver to Eligible Persons all Benefit Materials within the timeframes and in the manner specified by law or regulation, or as instructed by CareFirst; and (2) allow CareFirst reasonable access to the Group's employees and other eligible persons for purposes of enrollment. The Group shall promptly provide any information requested by CareFirst to prepare any Benefit Materials.

- B. The Group shall maintain a record of its distribution of Benefit Materials to Eligible Persons. The Group shall provide such records to CareFirst within 15 days of request.
- C. The Group shall indemnify, defend, and hold harmless CareFirst from all claims, damages, losses and liabilities, including reasonable attorney's fees, arising out of any failure by the Group to provide any Benefit Materials to Eligible Persons within the timeframes specified by law or regulation or as instructed by CareFirst.

IV. Group's Cooperation Obligation Relating to Medicare Secondary Payer and Section 111 Reporting Obligations. This Section applies to CareFirst's reporting obligations under Section 111 of the Medicare, Medicaid and SCHIP Expansion Act of 2007, and related regulations and the coordination of benefits under section 1862(b) of the Social Security Act (collectively "Section 111").

- A. The Group agrees to provide the following information to CareFirst when requested:
  1. The Group's federal Employer or Tax Identification Number (TIN).
  2. The identification, including federal Employer or Tax Identification Number (TIN), of all parent entities, subsidiary entities, and any affiliated entities, wherever located, and if the Group filed a consolidated federal tax return with any other entity in the past 12 months, the identification of the entity or entities with whom the consolidated federal tax return was filed.
  3. The Group's number of employees (defined as the total number of people employed (both full-time and part-time) by the Group and any parent entities, subsidiary entities, and any affiliated entities, wherever located.
  4. The employment status (i.e. active, retired, COBRA) of all employees and the effective and termination dates of status.
  5. The disability status of all employees and dependents, if known, and the effective and/or termination dates of each identified person's disability status.
  6. The social security number (SSN) or Health Insurance Claim Number (HICN) for each person covered under the Evidence of Coverage.
- B. The Group shall promptly report to CareFirst any change in the number of employees (defined as the total number of people employed (both full-time and part-time) by the Group and any parent entities, subsidiary entities, and any affiliated entities, wherever located) increases from the number reported to CareFirst to (i) more than 20 employees; or (ii) more than 100 employees.
- C. For purposes of its reporting and coordination of benefits obligations under Section 111, CareFirst, in its sole discretion, shall determine the number of employees attributable to the Group. This means that CareFirst may treat all employees eligible to enroll under a single health care plan purchased by the Group even though the Group consists of more than one distinct corporate entity. Likewise, CareFirst may combine different corporate entities that have separate health care plans into a single employee group where those different corporate entities are commonly owned or file a consolidated tax return. The Group waives any right to assert any claim against CareFirst based upon any determination made by CareFirst relating to Group's employer size for purposes of Section 111.
- D. CareFirst shall, in its sole discretion, coordinate benefits relating to Medicare based upon the employer size information it has received from the Group, and any other information in its possession. The Group waives any right to assert any claim against CareFirst based

upon any determination made by CareFirst relating to the coordination of benefits relating to Medicare.

- E. Indemnification of CareFirst by the Group. The Group agrees to indemnify, defend, and hold harmless CareFirst and its officers, directors, agents, employees, and affiliates from all demands, claims, damages to persons or property, losses, liabilities, or expenses, including reasonable attorney's fees, arising out of or caused by: (1) any failure or error by the Group in providing the information requested by CareFirst under this section; and (2) any error by CareFirst in coordinating benefits relative to Medicare due to any error or failure by the Group in reporting its employer size to CareFirst.

V. Group Administration.

- A. In any case in which the Eligible Person will be responsible for a portion of the monthly premiums upon enrollment, the Group shall make the appropriate payroll deductions, if applicable, for enrolled Members.
- B. The Group agrees to furnish CareFirst on a monthly basis, and on CareFirst's approved forms, such information as may reasonably be required by CareFirst for the administration of the coverage provided under this Group Contract.
- C. The Group agrees to receive on behalf of all Eligible Persons any notices or other materials furnished by CareFirst and to deliver such notices or materials to these individuals.

VI. Member Effective Dates. Coverage for Eligible Persons enrolled under the Evidence of Coverage becomes effective on the date stated in the Evidence of Coverage.

VII. Payment Provisions.

- A. Monthly Premiums. Initial premiums are due on or before the effective date of the Group Contract. Subsequent premiums are due each month on the Premium Due Date. The Premium Due Date is the first day of the month for the period for which the premium applies. If the Group elects to pay premiums through an electronic payment, CareFirst may not debit or charge the amount of the premium due prior to the Premium Due Date, except as authorized by the Group.
- B. Grace Period. Except for the initial premium(s), there is a grace period following the Premium Due Date within which overdue premiums can be paid without loss of coverage.
1. A grace period of 31 days following the Premium Due Date will be granted for payment of each monthly premium due subsequent to payment of the first premium. No grace period shall apply if CareFirst does not intend to renew the Group Contract beyond the period for which premiums have been accepted and notice of the intention not to renew is delivered to the Group at least 45 days before the premium is due. During the grace period the Group Contract shall continue in force.
  2. Unless CareFirst receives a notice of the Group's intention to terminate the Group Contract before the end of the grace period, CareFirst will collect the premium for the 31-day grace period.
  3. If CareFirst receives a notice of the intention to terminate the Group Contract during the grace period, CareFirst will collect the premium for the period beginning on the first day of the grace period until the date on which notice is received, or the date of termination stated in the notice, whichever is later.

4. If the premium for the 31-day grace period is paid after the grace period ends, CareFirst may charge interest for the premium, but interest may not begin to accrue during the 31-day grace period, and the interest rate charged will not exceed an effective rate of 6 percent per year.
  5. Non-Payment of Premiums. If premiums are not received by the Premium Due Date and CareFirst does not receive a notice of the Group's intention to terminate the Group Contract, CareFirst will notify the Group in writing of the overdue premiums. If CareFirst receives payment of all amounts listed on the notice prior to the end of the grace period, coverage will continue without interruption. If CareFirst does not receive full payment prior to the end of the grace period, CareFirst will, upon notice to the Group, terminate the Group Contract, effective as of 11:59 p.m. Eastern Time on the last day of the grace period. Members will be liable for the cost of any benefit provided or paid by CareFirst for services received after the effective date of termination subject to the extension of benefits provision. The Group will be liable for all premiums or other outstanding charges incurred up to and including the date of termination.
- C. Payment of all premiums is a condition precedent to the performance of CareFirst's duties and obligations hereunder. The Group will remit a premium for each Member under the terms of this Group Contract.
- D. Premium Adjustments. All premium adjustments for Members enrolling or terminating during a coverage month will be calculated on a pro-rated basis. Calculated premium adjustments will be applied to the next month's Group premium charges as follows:
1. New enrollment will result in additional premium charges due; and
  2. Terminations will result in a credit toward the premium charges due.
- E. Retroactive Termination of Members. When the Group fails to provide prospective notice of a Member's termination, CareFirst will only retroactively terminate a Member's coverage to 11:59 p.m., Eastern Time, on the last day of the month prior to the month in which the notice of termination is received by CareFirst or; if claims have been received and processed, the day after such processing.

For example, if CareFirst receives retrospective notice of termination on December 16, CareFirst will only retroactively terminate a Member's coverage to November 30. However, if claims have been received and processed after such date, then CareFirst will terminate coverage the day after such processing. For example, if claims are received and processed December 5, termination will be December 6.

The Group agrees to indemnify and hold harmless CareFirst, its subsidiaries, officers, employees, agents and contractors from any and all claims, actions, damages, liabilities, and expenses whatsoever (including reasonable attorney fees) incurred or for which liability for the payment of has been determined, as a result of any act or omission on the part of the Group or its subsidiaries, officers, employees, agents and contractors in connection with or related to any failure to comply with any provisions of law, regulation or administrative directive, relating to or concerning the providing of timely and adequate certificates of creditable coverage and as the same is more fully addressed and set forth under the applicable provisions of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and any future amendments thereto.

- F. Premium Increases. CareFirst reserves the right to increase a premium during the contract period. The Group will be notified of a premium increase by mail or, if consent has been given, by e-mail to the Group's last known e-mail address 45 days prior to the effective date of the new premium.

- VIII Misstatement of Age. If the benefits or premium set out in this Group Contract vary based on the Member's age, and if the age of a Member is misstated by the Subscriber or Group, an equitable adjustment of the benefits or premium will be made by CareFirst. Any benefit determinations or premium charges made based on the Member's misstated age will be adjusted by CareFirst as soon as reasonably possible by recalculating the benefit or premium using the correct age, and written notification will be sent to the Member.
- IX. Amendment Procedure. Amendments must be consistent with state law. CareFirst may amend the Group Contract with respect to any matter, including premium rates, by mailing or, if consent has been given, by e-mailing to the Group's last known e-mail address a notice, including any amendment(s), where applicable, to the Group at its address of record with CareFirst at least 45 days before the amendment(s) are to take effect.
- A. All such amendments are deemed accepted by the Group unless the Group gives CareFirst written notice of nonacceptance within 15 days following the notice date, in which event the Group may cancel the Group Contract effective as of the renewal date, upon written notice to CareFirst. If state or federal law mandates an amendment, it will be automatically deemed accepted by the Group.
- B. Regardless of when the amendment is received, the Evidence of Coverage and this Group Contract are considered to be automatically amended of the date specified in the contract amendment or the notice (if not stated in the contract amendment), unless otherwise mandated, to conform with any applicable changes to state or federal law.
- C. No agent or other person, except an officer of CareFirst, has authority to waive any conditions or restrictions of the Group Contract, or to extend the time for making payments hereunder, or to bind CareFirst by making any promise or representation or by giving or receiving any information. No change in the Group Contract will be binding on CareFirst, unless evidenced by an amendment signed by an authorized representative of CareFirst.
- X. Contract Renewal. CareFirst will renew this Group Contract no later than 45 days prior to the Contract Renewal Date, except as outlined in the Termination of Group Contract provision below.
- XI. Termination of Group Contract. The Group Contract may be terminated as follows:
- A. At any time, the Group may terminate the Group Contract. Such termination shall be effective at midnight on the termination date specified by the Group. The Group will be responsible for providing a notice to each Member.
- B. This Group Contract will terminate at 12:01 a.m. Eastern Time, on the date that there is no longer any Member who lives, resides, or works in the Service Area. CareFirst will send written notice of termination to the Group and all Members as soon as practicable after notice of such cessation or relocation.
- C. CareFirst may terminate the Group Contract for one of the following reasons:
1. Failure of the Group to pay premiums or any other payment due under the terms of the Group Contract.
  2. The Group has performed an act or a practice that constitutes fraud, in which case, termination will be immediate.
  3. The Group has failed to comply with a material plan provision in the Group Contract relating to the employer contributions or group participation rules, in which case, termination will be immediate.

4. The Group has made an intentional misrepresentation of material fact under the terms of the coverage, in which case, termination will be immediate.
5. CareFirst elects not to renew all of a particular type of coverage or policy form in the state. In this case CareFirst will provide notice of the nonrenewal at least 90 days before the date of the nonrenewal to each affected Subscriber and Group, offer to each affected Group the option to purchase any other health insurance coverage currently being offered by CareFirst, and act uniformly without regard to the claims experience of any affected Group, or any Health Status-Related Factor of any affected individual.

Health Status-Related Factor means a factor related to health status, medical condition, claims experience, receipt of health care, medical history, genetic information, evidence of insurability including conditions arising out of acts of domestic violence, or disability.

6. CareFirst elects not to renew all group health insurance coverage in the state. In this case, CareFirst will provide notice of the nonrenewal at least 180 days before the date of the nonrenewal to the affected individuals and Group, give notice to the Insurance Commissioner of Maryland at least 30 working days before the notice referred to above, not sell new business for groups in the state for a 5-year period beginning with the date of such notice to the Commissioner, and act uniformly without regard to the claims experience of any affected Group, or any Health Status-Related factor of any affected individual.

- D. The Group will be liable for all premiums and other outstanding charges up to and including the date of termination. The Group and/or Members will be liable for the cost of any services provided or paid by CareFirst for services received on or after the date of termination except as provided in the Evidence of Coverage.

XII. Insolvency. In the event of insolvency, CareFirst's rights under the Group Contract (including, but not limited to, all rights to premiums to the extent permitted by applicable bankruptcy law) shall become vested in any person or entity that guarantees payment and actually pays for the services and benefits that CareFirst is obligated to make available under the Group Contract.

XIII. Contestability of Coverage. This Group Contract may not be contested, except for nonpayment of premiums, after it has been in force for 2 years from its date of issue. Any rescission of coverage of the Group or of any Member shall only be based upon an act, practice or omission that constitutes fraud or is due to an intentional misrepresentation of material fact. Absent fraud, each statement made by an applicant, Group, or Member is considered to be a representation and not a warranty. A statement made to effectuate coverage may not be used to avoid the coverage or reduce benefits under this Group Contract unless the statement is contained in a written instrument signed by the Group or Member, and a copy of the statement is given to the Group or Member. CareFirst shall give 30-days advance written notice of any rescission of coverage of the Group or any Member. This provision does not preclude the assertion at any time of defenses to any claim based upon the person's ineligibility for coverage under this Group Contract or upon other provisions in this Group Contract.

XIV. Blue Cross and Blue Shield Association Plan Disclosure. The Group, on behalf of itself and its Members, hereby expressly acknowledges its understanding that this Contract constitutes a contract solely between the Group and CareFirst; that CareFirst is an independent corporation operating under a license from the Blue Cross and Blue Shield Association permitting CareFirst to use the Blue Cross and Blue Shield Service Marks in the District of Columbia, Maryland, and portions of Virginia; and that CareFirst is not contracting as the agent of the Blue Cross and Blue Shield Association. The Group, on behalf of itself and its Members, further acknowledges and agrees that it has not entered into this Contract based upon representations by any person other than CareFirst; and no person, entity, or organization other than CareFirst shall be held accountable or liable to the Group for any of CareFirst's obligations to the Group created under



this Contract. This paragraph shall not create any additional obligations whatsoever on the part of CareFirst other than those obligations created under other provisions of this Contract.

- XV. Regulatory Compliance. CareFirst has not provided any document intended to constitute a Plan Document or a Summary Plan Description for purposes of ERISA. The Group is the party responsible for the preparation of the Plan Document and the preparation and distribution of the Summary Plan Description.

For purposes of ERISA and/or COBRA (or comparable provisions of other state or federal law), the Group is the "plan sponsor" and the "administrator" of the group health benefits plan, the benefits of which are set out in this Group Contract. It is the Group's responsibility to comply with all applicable law and regulation, including, but not limited to, all disclosure and reporting requirements under both ERISA and COBRA (or comparable provisions of other state or federal law). In particular, upon enrollment and upon the occurrence of a "qualifying event" (as that term is defined under COBRA), it is the Group's responsibility to notify Members of their rights under COBRA and to determine whether, and to what extent, they are eligible to elect and/or continue coverage under COBRA. Further, it is the Group's responsibility to determine whether an order received by the Group with respect to employees of the Group and their children is a "qualified medical child support order" (as that term is defined under ERISA and/or applicable state law) and whether such children are eligible for coverage under this Group Contract. The parties expressly understand and agree that this Group Contract, including the portions that are to be distributed to the Members, do not necessarily satisfy all requirements for a "written plan document" or a "summary plan description" (as those terms are defined under ERISA).

XVI. Notices.

- A. Notices to Members required under this Group Contract shall be in writing directed either to the Subscriber's last known address or, if consent has been given, by e-mail to the Subscriber's last known e-mail address. It is the Subscriber's responsibility to notify the Group, and the Group's responsibility to notify CareFirst of an address or e-mail address change. The notice will be effective on the date mailed or sent by e-mail, whether or not the Member in fact receives the notice or there is a delay in receiving the notice.
- B. Notices to the Group will be sent either by first class mail to the address set forth in the Group Contract Application or, if consent has been given, by e-mail to the Group's e-mail address. Notice will be effective on the date of receipt by the Group, unless the notice is sent by registered mail, in which case the notice is effective on the date of mailing, as certified by the Postal Service.
1. The Group may change the address or, in the manner specified in the Group's consent to receive electronic notices, the Group's e-mail address at which notice is to be given by giving written notice thereof to CareFirst.
  2. If the Group is a brokered account, notices to the Group required or arising under the Group Contract will be effectively given by CareFirst by sending such notice directly to the Group as set forth above or, alternatively, by providing notice in the manner described above to the Group's current broker of record as recognized and listed in CareFirst's records. The Group will promptly notify CareFirst of any change in the designated broker under the Group Contract.
- C. Except with regard to the Group's consent to receive electronic notices, when notice is sent to CareFirst, it must be sent by first class mail to:

CareFirst BlueCross BlueShield  
10455 Mill Run Circle  
Owings Mills, Maryland 21117-5559

Notice will be effective on the date of receipt by CareFirst, unless the notice is sent by registered mail, in which case the notice is effective on the date of mailing, as certified by the Postal Service. CareFirst may change the address at which notice is to be given by giving written notice to the Group.

- D. CareFirst will notify the Group in writing of any changes that may result in a reduction of benefits no less than 90 days before the date on which the change will become effective.

XVII. Electronic Notices. If the Group has agreed to receive electronic notices:

- A. CareFirst may send the following notices and documents may be provided electronically to the Group:
  - 1. Communications required by this Group Contract, the Evidence of Coverage by or Federal or State law.
  - 2. Communications relating to the products or services the Group receives from CareFirst, including but not limited to enrollment, wellness program information and notices (including disease management and wellness preventive information), and similar notices.
  - 3. Information on new or additional products, services, or programs offered by CareFirst.
- B. The Group may revoke its consent to receive the electronic notices at any time.
- C. The Group can change its consent elections or its email address online, at any time.
- D. The Group may obtain a paper copy of any electronically furnished notice or document free of charge.
- E. In order to access information provided electronically, the Group must have the following:
  - 1. A computer with Internet access
  - 2. An email account that allows the Group to send and receive emails
  - 3. Internet Explorer 7.0 (or higher) or Firefox 3.0 (or higher), and Adobe Acrobat Reader 4 (or higher).

XVIII. Entire Contract. The entire contract between the Group and CareFirst consists of this Group Contract, the Group Contract Application, the rate sheet executed or accepted by the Group, the Evidence of Coverage and all duly authorized attachments referred to therein, and any duly authorized riders, endorsements, and amendments attached to this Group Contract or to the Evidence of Coverage. No amendment or modification of any term or provision is valid until approved by an executive officer of CareFirst and unless the approval is endorsed on the policy and attached to the Evidence of Coverage or Group Contract. No other person has authority to change this Evidence of Coverage or Group Contract or waive any of its provisions.

Oral statements cannot be relied upon to modify or otherwise affect the benefits, limitations, and/or exclusions of this Group Contract or the Evidence of Coverage, or increase or void any coverage or reduce any benefits under this Group Contract or the Evidence of Coverage. Such oral statements cannot be used in the prosecution or defense of a claim under this Group Contract or the Evidence of Coverage.

XIX. Group Statement. The Group agrees that in the making of this Group Contract, it is acting for and on behalf of itself and as the agent representative of its Eligible Persons; and it is agreed and

understood that the Group is not the agent or representative of CareFirst for any purpose of this Group Contract.

XX. Assignment. The Group Contract is not assignable by the Group without the written consent of CareFirst.

**CareFirst of Maryland, Inc.**  
doing business as  
**CareFirst BlueCross BlueShield**  
10455 Mill Run Circle  
Owings Mills, Maryland 21117-5559

A private not-for-profit health service plan incorporated under the laws of the State of Maryland.

An independent licensee of the Blue Cross and Blue Shield Association

**2015 GROUP CONTRACT AMENDMENT**

This amendment is effective. If no date is shown, this amendment is effective on the effective date or renewal date of the Group Contract to which this amendment is attached.

Section VII.B of the Group Contract is deleted and replaced with the following:

- B. Grace Period. Except for the initial premium(s), there is a grace period beginning on the Premium Due Date within which overdue premiums can be paid without loss of coverage.
1. A grace period of 31 days beginning on the Premium Due Date will be granted for payment of each monthly premium due subsequent to payment of the first premium. No grace period shall apply if CareFirst does not intend to renew the Group Contract beyond the period for which premiums have been accepted and notice of the intention not to renew is delivered to the Group at least 45 days before the premium is due. During the grace period the Group Contract shall continue in force.
  2. Unless CareFirst receives a notice of the Group's intention to terminate the Group Contract before the end of the grace period, CareFirst will collect the premium for the 31-day grace period.
  3. If CareFirst receives a notice of the intention to terminate the Group Contract during the grace period, CareFirst will collect the premium for the period beginning on the first day of the grace period until the date on which notice is received, or the date of termination stated in the notice, whichever is later.
  4. If the premium for the 31-day grace period is paid after the grace period ends, CareFirst may charge interest for the premium, but interest may not begin to accrue during the 31-day grace period, and the interest rate charged will not exceed an effective rate of 6 percent per year.
  5. Non-Payment of Premiums. If premiums are not received by the Premium Due Date and CareFirst does not receive a notice of the Group's intention to terminate the Group Contract, CareFirst will notify the Group in writing of the overdue premiums. If CareFirst receives payment of all amounts listed on the notice prior to the end of the grace period, coverage will continue without interruption. If CareFirst does not receive full payment prior to the end of the grace period, CareFirst will, upon notice to the Group, terminate the Group Contract, effective as of 11:59 p.m. Eastern Time on the last day of the grace period. Members will be liable for the cost of any benefit provided or paid by CareFirst for services received after the effective date of termination subject to the extension of benefits provision. The Group will be liable for all premiums or other outstanding charges incurred up to and including the date of termination.

2. Section X, Amendment Procedure, in the Group Contract is deleted and replaced with:

X. Uniform Modification and Amendment Procedure.

A. Uniform Modification. CareFirst reserves the right to modify the Evidence of Coverage at renewal.

B. Amendment Procedure. Amendments must be consistent with state law. CareFirst may amend the Group Contract with respect to any matter, including premium rates, by mailing or, if consent has been given, by e-mailing to the Group's last known e-mail address a notice, including any amendment(s), where applicable, to the Group at its address of record with CareFirst at least 45 days before the Contract Renewal Date.

1. All such amendments are deemed accepted by the Group unless the Group gives CareFirst written notice of non-acceptance within 15 days following the notice date, in which event the Group may cancel the Group Contract effective as of the renewal date, upon written notice to CareFirst. If state or federal law mandates an amendment, it will be automatically deemed accepted by the Group.
2. Regardless of when the amendment is received, the Evidence of Coverage and this Group Contract are considered to be automatically amended of the date specified in the contract amendment or the notice (if not stated in the contract amendment), unless otherwise mandated, to conform with any applicable changes to state or federal law.
3. No agent or other person, except an officer of CareFirst, has authority to waive any conditions or restrictions of the Group Contract, or to extend the time for making payments hereunder, or to bind CareFirst by making any promise or representation or by giving or receiving any information. No change in the Group Contract will be binding on CareFirst, unless evidenced by an amendment signed by an authorized representative of CareFirst.

This amendment is issued to be attached to the Group Contract. This amendment does not change the terms and conditions of the Group Contract, unless specifically stated herein.

**CareFirst of Maryland, Inc.**



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Chester E. Burrell

President and Chief Executive Officer

**CareFirst of Maryland, Inc.**  
doing business as  
CareFirst BlueCross BlueShield (CareFirst)  
10455 Mill Run Circle  
Owings Mills, Maryland 21117-5559

A private not-for-profit health service plan incorporated under the laws of the State of Maryland  
An independent licensee of the Blue Cross and Blue Shield Association

**EVIDENCE OF COVERAGE**

This Evidence of Coverage, including any attachments, amendments and riders, is a part of the Group Contract issued to the Group through which the Subscriber is enrolled for Vision Care. In addition, the Group Contract includes other provisions that explain the duties of CareFirst and the Group. The Group's payment and CareFirst's issuance make the Group Contract's terms and provisions binding on CareFirst and the Group.

The Group reserves the right to change, modify, or terminate the plan, in whole or in part.

Members should not rely on any oral description of the plan, because the written terms in the Group's plan documents always govern.

Group Name: HAGERSTOWN COMMUNITY COLLEGE

Group Number: 66944

Effective Date: July 1, 2018

**CareFirst of Maryland, Inc.**



Chester E. Burrell  
President and Chief Executive Officer

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## SECTION 1 DEFINITIONS

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The Evidence of Coverage uses certain defined terms. When these words are capitalized, they have the following meaning.

Adoption means the earlier of a judicial decree of adoption or, the assumption of custody, pending adoption, of a prospective adoptive child by a prospective adoptive parent.

Allowed Benefit means:

- A. For a Contracting Provider, the Allowed Benefit for Vision Care is the lesser of:
1. The actual charge; or
  2. The benefit amount, according to the Vision Care Designee's rate schedule for the covered service or supply that applies on the date that the service is rendered.

The benefit payment is made directly to a Contracting Provider. When a Member receives a vision examination from a Contracting Provider, the benefit payment is accepted as payment in full, except for any applicable Copayment. When a Member receives frames and spectacle lenses or contact lenses from a Contracting Provider, the benefit payment is as stated in the Schedule of Benefits. The Contracting Provider may collect any applicable Copayment or amounts in excess of the Vision Care Designee's Payment when other frames and nonstandard spectacle lenses or other contact lenses are purchased by the Member.

- B. For a Non-Contracting Provider, the Allowed Benefit for Vision Care will be determined in the same manner as the Allowed Benefit to a Contracting Provider.

For a Non-Contracting Provider who is a physician, the benefit is payable to the physician if the Member has given an Assignment of Benefits or, otherwise, to the Member or the Non-Contracting Provider at the discretion of the Vision Care Designee. For any other Non-Contracting Provider, the benefit is payable to the Member or to the Non-Contracting Provider at the discretion of the Vision Care Designee. The Member is responsible for the cost difference between the Vision Care Designee's payment and the Non-Contracting Provider's actual charge. The Non-Contracting Provider may bill the Member directly for such amounts. It is the Member's responsibility to apply any Vision Care Designee payments to the claim from the Non-Contracting Provider.

Assignment of Benefits means the transfer of health care coverage reimbursement benefits or other rights under the Evidence of Coverage by, or on behalf of, the Member to a physician pursuant to Annotated Code of Maryland, Insurance Article §14-205.3.

Benefit Period means the period of time during which Vision Care is eligible for payment. The Benefit Period is 12 months from the first covered service of the Evidence of Coverage. Benefits are limited to once per Benefit Period.

CareFirst means CareFirst of Maryland, Inc., doing business as CareFirst BlueCross BlueShield.

Contracting Provider means any optometrist or ophthalmologist licensed as such by the duly constituted authority in the jurisdiction in which Vision Care is rendered when acting within the scope of such license; and, that has contracted with the Vision Care Designee to provide Vision Care in accordance with the terms of this Evidence of Coverage.

Copayment (Copay) means a fixed dollar amount that a Member must pay for certain Vision Care.



Cosmetic means the use of a service or supply which is provided with the primary intent of improving appearance, not restoring bodily function or correcting deformity resulting from disease, trauma, or previous therapeutic intervention.

Dependent means a Member who is covered under the Evidence of Coverage as the eligible Spouse or eligible Dependent child.

Effective Date means the date on which the Member's coverage becomes effective. Vision Care rendered on or after the Member's Effective Date is eligible for coverage.

Evidence of Coverage means this agreement, which includes any attachments, amendments and riders, if any, between the Group and CareFirst (also referred to as the Group Contract).

Experimental or Investigational means a service or supply that is in the developmental stage or in the process of human or animal testing. Services or supplies that do not meet all five (5) of the criteria listed below are deemed to be Experimental or Investigational:

- A. The technology\* must have final approval from the appropriate government regulatory bodies;
- B. The scientific evidence must permit conclusions concerning the effect of the technology on health outcomes;
- C. The technology must improve the net health outcome;
- D. The technology must be as beneficial as any established alternatives; and,
- E. The improvement must be attainable outside the investigational settings.

\* "Technology" includes drugs, devices, processes, systems, or techniques.

Group means the Subscriber's employer or other organization to which CareFirst has issued the Group Contract and Evidence of Coverage.

Group Contract means the agreement issued by CareFirst to the Group through which the benefits described in this Evidence of Coverage are made available. In addition to the Evidence of Coverage, the Group Contract includes the Group Contract Application, any attachments, amendments and riders attached to the Group Contract or Evidence of Coverage and signed by an officer of CareFirst.

In-Network Services means Vision Care rendered by a Contracting Provider.

Limiting Age means the maximum age up to which an eligible child may be covered under this Evidence of Coverage as stated in the Eligibility Schedule.

Medical Child Support Order means an "order" issued in the format prescribed by federal law, and issued by an appropriate child support enforcement agency, to enforce the health insurance coverage provisions of a child support order. An "order" means a judgment, decree or a ruling (including approval of a settlement agreement) that:

- A. is issued by a court or administrative child support enforcement agency of any state or the District of Columbia; and,
- B. creates or recognizes the right of a child to receive benefits under a parent's health insurance coverage; or establishes a parent's obligation to pay child support and provide health insurance coverage for a child.

Medically Necessary or Medical Necessity means health care services or supplies that a health care provider, exercising prudent clinical judgment, renders to or recommends for, a patient for the purpose of

preventing, evaluating, diagnosing or treating an illness, injury, disease or its symptoms. These health care services or supplies are:

- A. in accordance with generally accepted standards of medical practice;
- B. clinically appropriate, in terms of type, frequency, extent, site and duration, and considered effective for a patient's illness, injury or disease;
- C. not primarily for the convenience of a patient or health care provider; and
- D. not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results in the diagnosis or treatment of that patient's illness, injury or disease.

For these purposes, "generally accepted standards of medical practice" means standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, Physician Specialty Society recommendations and views of health care providers practicing in relevant clinical areas, and any other relevant factors.

Member means an individual who meets all applicable eligibility requirements and is enrolled either as a Subscriber or Dependent, and for whom the premiums have been received by CareFirst.

Non-Contracting Provider means any optometrist or ophthalmologist licensed as such by the duly constituted authority in the jurisdiction in which Vision Care is rendered when acting within the scope of such license; and, who does not have an agreement with the Vision Care Designee for the rendering of Vision Care. A Non-Contracting Provider under this Contract may or may not have contracted with CareFirst. The Member should contact the Vision Care Designee for the current list of Contracting Providers.

Open Enrollment means a single period of time in each benefit year during which the Group gives eligible individuals the opportunity to change coverage or enroll in coverage.

Out-of-Network Services means Vision Care rendered by a Non-Contracting Provider.

Qualified Medical Support Order ("QMSO") means a Medical Child Support Order issued under state law, or the laws of the District of Columbia, and, when issued to an employer sponsored health plan, complies with Section 609(A) of the Employee Retirement Income Security Act of 1974 (ERISA), as amended.

Service Area means the clearly defined geographic area in which CareFirst has arranged for the provision of Vision Care to be generally available and readily accessible to Members. CareFirst may amend the defined Service Area at any time by notifying the Group in writing.

The Service Area is as follows: the District of Columbia; the State of Maryland; and the following Virginia counties and cities: Arlington, Alexandria, Fairfax, City of Fairfax, Falls Church, Prince William, Manassas, Manassas Park, Loudoun and Leesburg as well as those areas contiguous to the stated Service Area in which CareFirst has contracted with providers to render services to Members.

Spouse means a person of the opposite sex who is married to a Subscriber by a ceremony recognized by the law of the state or jurisdiction in which the Subscriber resides.

Subscriber means a Member who is covered under this Evidence of Coverage as an eligible employee or eligible participant of the Group, rather than as a Dependent.

Type of Coverage means either Individual coverage, which covers the Subscriber only, or Family coverage, under which a Subscriber may also enroll his or her Dependents. In addition, some Group Contracts include other categories of coverage, such as Individual and Adult coverage, Individual and

Child coverage, Individual and Child(ren), or Individual and Children coverage. The Type of Coverage available is described in the Eligibility Schedule.

Vision Care means those services for which benefits are provided under this Contract.

Vision Care Designee means the entity with which CareFirst has contracted to administer Vision Care. CareFirst's Vision Care Designee is Davis Vision, Inc. Davis Vision, Inc. is an independent company and administers the Vision Care benefits on behalf of CareFirst BlueCross BlueShield.

Waiting Period means the period of time that must pass before an employee or Dependent is eligible to enroll under the terms of this Group Contract.

**SECTION 2**  
**ELIGIBILITY AND ENROLLMENT**

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- 2.1 Requirements for Coverage. To be covered, a Member must meet all of the following conditions:
- A. The Member must be eligible for coverage--either as a Subscriber under Section 2.2, as a Spouse under Section 2.3 or as a Dependent Child under Sections 2.4 and 2.5;
  - B. The Member must apply for coverage by submitting an enrollment form to CareFirst during certain periods set aside for this purpose as described in Section 2.6;
  - C. The Group must notify CareFirst of the Member's enrollment; and
  - D. CareFirst must receive premium payments on the Member's behalf as required by the Group Contract.

Note: No individual is eligible under the Group coverage both as a Subscriber and as a Dependent. If both a husband and wife (or Domestic Partner, if applicable) are eligible for coverage under this Evidence of Coverage, they may not both have Individual and Adult coverage or Family coverage.

- 2.2 Eligibility as a Subscriber. To enroll as a Subscriber, a Member must meet CareFirst's basic eligibility requirements and any additional eligibility requirements that CareFirst and the Group have agreed to. These are stated in the Eligibility Schedule.
- A. Basic Plan Requirements. A Subscriber must be an eligible employee of the Group. Unless otherwise provided by the Group, if a person is a director, trustee, corporate officer, outside counsel, consultant, owner or partner, a person is not eligible, unless that person is actually employed by the Group and meet the same criteria for coverage that apply to other Group employees. A person is not eligible if that person is a temporary or seasonal employee. A Subscriber must be employed by the Group on a regular, year-round basis to qualify for coverage.
  - B. Additional Eligibility Requirements. In addition to the basic eligibility requirements in Section 2.2.A., a Member must meet the additional eligibility requirements that are listed in the Group Contract Application. The Group is required to administer these requirements in strict accordance with the terms that have been agreed to and cannot change the requirements or make an exception unless CareFirst approves them in advance, in writing.
- 2.3 Eligibility of Subscriber's Spouse. If the Group has elected to include coverage for the Subscriber's Spouse under this Evidence of Coverage, as stated in the attached Eligibility Schedule, then a Subscriber may cover his or her legal Spouse as a Dependent. A Subscriber cannot cover a former Spouse if the Subscriber and former Spouse have divorced or if the marriage has been annulled.
- 2.4 Eligibility of Dependent Children. If the Group has elected to include coverage for Dependent Children of the Subscriber or a Subscriber's covered Spouse under this Evidence of Coverage, then a Subscriber may enroll a Dependent Child. A Dependent Child means an individual who:
- A. Is:
    - 1. The natural child, stepchild, or Adopted child of the Subscriber or the Subscriber's covered Spouse;
    - 2. A child (including a grandchild) placed with the Subscriber or the Subscriber's covered Spouse for legal Adoption; or

3. A child under testamentary or court appointed guardianship, other than temporary guardianship for less than 12 months' duration, of the Subscriber or the Subscriber's covered Spouse;
  4. A grandchild of the Subscriber or the Subscriber's covered Spouse who:
    - a. has not provided over one-half of his or her own support for the previous calendar year;
    - b. is unmarried;
    - c. resides with the Subscriber; and
    - d. is dependent on the Subscriber or the Subscriber's covered Spouse.
- B. Is under the Limiting Age, as stated in the Eligibility Schedule; or
- C. Is a disabled Dependent Child who is older than the Limiting Age, as stated in the Eligibility Schedule, and the Subscriber provides proof that: (1) the Dependent Child is incapable of self-support or maintenance because of a mental or physical incapacity; (2) that the Dependent Child is primarily dependent upon the Subscriber or the Subscriber's covered Spouse for support and maintenance; and (3) that the Dependent Child had been covered under the Subscriber's or the Subscriber's spouse's prior health insurance coverage since before the onset of the mental or physical incapacity; or
- D. Is a child who is the subject of a Medical Child Support Order ("MCSO") or a Qualified Medical Support Order ("QMSO") that creates or recognizes the right of the child to receive benefits under the health insurance coverage of the Subscriber or the Subscriber's covered Spouse.
- E. Upon receipt of a MCSO/QMSO, when coverage of the Subscriber's family members is available under this Evidence of Coverage, then CareFirst will accept enrollment of the child subject to a MCSO/QMSO submitted by the Subscriber regardless of enrollment period restrictions. If the Subscriber does not attempt to enroll the child subject to a MCSO/QMSO, then CareFirst will accept enrollment from the non-Subscriber custodial parent; or, the appropriate child support enforcement agency of any State or the District of Columbia. If the Subscriber has not completed any applicable waiting periods for coverage, the child subject to a MCSO/QMSO will not be enrolled until the end of the waiting period.

The Subscriber must be enrolled under this Group Contract in order for the child to be enrolled. If the Subscriber is not enrolled when CareFirst receives the MCSO/QMSO, CareFirst will enroll both the Subscriber and the child, without regard to enrollment period restrictions. The Effective Date will be that stated in the Eligibility Schedule for a newly eligible Subscriber and a newly eligible Dependent child.

1. Enrollment for a child subject to a MCSO/QMSO will not be denied because the child:
  - a. was born out of wedlock;
  - b. is not claimed as a dependent on the Subscriber's federal tax return;
  - c. does not reside with the Subscriber;
  - d. is covered or is eligible for coverage under any Medical Assistance or Medicaid program; or

- e. does not reside in the Service Area.
2. When a child subject to a MCSO/QMSO does not reside with the Subscriber, CareFirst will:
- a. send the non-insuring, custodial parent ID cards, claim forms, the applicable Evidence of Coverage or Member contract and any information necessary to obtain benefits;
  - b. allow the non-insuring, custodial parent or a provider of a Covered Service to submit a claim without the prior approval of the Subscriber;
  - c. provide benefits directly to:
    - i. the non-insuring, custodial parent;
    - ii. the provider of the Covered Services; or,
    - iii. the appropriate child support enforcement agency of any State or the District of Columbia.
- F. A child whose relationship to the Subscriber is not listed above, including foster children or children whose only relationship is one of temporary legal guardianship (except as provided above), is not eligible to enroll and is not covered under this Evidence of Coverage, even though the child may live with the Subscriber and be dependent upon him or her for support.

## 2.5 Limiting Age for Covered Dependent Children

- A. All covered Dependent Children are eligible for coverage up to the Limiting Age for Dependent children, as stated in the Eligibility Schedule.
- B. A Dependent child covered under this Evidence of Coverage will be eligible for coverage past the Limiting Age if, at the time coverage would otherwise terminate:
  - 1. The Dependent child is incapable of self-support or maintenance because of mental or physical incapacity;
  - 2. The Dependent child is primarily dependent upon the Subscriber or the Subscriber's covered Spouse for support and maintenance;
  - 3. The incapacity occurred before the Dependent Child reached the Limiting Age listed in the Eligibility Schedule;
  - 4. The Subscriber provides CareFirst with proof of the Dependent child's mental or physical incapacity within 31 days after the Dependent child reaches the Limiting Age for Dependent children. CareFirst has the right to verify whether the child is and continues to qualify as an incapacitated Dependent child.
- C. Dependents' coverage will automatically terminate if there is a change in their age, status, or relationship to the Subscriber, such that they no longer meet the eligibility requirements of this Evidence of Coverage or the Eligibility Schedule. Coverage of an ineligible Dependent will terminate as stated in the Eligibility Schedule.

- 2.6 Timely Enrollment. A Member may enroll as a Subscriber or Dependent, as applicable, during the periods of time and under the conditions described below. If the Member meets these conditions, he or she will be treated as a Timely Enrollee. A Member who enrolls at other times

will be treated as a Special Enrollee, as described in Section 2.7 and will be subject to the conditions and limitations of that section.

- A. Initial Enrollment. When the Group first offers CareFirst's coverage, there will be an initial enrollment period for eligible employees. During the initial enrollment period, an eligible employee may apply for coverage for himself or herself and his or her eligible Dependents. The effective dates of coverage are stated in the attached Eligibility Schedule under the headings Existing Subscriber Effective Date and Existing Dependent Effective Date.
- B. Newly Eligible Subscriber. If an eligible employee is a new employee or a newly eligible employee of the Group, the new employee or a newly eligible employee may enroll as a Subscriber within sixty (60) days after new employee or a newly eligible employee first becomes eligible. The Effective Date for Newly Eligible Subscribers in the Group are stated in the Eligibility Schedule.
- C. Newborn, Newly Adopted Child, Stepchild, Newly Eligible Grandchild or Child Subject to a MCSO/QMSO or Child for whom Guardianship Has Been Granted by Court or Testamentary Appointment. Enrollment requirements for an eligible newborn, newly adopted child, stepchild, newly eligible grandchild, child subject to a MCSO/QMSO or a child for whom guardianship is granted by court or testamentary appointment depends on the Type of Coverage that is in effect on the date of the Dependent Child's First Eligibility Date, as defined below.
- D. "First Eligibility Date" means:
  - 1. For a newborn Dependent Child, the child's date of birth;
  - 2. For a newly adopted Dependent Child, the earlier of:
    - a. A judicial decree of Adoption; or
    - b. Placement of the Dependent Child in the Subscriber's home as the legally recognized proposed adoptive parent.
  - 3. For a newly eligible Dependent Child, the date the Dependent Child became a dependent of Subscriber or the Subscriber's eligible Spouse.
  - 4. For a child subject to an MCSO/QMSO, the date the MCSO/QMSO becomes effective.
  - 5. For a minor Dependent Child for whom guardianship has been granted by court or testamentary appointment, the date of the appointment.
- E. Family Coverage. If a Subscriber already has Family coverage on the Dependent Child's First Eligibility Date, a newborn Dependent Child, newly adopted Dependent Child, newly eligible Dependent Child or a minor Dependent Child for whom guardianship is granted by court or testamentary appointment will be covered automatically as of the child's First Eligibility Date. Any Type of Coverage that is not Individual, Individual and Adult or Individual and Child is considered Family coverage.
- F. Individual Coverage. If a Subscriber has Individual coverage on the Dependent Child's First Eligibility Date, the Dependent Child will be covered automatically, but only for the first thirty-one (31) days following the Dependent Child's First Eligibility Date. If a Subscriber wishes to continue coverage beyond this thirty-one (31) day period, the Subscriber must enroll the child within thirty-one (31) days following the Dependent Child's First Eligibility Date. Premium changes resulting from the addition of the Dependent Child will be effective as of the child's First Eligibility Date

- G. Individual and Adult or Individual and Child Coverage. This provision applies only to Groups that offer Individual and Adult coverage or Individual and Child coverage. If a Subscriber has Individual and Adult coverage or Individual and Child coverage on the Dependent Child's First Eligibility Date, the Dependent Child will be covered automatically as of the Dependent Child's First Eligibility Date. However, if addition of the Dependent Child results in a change in the Subscriber's Type of Coverage (e.g., from Individual and Adult coverage or Individual and Child coverage to Family coverage), the Dependent Child's automatic coverage will end on the thirty-first (31<sup>st</sup>) day following the child's First Eligibility Date. If the Subscriber wishes to continue coverage beyond this thirty-one (31) day period, the Subscriber must enroll the Dependent Child within thirty-one (31) days following the First Eligibility Date. The change in Type of Coverage and corresponding premium for the Subscriber's new Type of Coverage will be made effective as of the child's First Eligibility Date.
- H. Newly Eligible Dependent (Other than Newborn, Newly Adopted Child, Stepchild, Newly Eligible Grandchild or Child Subject to a MCSO/QMSO or Child for whom Guardianship Has Been Granted by Court or Testamentary Appointment). A Subscriber may enroll a newly eligible dependent, such as a new Spouse, and/or change the Subscriber's Type of Coverage to include the newly eligible dependent within thirty-one (31) days following the date the newly eligible dependent first becomes eligible. The Effective Date will be that stated in the Eligibility Schedule for a Newly eligible Dependent (other than newborn, newly adopted child, stepchild, newly eligible grandchild or child subject to a MCSO/QMSO or child for whom guardianship has been granted by court or testamentary appointment).

2.7 Special Enrollment Periods. Special enrollment is allowed for certain individuals who lose coverage. Special enrollment is also allowed with respect to certain Dependent beneficiaries. If only the Subscriber is eligible under this Evidence of Coverage and Dependents are not eligible to enroll, as stated in the attached Eligibility Schedule, special enrollment periods for a Spouse/Dependent child are not applicable.

A. Special enrollment for certain individuals who lose coverage:

1. CareFirst will permit certain current employees and Dependents to enroll for coverage without regard to the dates on which an individual would otherwise be able to enroll under this Evidence of Coverage.
2. Individuals eligible for special enrollment.
  - a. When an employee loses coverage. A current employee and any Dependents (including the employee's Spouse) each are eligible for special enrollment in any benefit package offered by the Group (subject to Group eligibility rules conditioning Dependent enrollment on enrollment of the employee) if:
    - i. The employee and the Dependents are otherwise eligible to enroll;
    - ii. When coverage was previously offered, the employee had coverage under a group health plan or health insurance coverage; and
    - iii. The employee satisfies the conditions of Section 2.7A.2.c. i., ii., or iii. of this section, and if applicable, Section 2.7A.2.c. iv. of this section.
  - b. When a Dependent loses coverage.



- i. A Dependent of a current employee (including the employee's Spouse) and the employee each are eligible for special enrollment in any benefit package offered by the Group (subject to Group eligibility rules conditioning Dependent enrollment on enrollment of the employee) if:
  - 1) The Dependent and the employee are otherwise eligible to enroll;
  - 2) When coverage was previously offered, the Dependent had coverage under a group health plan or health insurance coverage; and
  - 3) The Dependent satisfies the conditions of Section 2.7A.2.c. i., ii., or iii., of this section, and if applicable, Section 2.7A.2.c.iv. of this section.
- ii. However, CareFirst is not required to enroll any other Dependent unless the Dependent satisfies the criteria of this Section 2.7A.2.b., or the employee satisfies the criteria of Section 2.7A.2.a. of this section.

c. Conditions for special enrollment.

- i. Loss of eligibility for coverage. In the case of an employee or Dependent who has coverage that is not COBRA continuation coverage, the conditions of this Section 2.7A.2.c.i are satisfied at the time the coverage is terminated as a result of loss of eligibility (regardless of whether the individual is eligible for or elects COBRA continuation coverage). Loss of eligibility under this Section 2.7A.2.c.i does not include a loss due to the failure of the employee or Dependent to pay premiums on a timely basis or termination of coverage for cause by the employee or Dependent (such as making a fraudulent claim or an intentional misrepresentation of a material fact). Loss of eligibility for coverage under this Section 2.7A.2.c.i includes, but is not limited to:
  - 1) Loss of eligibility for coverage as a result of legal separation, divorce, cessation of Dependent status (such as attaining the Limiting Age), death of an employee, termination of employment, reduction in the number of hours of employment, and any loss of eligibility for coverage after a period that is measured by any of the foregoing. If the Subscriber is enrolling because his or her Spouse was involuntarily terminated from employment (other than for cause) or because of the death of his or her Spouse, the Subscriber has up to six (6) months after the termination of the Spouse's coverage to submit an enrollment form;
  - 2) In the case of coverage offered through an HMO, or other arrangement, in the individual market that does not provide benefits to individuals who no longer reside, live, or work in a service area, loss of coverage because an individual no longer resides, lives, or works in the

service area (whether or not within the choice of the individual);

- 3) In the case of coverage offered through an HMO, or other arrangement, in the group market that does not provide benefits to individuals who no longer reside, live, or work in a service area, loss of coverage because an individual no longer resides, lives, or works in the service area (whether or not within the choice of the individual) and no other benefit package is available to the individual;
  - 4) A situation in which an individual incurs a claim that would meet or exceed a lifetime limit on all benefits, at which time the individual must be allowed thirty-one (31) days after the claim is denied to apply for coverage; and
  - 5) A situation in which a plan no longer offers any benefits to the class of similarly situated individuals that include that individual.
- ii. Termination of employer contributions. In the case of an employee or Dependent who has coverage that is not COBRA continuation coverage, the conditions of this Section 2.7A.2.c are satisfied at the time employer contributions towards the employee's or Dependent's coverage terminate. Employer contributions include contributions by any current or former employer that was contributing to coverage for the employee or Dependent.
- iii. Exhaustion of COBRA continuation coverage. In the case of an employee or Dependent who has coverage that is COBRA continuation coverage, the conditions of this Section 2.7A.2.c are satisfied at the time the COBRA continuation coverage is exhausted. For purposes of this Section 2.7A.2.c.iii, an individual who satisfies the conditions for special enrollment of Section 2.7A.2.c.i. of this section, does not enroll, and instead elects and exhausts COBRA continuation coverage satisfies the conditions of this Section 2.7A.2.c.iii.
- iv. Written statement. The Group or CareFirst may require an employee declining coverage (for the employee or any Dependent of the employee) to state in writing whether the coverage is being declined due to other health coverage only if, at or before the time the employee declines coverage, the employee is provided with notice of the requirement to provide the statement (and the consequences of the employee's failure to provide the statement). If the Group or CareFirst requires such a statement, and an employee does not provide it, the Group and CareFirst are not required to provide special enrollment to the employee or any Dependent of the employee under this Section 2.7A. The Group and CareFirst must treat an employee as having satisfied the requirement permitted under this Section 2.7A.2.c.iv if the employee provides a written statement that coverage was being declined because the employee or Dependent had other coverage; the Group and CareFirst cannot require anything more for the employee to satisfy this

requirement to provide a written statement. (For example, the Group and CareFirst cannot require that the statement be notarized.)

- d. Effective Date. If the Subscriber enrolls within thirty-one (31) days of the date he or she becomes eligible to enroll, as described in this Section 2.7A, the Effective Date of coverage will be the first of the month following the date the completed request was received by CareFirst.

B. Special enrollment with respect to certain Dependent beneficiaries:

1. Provided the Group provides coverage for Dependents, CareFirst will permit the individuals described in Section 2.7B.2. of this section to enroll for coverage in a benefit package under the terms of the Group's plan, without regard to the dates on which an individual would otherwise be able to enroll under this Evidence of Coverage.
2. Individuals eligible for special enrollment. An individual is described in this Section 2.7B.2 if he or she is otherwise eligible for coverage in a benefit package under the Group's plan and if he or she is described in Section 2.7B.2.a-f. of this section.
  - a. Current employee only. A current employee is described in this Section 2.7B.2.a if a person becomes a Dependent of the individual through marriage, birth, Adoption, or placement for Adoption.
  - b. Spouse of an employee only. An individual is described in this Section 2.7B.2.b if either:
    - i. The individual becomes the Spouse of a employee; or
    - ii. The individual is a Spouse of an employee and a Child becomes a Dependent of the employee through birth, Adoption, or placement for Adoption.
  - c. Current employee and Spouse. A current employee and an individual who is or becomes a Spouse of such an employee, are described in this Section 2.7B.2.c if either:
    - i. The employee and the Spouse become married; or
    - ii. The employee and Spouse are married and a Child becomes a Dependent of the employee through birth, Adoption, or placement for Adoption.
  - d. Dependent of an employee only. An individual is described in this Section 2.7B.2.d if the individual is a Dependent of an employee and the individual has become a Dependent of the employee through marriage, birth, Adoption, or placement for Adoption.
  - e. Current employee and a new Dependent. A current employee and an individual who is a Dependent of the employee, are described in this Section 2.7B.2.e if the individual becomes a Dependent of the employee through marriage, birth, Adoption, or placement for Adoption.
  - f. Current employee, Spouse, and a new Dependent. A current employee, the employee's Spouse, and the employee's Dependent are described in

this Section 2.7B.2.f if the Dependent becomes a Dependent of the employee through marriage, birth, Adoption, or placement for Adoption.

3. If an individual is eligible for coverage as a Subscriber under this contract but is not enrolled, and an individual becomes his or her Dependent through marriage, and if the Subscriber enrolls within thirty-one (31) days of the marriage, the Effective Date of coverage for the Subscriber and any eligible Dependents will be the first of the month following the date the completed request was received by CareFirst.
  4. If an individual is eligible for coverage as a Subscriber under this contract but is not enrolled, and an individual becomes his or her Dependent Child, and if the Subscriber enrolls within thirty-one (31) days of the date of birth, the date of Adoption or placement for Adoption, the Effective Date of coverage is the date of birth, the date of Adoption or placement for Adoption whichever occurs first.
  5. The Effective Date of coverage for an enrolled Subscriber's new Dependent acquired through marriage will be that stated in the Eligibility Schedule for a Newly eligible Dependent (other than newborn, newly adopted child, stepchild, newly eligible grandchild or child subject to a MCSO/QMSO or child for whom guardianship has been granted by court or testamentary appointment). The Effective Date of coverage for an enrolled Subscriber's new Dependents acquired through birth, adoption, or placement for adoption will be that stated in the Eligibility Schedule for a Newborn, Newly Adopted Child, Stepchild, Newly Eligible Grandchild or Child Subject to a MCSO/QMSO or Child for whom Guardianship Has Been Granted by Court or Testamentary Appointment.
- C. Special enrollment regarding Medicaid and Children's Health Insurance Program (CHIP) termination or eligibility.
1. CareFirst will permit a Subscriber or Dependent who is eligible for coverage, but not enrolled, to enroll for coverage under the terms of this Evidence of Coverage, if either of the following conditions is met:
    - a. The Subscriber or Dependent is covered under a Medicaid plan under title XIX of the Social Security Act or under a State child health plan under title XXI of such Act and coverage of the Subscriber or Dependent under such a plan is terminated as a result of loss of eligibility for such coverage;
    - b. The Subscriber or Dependent becomes eligible for premium assistance, with respect to coverage under a group health plan or health insurance coverage, under Medicaid or a State child health plan (including under any waiver or demonstration project conducted under or in relation to such a plan).
  2. Notification Requirement.
    - a. The Subscriber must notify the Group, and the Group must notify CareFirst no later than sixty (60) days after the date the Subscriber's or Dependent's coverage is terminated as a result of loss of eligibility for coverage under title XIX of the Social Security Act or under a State child health plan under title XXI of such Act.
    - b. The Subscriber must notify the Group, and the Group must notify CareFirst, no later than sixty (60) days after the date the Subscriber or Dependent is determined to be eligible for premium assistance, with respect to coverage under a group health plan or health insurance

coverage, under Medicaid or a State child health plan (including under any waiver or demonstration project conducted under or in relation to such a plan).

3. **Effective Date of Coverage.** If the Subscriber or Dependent is eligible to enroll for coverage under this Group Contract pursuant to this special enrollment and the notification requirement has been met then such coverage will be effective on:
  - a. the date the Subscriber's or Dependent's coverage is terminated as a result of loss of eligibility for coverage under title XIX of the Social Security Act or under a State child health plan under title XXI of such Act; or,
  - b. the date the Subscriber or Dependent is determined to be eligible for premium assistance with respect to coverage under this Group Contract.

D. **Special enrollment for Dependent Children who were previously denied coverage or terminated coverage due to attainment of the Limiting Age.**

Coverage shall be provided beginning on the first day of the first Benefit Period occurring on or after September 23, 2010, if the Dependent Child meets both of the following requirements:

1. The Dependent Child was terminated from coverage previously due to failure to satisfy the eligibility requirements of a Dependent Child or the Dependent Child was prohibited from enrolling for coverage due to failure to satisfy the eligibility requirements of a Dependent Child; and
2. The Dependent Child enrolls for coverage during the first thirty (30) days of the first Benefit Period occurring on or after September 23, 2010.

2.8 **Effective Dates.** Coverage will be effective as stated in the Eligibility Schedule.

2.10 **Clerical or Administrative Error.** If a Member is ineligible for coverage, the Member cannot become eligible just because CareFirst or the Group made a clerical or administrative error in recording or reporting information. Likewise, if a Member is eligible for coverage, the Member will not lose his or her coverage because CareFirst or the Group made an administrative or clerical error in recording or reporting information.

2.11 **Cooperation and Submission of Information.** CareFirst may require verification from the Group and/or Subscriber pertaining to the eligibility of a Subscriber or Dependent enrolled hereunder. The Group and/or Subscriber agree to cooperate with and assist CareFirst, including providing CareFirst with reasonable access to Group records upon request.

2.12 **Proof of Eligibility.** CareFirst retains the right to require proof of relationships or facts to establish eligibility. CareFirst will pay the reasonable cost of providing such proof.

**SECTION 3**  
**TERMINATION OF COVERAGE**

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3.1 Cancellation of Individual Members. Except as provided under the continuation of benefits provisions described in this Evidence of Coverage, coverage of individual Members will terminate as described in this section. Except for the events described in paragraphs C, D and G of this section, a Subscriber or Dependent may not terminate coverage or otherwise reduce coverage during a contract year.

A. The Group is required to terminate a Subscriber's coverage and the coverage of all Dependents if the Subscriber:

1. Is no longer employed by the Group; or
2. No longer meets the Group's eligibility requirements for coverage.

The Group is required to notify the Subscriber if coverage is canceled. If the Group does not notify the Subscriber, this will not continue coverage beyond the effective date of the cancellation of the Subscriber's coverage.

B. CareFirst may terminate the Member's coverage with 31 days prior written notice if CareFirst determines that:

1. The Subscriber furnished CareFirst with incorrect or incomplete information, which is material to the acceptance of the Enrollment Form. (This provision is limited to the 24-month period following the Subscriber's effective date of coverage under this Group Contract.) As a Member, all information contained in the Enrollment Form is true, correct and complete to the best of the Member's knowledge and belief.
2. The Member allowed another person to use his or her identification card or that the Member used another person's card. The card must be returned to CareFirst upon request.
3. The Member made fraudulent misstatements related to coverage or benefits under this Group Contract.
4. Nonpayment of charges when due, including premium contribution that may be required by the Group. Coverage ends on the date stated in CareFirst's written notice of termination (after the expiration of any grace period for nonpayment of premiums).

C. If certain life events occur, a Subscriber may be able to make a mid-year change to reduce and/or terminate the coverage of the Subscriber or Dependent. The following is a list of qualifying life events that allow the Subscriber to reduce or terminate coverage. The changes in coverage must satisfy the consistency requirements as described below.

1. Qualifying Life Events

- a. Legal marital status. A change in a Subscriber's legal marital status, including marriage, divorce, death of Spouse, a legal separation or an annulment.
- b. Domestic Partnership status. At the Group administrator's discretion, a change in status of a Subscriber's Domestic Partnership status, including establishment or termination of a Domestic Partnership or death of the Subscriber's Domestic Partner.

- c. Employment status. A change in a Subscriber's, Spouse's or Dependent's employment status due to termination or commencement of employment, a strike or lockout, an unpaid leave of absence, or a change in worksite.
    - d. Dependent status. A change in status of a Dependent that results in the Dependent's eligibility or ineligibility for coverage because of age or similar circumstances.
  - 2. Any reduction or termination that a Subscriber makes must be consistent with the life event. The life event must affect eligibility for coverage under this Group Contract or under a plan of the Spouse or Dependent, which covers the Spouse or Dependent as a Subscriber. The change in coverage must correspond with the life event.
- D. Under certain circumstances, a Subscriber may make mid-year reduction or termination to coverage for reasons, such as coverage, cost or Medicare eligibility as described below.
  - 1. Coverage Events:
    - a. If there is reduction or elimination of coverage during the contract year.
    - b. If the Spouse's plan allows a Subscriber and Dependents to make an enrollment change during that plan's annual open enrollment period, the Subscriber may make a corresponding mid-year change.
  - 2. Cost Events: If the cost of coverage increases or decreases significantly during a contract year (including a Subscriber's change from part-time to full-time work or vice versa) and the Group does not offer a similar, but less costly, coverage option.
  - 3. Entitlement to Medicare. If a Subscriber, Spouse or Dependent becomes eligible for Medicare mid-year, a Subscriber, Spouse or Dependent **may (but is not required)** terminate coverage.
- E. Except for termination under paragraphs C. and D. upon cancellation of the coverage of a Subscriber under this section, all benefits for the Subscriber and his or her Dependents under the Group Contract will end on the termination date stated in the attached Eligibility Schedule, except in the case of a Member who is entitled to continued coverage under this section or under the Extended Benefits section of this Evidence of Coverage, in which case benefits will end on the date stated in the applicable section. If the Subscriber or Dependent terminates for reasons described in Paragraph C. or D. the effective date of termination shall be 11:59 p.m. on the last day of the month in which the Subscriber or Dependent requested the termination of coverage.
- F. It is the Subscriber's responsibility to notify CareFirst (through the Group) of any changes in the status of his or her Dependents, which affect their eligibility for coverage under this Group Contract. If the Subscriber does not notify CareFirst of any changes and it is later determined that a Dependent was not eligible for coverage, CareFirst has the right to recover the full value of the services and benefits provided during the period of ineligibility. CareFirst can recover these amounts from the Subscriber or from the Dependent, at CareFirst's option.
- G. In the event of the Subscriber's death, coverage of any Dependents will continue under the Subscriber's enrollment until the date stated in the Eligibility Schedule under this section. Thereafter, the Dependents may be eligible for continuation of coverage described in this Evidence of Coverage.

- 3.2 Medical Child Support Orders or Qualified Medical Support Orders. Unless coverage is terminated for non-payment of the premium, a child subject to a MCSO/QMSO may not be terminated unless written evidence is provided to CareFirst that:
- A. The MCSO/QMSO is no longer in effect;
  - B. The child has been or will be enrolled under other comparable health insurance coverage that will take effect not later than the effective date of the termination of coverage;
  - C. The Group has eliminated family member coverage for all Members; or,
  - D. The Group no longer employs the Subscriber, except if the Subscriber elects continuation coverage under applicable state or federal law the child will continue in this post-employment coverage.

3.3 Continuation of Eligibility upon Loss of Group Coverage.

- A. Federal Continuation of Coverage under COBRA: If the Group health benefit plan provided under this Evidence of Coverage is subject to the Consolidated Omnibus Budget Reconciliation Act of 1985 ("COBRA"), as amended from time to time, and a Member's coverage terminates due to a "Qualifying Event" as described under COBRA, continuation of participation in this Group health benefit plan may be possible. The employer offering this Group health benefit plan is the plan administrator. It is the plan administrator's responsibility to notify a Member concerning terms, conditions and rights under COBRA. If a Member has any questions regarding COBRA, the Member should contact the plan administrator.

- B. Uniformed Services Employment and Reemployment Rights Act ("USERRA"). USERRA protects the job rights of individuals who voluntarily or involuntarily leave employment positions to undertake military service or certain types of service in the Natural Disaster Medical System. USERRA also prohibits employers, and insurers, from discriminating against past and present members of the uniformed services, and applicants to the uniformed services.

If a Member leaves their job to perform military service, the Member has the right to elect to continue their Group coverage including any Dependents for up to twenty-four (24) months while in the military. Even if continuation of coverage was not elected during the Member's military service, the Member has the right to be reinstated in their Group coverage when reemployed, without any Waiting Periods. If a Member has any questions regarding USERRA, the Member should contact the plan administrator. The plan administrator determines eligible employees and provides that information to CareFirst.

- C. Maryland Continuation. When Maryland Continuation applies, the Member may continue coverage under the Evidence of Coverage as follows:
  - 1. Continuation for Spouse and Children after the Subscriber's Death. This provision applies in the event of the death of a Subscriber who was a resident of Maryland, was covered under the Group Contract or predecessor Group Contract with the same employer for at least three (3) months and whose coverage included one (1) or more Dependents at the time of death. This provision also applies to a newborn child of the deceased Subscriber born to the surviving Spouse after the Subscriber's death. When this provision applies, Dependents of the Subscriber may elect to remain covered under the Group Contract until the earliest of any of the following:
    - a. Eighteen (18) months after the date of the Subscriber's death;



- b. The date on which the Dependent fails to make timely payment for this continuation coverage;
- c. The date on which the Dependent is enrolled in other Group or non-Group coverage;
- d. The date on which the Dependent becomes entitled to benefits under Medicare;
- e. The date on which the Dependent elects to terminate coverage under the Group Contract;
- f. With regard to the coverage of a covered child, the date on which the covered child would no longer have been covered under the Group Contract if the Subscriber's death had not occurred, for example if the child attains the Limiting Age; or
- g. The date on which the Group ceases to provide benefits to its employees under the Group Contract.

This continuation coverage must be elected, through submission of a signed election notification form to the Group, within forty-five (45) days after the Subscriber's death. The Dependents are responsible for payment through the Group of the full cost of this continuation coverage, which may include a reasonable administrative fee not to exceed two percent (2%) of the premium, which is payable to and retained by the Group. No evidence of insurability is required.

2. Continuation for Spouse and Children in the Event of Divorce. This provision applies in the event of the divorce of a Subscriber who is a resident of Maryland and whose coverage included one (1) or more Dependents at the time of divorce. This provision also applies to a newborn child of the Subscriber born to the former Spouse after the date of divorce.

- a. When this provision applies, Dependents of the Subscriber may continue to be covered under the Group Contract until the earliest of any of the following:
  - i. The date on which the Subscriber's coverage under the Group Contract is terminated;
  - ii. The date on which the Subscriber or Dependent fails to make timely payment for this continuation coverage;
  - iii. The date on which the Dependent is enrolled in other Group or non-Group coverage;
  - iv. The date on which the Dependent becomes entitled to benefits under Medicare;
  - v. With regard to the coverage of a Spouse, the last day of the month in which the Spouse remarries;
  - vi. With regard to the coverage of a covered child, the date on which the covered child would no longer have been covered under the Group Contract if the Subscriber's divorce had not occurred, for example if the child attains the Limiting Age;

- vii. The effective date of an election by the Dependent to no longer be covered under the Group Contract; or
      - viii. The date on which the Group ceases to provide benefits to its employees under the Group Contract.
    - b. To receive this continued coverage, the Subscriber or the divorced Spouse must notify the Group of the divorce no later than:
      - i. Sixty (60) days following the divorce if, on the date of the divorce, the Subscriber is covered under the Group Contract or another Group health plan offered by the Group; or
      - ii. Thirty (30) days following the Effective Date of the Subscriber's coverage under this Evidence of Coverage if, on the date of the divorce, the Subscriber was covered under a Group health plan offered through a different employer.
    - c. The Subscriber or the former Spouse of the Subscriber shall pay to the Group the full cost of the continuation coverage.
3. State Continuation for Subscriber and Dependents in the Event of Voluntary or Involuntary Termination of Employment for Any Reason Other Than Cause. This provision applies in the event of the voluntary and involuntary termination of employment of a Subscriber who is a resident of Maryland, who was terminated from employment for any reason other than cause and who was covered under the Group Contract or predecessor Group Contract with the same employer for at least three (3) months prior to the termination of employment.
- a. When this provision applies, the Subscriber and any Dependent who was covered under the Subscriber on the date of termination may elect to remain covered under the Group Contract until the earliest of any of the following:
    - i. Eighteen (18) months after the date of termination of the Subscriber's employment;
    - ii. The date on which the Subscriber or Dependent fails to make timely payment for this continuation coverage;
    - iii. The date on which the Subscriber or Dependent is enrolled in other Group or non-Group coverage;
    - iv. The date on which the Subscriber becomes entitled to benefits under Medicare;
    - v. The effective date of an election by the Subscriber to no longer be covered under the Group Contract;
    - vi. The date on which the employer ceases to provide benefits to its employees under a Group Contract;
    - vii. With regard to the coverage of a covered child, the date on which the covered child would no longer have been covered under the Group Contract if the Subscriber's employment had not terminated, for example if the child attains the Limiting Age.

- b. This continuation coverage must be elected, through submission of a signed election notification form to the Group, within forty-five (45) days after termination of the Subscriber's employment. The Subscriber is responsible for payment through the Group of the full cost of this continuation coverage that may include a reasonable administrative fee not to exceed two percent (2%) of the premium, which is payable to and retained by the Group. No evidence of insurability is required.

3.4 Conversion Privileges. This Group Contract carries no conversion privileges.

3.5 Extended Benefits. If a Member has ordered frames and spectacle lenses or contact lenses before the date the Member's coverage terminates, the Vision Care Designee will provide benefits for the frames and spectacle lenses or contact lenses if the Member receives the frames and spectacle lenses or contact lenses within thirty (30) days after the date of the order. This extension of benefits will not apply if:

- A. Coverage is terminated for non-payment of required premium by the Member; or
- B. Coverage is terminated for fraud or material misrepresentation by the Member; or
- C. The Member obtained uninterrupted and comparable coverage under a succeeding vision plan that is less than the cost to the Member of the extended benefit.

3.6 Right to Continue Coverage. If a Member is eligible to continue coverage under the Group Contract according to state and federal continuation provisions, the Member is entitled to utilize both provisions. Any differences in qualifications or benefits between the federal and state provisions will be resolved in favor of the Member.

3.7 Effect of Termination. Except as provided in the Extension of Benefits section above, no benefits will be provided for any services received on or after the date on which the Member's coverage under this Evidence of Coverage terminates. This includes services received for an injury or illness that occurred before the effective date of termination.

3.8 Reinstatement. Coverage will not reinstate automatically under any circumstances.

**SECTION 4**  
**COORDINATION OF BENEFITS ("COB"); SUBROGATION**

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4.1 Coordination of Benefits ("COB").

A. Applicability.

1. This Coordination of Benefits ("COB") provision applies to this CareFirst Plan when a Member has health care coverage under more than one Plan.
2. If this COB provision applies, the Order of Benefit Determination Rules should be looked at first. Those rules determine whether the benefits of this CareFirst Plan are determined before or after those of another Plan. The benefits of this CareFirst Plan:
  - a. Shall not be reduced when, under the order of determination rules, this CareFirst Plan determines its benefits before another Plan; but
  - b. May be reduced when, under the order of determination rules, another Plan determines its benefits first. The above reduction is described in the Effect on the Benefits section of this CareFirst Plan Evidence of Coverage.

B. Definitions. For the purpose of this COB section, the following terms are defined. The definitions of other capitalized terms are found in the definitions sections of this Evidence of Coverage.

Allowable Expenses means any health care expense, including Deductibles, Coinsurance or Copayments that are covered in whole or in part by any of the Plans covering the Member. This means that any expense or portion of an expense that is not covered by any of the Plans is not an Allowable Expense.

CareFirst Plan means this Evidence of Coverage.

Intensive Care Policy means a health insurance policy that provides benefits only when treatment is received in that specifically designated health care facility of a hospital that provides the highest level of care and which is restricted to those patients who are physically, critically ill or injured.

Plan means any health insurance policy, including those of nonprofit health service Plan and those of commercial group, blanket, and individual policies, any subscriber contracts issued by health maintenance organizations, and any other established programs under which the insured may make a claim. The term Plan includes coverage under a governmental Plan, or coverage required or provided by law. This does not include a State Plan under Medicaid (Title XIX, Grants to States for Medical Assistance Programs, of the United States Social Security Act, as amended from time to time.)

The term Plan does not include:

1. An individually underwritten and issued, guaranteed renewable, specified disease policy;
2. An intensive care policy, which does not provide benefits on an expense incurred basis;
3. Coverage regulated by a motor vehicle reparation law;
4. The first one-hundred dollars (\$100) per day of a Hospital indemnity contract; or,

5. An elementary and or secondary school insurance program sponsored by a school or school system.
6. Personal injury protection benefits under a motor vehicle liability insurance policy.

Primary Plan or Secondary Plan means the order of benefit determination rules state whether this CareFirst Plan is a Primary Plan or Secondary Plan as to another Plan covering the Member.

1. When this CareFirst Plan is a Primary Plan, its benefits are determined before those of the other Plan and without considering the other Plan's benefits.
2. When this CareFirst Plan is a Secondary Plan, its benefits are determined after those of the other Plan and may be reduced because of the other Plan's benefits.
3. When there are more than two Plans covering the Member, this CareFirst Plan may be a Primary Plan as to one of the other Plans, and may be a Secondary Plan as to a different Plan or Plans.

Specified Disease Policy means a health insurance policy that provides (1) benefits only for a disease or diseases specified in the policy or for the treatment unique to a specific disease; or (2) additional benefits for a disease or diseases specified in the policy or for treatment unique to a specified disease or diseases

C. Order of Determination Rules.

1. General. When there is a basis for a claim under this CareFirst Plan and another Plan, this CareFirst Plan is a Secondary Plan which has its benefits determined after those of the other Plan, unless;
  - a. The other Plan has rules coordinating benefits with those of this CareFirst Plan; and
  - b. Both those rules and this CareFirst Plan's rules require that this CareFirst Plan's benefits be determined before those of the other Plan.
2. Rules. This CareFirst Plan determines its order of benefits using the first of the following rules which applies:
  - a. Non-dependent/dependent. The benefits of the Plan which covers the person as an employee, member or subscriber (that is, other than as a dependent) are determined before those of the Plan which covers the person as a dependent; except that if the person is also a Medicare beneficiary, and the result of the rule established by Title XVIII of the Social Security Act and implementing regulations, Medicare is:
    - i. Secondary to the Plan covering the person as a dependent, and
    - ii. Primary to the Plan covering the person as other than a dependent (e.g. retired employee),

Then the benefits of the Plan covering the person as a dependent are determined before those of the Plan covering the person as other than a dependent.

- b. Dependent child covered by more than one Plan. Unless there is a court decree stating otherwise, when this CareFirst Plan and another Plan cover the same child as a dependent, the order of benefits shall be determined as follows:
- i. For a dependent child whose parents are married or are living together:
    - (a) The benefits of the Plan of the parent whose birthday falls earlier in a year are determined before those of the Plan of the parent whose birthday falls later in the year; but
    - (b) If both parents have the same birthday, the benefits of the Plan that covered one parent longer are determined before those of the Plan that covered the other parent for a shorter period of time.
  - ii. For a dependent child whose parents are separated, divorced, or are not living together:
    - (a) If the specific terms of a court decree state that one of the parents is responsible for the health care expenses or health care coverage of the child, and the entity obligated to pay or provide the benefits of the Plan of that parent has actual knowledge of those terms, the benefits of that Plan are determined first. If the parent with responsibility has no health care coverage for the dependent child's health care expenses, but the parent's Spouse does, that parent's Spouse's plan is the primary plan. This paragraph does not apply with respect to any claim for services rendered before the entity has that actual knowledge of the terms of the court decree.
    - (b) If there is no court decree setting out the responsibility for the child's health care expenses or health care coverage, the order of benefits for the dependent child are as follows:
      - (i) The Plan of the parent with custody of the child;
      - (ii) The Plan of the Spouse of the parent with the custody of the child;
      - (iii) The Plan of the parent not having custody of the child; and then
      - (iv) The Plan of the Spouse of the parent who does not have custody of the child.

The rule described in C.2.b.i also shall apply if: (i) a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage; or, (ii) a court decree states that the parents have joint custody without specifying that one parent has responsibility for the health care expenses or coverage of the dependent child.

iii. For a dependent child covered under more than one plan of individuals who are not the parents of the child, the order of benefits shall be determined, as applicable, under the rules stated in i. and ii. of this paragraph as if those individuals were parents of the child.

d. Active/inactive employee. The benefit of a Plan which covers a person as an employee who is neither laid off nor retired is determined before those of a Plan which covers that person as a laid off or retired employee. The same would hold true if a person is a dependent of a person covered as a retiree and an employee. If the other Plan does not have this rule, and if, as a result, the Plans do not agree on the order of benefits, this rule is ignored.

e. Continuation coverage. If a person whose coverage is provided under the right of continuation pursuant to Federal or State law also is covered under another Plan, the following shall be the order of benefits determination:

i. First, the benefits of a Plan covering the person as an employee, member or Subscriber (or as that person's dependent);

ii. Second, the benefits under the continuation coverage.

If the other Plan does not have the rule described above, and if, as a result, the Plans do not agree on the order of benefits, this rule is ignored.

f. Longer/shorter length of coverage. If none of the above rules determines the order of benefits, the benefits of the Plan that covered an employee, member or subscriber longer are determined before those of the Plan that covered that person for the shorter term.

D. Effect on the Benefits of this CareFirst Plan.

1. When this Section applies. This section applies when, in accordance with the prior section, order of benefits determination rules, this CareFirst Plan is a Secondary Plan as to one or more other Plans. In that event the benefits of this CareFirst Plan may be reduced under this section. Such other Plan or Plans are referred to as "the other Plans" immediately below.

2. Reduction in this CareFirst Plan's benefits. When this CareFirst Plan is the Secondary Plan, the benefits under this CareFirst Plan *may* be reduced so that the total benefits that would be payable or provided by all the other Plans do not exceed one hundred percent (100%) of the total Allowable Expenses. If the benefits of this CareFirst Plan are reduced, each benefit is reduced in proportion. It is then charged against any applicable benefit limit of this CareFirst Plan.

E. Right to Receive and Release Needed Information. Certain facts are needed to apply these COB rules. CareFirst has the right to decide which facts it needs. It may get the needed facts from or give them to any other organization or person for purposes of treatment, payment, and health care operations. CareFirst need not tell, or get the consent of, any person to do this. Each person claiming benefits under this CareFirst Plan must give this CareFirst Plan any facts it needs to pay the claim.

F. Facility of Payment. A payment made under another Plan may include an amount that should have been paid under this CareFirst Plan. If it does, this CareFirst Plan may pay that amount to the organization that made that payment. That amount will then be treated as though it were a benefit paid under this CareFirst Plan. This CareFirst Plan will not

have to pay that amount again. The term "payment made" includes providing benefits in the form of services, in which case "payment made" means the reasonable cash value of the benefits provided in the form of services.

G. Right of Recovery. If the amount of the payments made by this CareFirst Plan is more than that it should have paid under this COB provision, it may recover the excess from one or more of:

1. The persons it has paid or for whom it has paid,
2. Insurance companies, or,
3. Other organizations.

The "amount of the payments made" includes the reasonable cash value of any benefits provided in the form of services.

4.2 Medicare Eligibility. This provision applies to Members who are enrolled in Part A and/or Part B of Medicare. A Member will not be terminated as a result of reaching the age of sixty-five (65) or becoming eligible for Medicare. Benefits not covered by Medicare will be provided as described in the Evidence of Coverage. Benefits that are covered by Medicare are subject to the provisions in this Part.

A. Coverage Secondary to Medicare. Except where prohibited by law, the benefits under this CareFirst Plan are secondary to Medicare.

B. Medicare as Primary.

1. When benefits for Vision Care are paid by Medicare as primary, this CareFirst Plan will not duplicate those payments. When CareFirst coordinates the benefits with Medicare, CareFirst's payments will be based on the Medicare allowance (if the provider is a participating provider in Medicare) or the Medicare maximum limiting charge (if the provider is not a participating provider in Medicare).
2. Benefits under this CareFirst Plan will be coordinated as described above to the extent a benefit would have been provided or payable under Medicare if the Member had diligently sought to establish his or her right to such benefits. Members shall agree to complete and submit to Medicare, CareFirst and/or health care practitioners all claims, consents, releases, assignments and other documents required to obtain or assure such payment.

4.3 Employer or Governmental Benefits. Coverage under this Evidence of Coverage does not include the cost of services or payment for services for any illness, injury or condition for which, or as a result of which, a Benefit (as defined below) is provided or is required to be provided either:

- A. Under any federal, state, county or municipal workers' compensation or employer's liability law or other similar program; or
- B. From any federal, state, county or municipal or other government agency, including, in the case of service-connected disabilities, the Veterans Administration, to the extent that benefits are payable by the federal, state, county or municipal or other government agency, but excluding Medicare benefits and Medicaid benefits.

Benefit, as used in this provision, includes a payment or any other benefit, including amounts received in settlement of a claim for Benefits.



4.4 Subrogation. CareFirst has subrogation and reimbursement rights. Subrogation requires the Member to turn over to CareFirst any rights the Member may have against a third party. A third party is any person, corporation, insurer or other entity that may be liable to a Member for an injury or illness. This right applies to the amount of benefits paid by CareFirst for injuries or illnesses where a third party could be liable.

Recovery means to be successful in a lawsuit; to collect or obtain an amount; to obtain a favorable or final judgment; to obtain an amount in any legal manner; an amount finally collected; or the amount of judgment as a result of an action brought against a third-party or involving uninsured or underinsured motorist claims. A Recovery does not include payments made to the Member under the Member's Personal Injury Protection Policy. CareFirst will not recover medical expenses from a Subscriber unless the Subscriber or Member recovers for medical expenses in a cause of action.

- A. The Member shall notify CareFirst as soon as reasonably possible that a third-party may be liable for the injuries or illnesses for which benefits are being provided or paid.
- B. To the extent that actual payments made by CareFirst result from the occurrence that gave rise to the cause of action, CareFirst shall be subrogated and succeed to any right of recovery of the Member against any person or organization.
- C. The Member shall pay CareFirst the amount recovered by suit, settlement, or otherwise from any third-party's insurer, any uninsured or underinsured motorist coverage, or as permitted by law, to the extent that any actual payments made by CareFirst result from the occurrence that gave rise to the cause of action.
- D. The Member shall furnish information and assistance, and execute papers that CareFirst may require to facilitate enforcement of these rights. The Member shall not commit any action prejudicing the rights and interests of CareFirst.
- E. In a subrogation claim arising out of a claim for personal injury, the amount recovered by CareFirst may be reduced by:
  - 1. Dividing the total amount of the personal injury recovery into the total amount of the attorney's fees incurred by the injured person for services rendered in connection with the injured person's claim; and
  - 2. Multiplying the result by the amount of CareFirst's subrogation claim. This percentage may not exceed one-third (1/3) of CareFirst's subrogation claim.
- F. On written request by CareFirst, a Member or Member's attorney who demands a reduction of the subrogation claim shall provide CareFirst with a certification by the Member that states the amount of the attorney's fees incurred.
- G. These provisions do not apply to residents of the Commonwealth of Virginia.

**SECTION 5  
GENERAL PROVISIONS**

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5.1 Claims and Payment of Claims.

- A. Claim Forms. CareFirst does not require a written notice of claims. A claim form can be requested by calling the Member and Provider Service telephone number on the identification card during regular business hours. CareFirst shall provide claim forms for filing proof of loss to each claimant or to the Group for delivery to the claimant. If CareFirst does not provide the claim forms within fifteen (15) days after notice of claim is received, the claimant is deemed to have complied with the requirements of the policy as to proof of loss if the claimant submits, within the time fixed in the policy for filing proof of loss, written proof of the occurrence, character, and extent of the loss for which the claim is made.

When a child subject to a QMSO/MCSO does not reside with the Subscriber, CareFirst will

1. Send ID cards, claims forms, the applicable Evidence of Coverage, and any information needed to obtain benefits to the non-insuring custodial parent;
  2. Allow the non-insuring custodial parent or a provider of the Vision Care to submit a claim without the approval of the Subscriber; and,
  3. Provide benefits directly to the non-insuring parent, the provider of the Vision Care, or the appropriate child support enforcement agency of any State or the District of Columbia.
- B. Proof of Loss. In order to receive benefits under this Evidence of Coverage, written proof of loss shall be furnished to CareFirst within the deadlines described below.
1. Claims for Vision Care must be submitted within twelve (12) months following the dates services were rendered.
  2. A Member's failure to furnish the proof of loss within the time required does not invalidate or reduce a claim if it was not reasonably possible to submit the proof within the required time, if the proof is furnished as soon as reasonably possible, and except in the absence of legal capacity of the Member, not later than one year from the time proof is otherwise required.
  3. CareFirst will honor claims submitted for Vision Care by any agency of the federal, state or local government that has the statutory authority to submit claims beyond the time limits established under this Evidence of Coverage. These claims must be submitted to the Vision Care Designee before the filing deadline established by the applicable statute on claims forms that provide all of the information the Vision Care Designee deems necessary to process the claim. CareFirst provides forms for this purpose.
- C. Time of Payment of Claims. Benefits payable under this policy will not be paid more than thirty (30) days after receipt of written proof of loss.
- D. Claim Payments Made in Error. If CareFirst makes a claim payment to or on behalf of the Member in error, the Member is required to repay CareFirst the amount that was paid in error. If the Member has not repaid the full amount that owed CareFirst and CareFirst makes a subsequent benefit payment, CareFirst may subtract the amount owed CareFirst from the subsequent payment.

- E. Payment of Claims. Payments for Vision Care rendered by Contracting Providers will be paid directly to the Contracting Providers or to their representatives.

If a Member makes an Assignment of Benefits for services rendered by a Non-Contracting Provider who is a physician, payment for services will be paid directly to the Non-Contracting Provider who is a physician, except as provided in Section 5.4.C. If a Member receives Vision Care from any other Non-Contracting Provider other than a physician who accepts an Assignment of Benefits, the Vision Care Designee reserves the right to pay either the Member or the provider. Such payment shall constitute full and complete satisfaction of the Vision Care Designee's obligation.

When a child Dependent is covered under a court or administrative order or a Qualified Medical Support Order and the parent who is not the Subscriber incurs covered expenses on the child Dependent's behalf, CareFirst reserves the right to make payment for these covered expenses to the non-Subscriber parent, the provider or the Maryland Department of Health and Mental Hygiene. In any case, CareFirst's payment will be in full and complete satisfaction of CareFirst's obligation.

- 5.2 Legal Actions. A Member cannot bring any lawsuit against CareFirst to recover under this Evidence of Coverage before the expiration of sixty (60) days after written proof of loss has been furnished, and not after three (3) years from the date that written proof of loss is required to be submitted to CareFirst.
- 5.3 Delivery of Evidence of Coverage. Unless CareFirst makes delivery directly to the Member, CareFirst will provide to the Group, for delivery to each Member, a statement that summarizes the essential features of the coverage and states to whom benefits under the Evidence of Coverage are payable. Only one (1) statement will be issued for each family unit, except in the instance of an eligible child who is covered due to a MCSO/QMSO. In that instance, an additional Evidence of Coverage will be delivered to the custodial parent, upon request.
- 5.4 No Assignment. A Member cannot assign any benefits or payments due under this Evidence of Coverage to any person, corporation or other organization, except a Member may:
- A. Make an Assignment of Benefits to a Non-Contracting Provider who is a physician; or
  - B. Assign any other benefits or payments under the Evidence of Coverage only as specifically provided by this Evidence of Coverage or required by law.
  - C. Notwithstanding any permitted and valid Assignment of Benefits, the Vision Care Designee may refuse to directly reimburse a Non-Contracting Provider who is a physician, who accepts an Assignment of Benefits if:
    - 1. the Vision Care Designee receives notice of the Assignment of Benefits after the time that it has paid the benefits to the Member;
    - 2. the Vision Care Designee, due to an inadvertent administrative error, has previously paid the Member;
    - 3. The Member withdraws the Assignment of Benefits before the Vision Care Designee has paid the Non-Contracting Provider who is a physician; or
    - 4. The Member paid the Non-Contracting Provider who is a physician the full amount due at the time of service.
- 5.5 Events Outside of CareFirst's Control. If CareFirst, for any reason beyond the control of CareFirst, is unable to provide the coverage promised in the Evidence of Coverage, CareFirst is liable for reimbursement of the expenses necessarily Incurred by any Member in procuring the

services through other providers, to the extent prescribed by the Insurance Commissioner of Maryland.

- 5.6 Identification Card. Any card CareFirst issues to the Member, under this Evidence of Coverage, is for identification only.
- A. Possession of an identification card confers no right to benefits under this Evidence of Coverage.
  - B. To be entitled to such benefits, the holder of the card must, in fact, be a Member on whose behalf all applicable premiums under this Evidence of Coverage have actually been paid.
  - C. Any person receiving benefits to which that person is not then entitled under the provisions of this Evidence of Coverage will be liable for the actual cost of such benefits.
- 5.7 Member Medical Records. It may be necessary to review and/or obtain medical records and information from hospitals, skilled nursing facilities, physicians or other practitioners who treat the Member. When a Member becomes covered under this Evidence of Coverage, the Member (or, if the Member is legally incapable of giving such consent, the representative of such Member) automatically gives CareFirst permission to obtain and use such records and information, including without limitation medical records and information requested to assist CareFirst in determining benefits and eligibility of Members.
- 5.8 Member Privacy. CareFirst shall comply with state, federal and local laws pertaining to the dissemination or distribution of non-public personally identifiable medical or health-related data. In that regard, CareFirst will not provide to the Group or unauthorized third parties any personally identifiable medical information without the prior written authorization of the patient or parent/guardian or as otherwise permitted by law.
- 5.9 CareFirst's Relationship to Providers. Providers, including Contracting Providers and Non-Contracting Providers, are independent individuals or organizations and are not employees or agents of CareFirst and are not authorized to act on behalf of or obligate CareFirst with regard to interpretation of the terms of this Evidence of Coverage, including eligibility of Members for coverage or entitlement to benefits. Contracting Providers and Non-Contracting Providers maintain a provider-patient relationship with the Member and are solely responsible for the professional services they provide. CareFirst is not responsible for any acts or omissions, including those involving malpractice or wrongful death, of Contracting Providers and Non-Contracting Providers or any other individual, facility or institution which provides services to Members or any employee, agent or representative of such providers.
- 5.10 CareFirst's Relationship to the Group. The Group is not CareFirst's agent or representative and is not liable for any acts or omissions by CareFirst or any provider. CareFirst is not an agent or representative of the Group and is not liable for any acts or omissions of the Group.
- 5.11 Administration of Evidence of Coverage. CareFirst may adopt reasonable policies, procedures, rules and interpretations to promote the orderly and efficient administration of the Evidence of Coverage.
- 5.12 Rights under Federal Laws. The Group may be subject to federal law (including the Employee Retirement Income Security Act of 1974, as amended (ERISA), the Consolidated Omnibus Budget Reconciliation Act of 1985, as amended (COBRA), and/or the Health Insurance Portability and Accountability Act of 1996 (HIPAA)) that relates to the health benefits provided under this Group Contract. For the purposes of ERISA and/or COBRA, the Group is the "plan administrator." As the plan administrator, it is the Group's responsibility to provide Members with certain information, including access to and copies of plan documents describing Member's benefits and rights to coverage under the Group health plan. Such rights include the right to continue coverage upon the occurrence of certain "Qualifying Events."

In any event, the Member should check with the Group to determine the Member's rights under ERISA, COBRA, and/or HIPAA, as applicable.

- 5.13 Rights to Vest in Guarantor. In the event of insolvency, CareFirst's rights under the Group Contract (including, but not limited to, all rights to premiums to the extent permitted by applicable bankruptcy law) will become vested in any person or entity that guarantees payment and actually pays for the services and benefits that CareFirst is obligated to make available under the Group Contract.
- 5.14 Rules for Determining Dates and Times. The following rules will be used when determining dates and times under the Group Contract:
- A. All dates and times of day will be based on the dates and times applicable to the Washington, DC area (i.e., Eastern Standard Time or Eastern Daylight Savings Time, as applicable).
  - B. When reference is made to coverage being effective on a particular date, this means 12:01 a.m. on that date.
  - C. When reference is made to termination being effective on a particular date, this means 12:00 midnight on that date.
  - D. Day means a calendar day, including weekends, holidays, etc., unless a different basis is specifically stated.
  - E. Year means a calendar year, unless a different basis is specifically stated.
- 5.15 Notices. Whenever the terms of the Group Contract or Evidence of Coverage require the Member, CareFirst or the Group to "give notice" or "notify" another party, the following requirements apply:
- A. To the Subscriber. Notice to Subscribers will be sent via electronic mail if the Subscriber has consented to receive such notices via electronic mail or by first class mail to the most recent address for the Subscriber in CareFirst's files. The notice will be effective on the date mailed, whether or not the Subscriber in fact receives the notice or there is a delay in receiving the notice.
  - B. To CareFirst. When notice or payment is sent to CareFirst, it must be sent by first class mail to:  

CareFirst of Maryland, Inc.  
10455 Mill Run Circle  
Owings Mills, Maryland 21117-5559

Notice will be effective on the date of receipt by CareFirst, unless the notice is sent by registered mail, in which case the notice is effective on the date of mailing, as certified by the Postal Service. CareFirst may change the address at which notice is to be given by giving written notice to the Group.
- 5.16 Evidence of Coverage Binding on Members. The Evidence of Coverage can be amended, modified or terminated in accordance with any provision of the Evidence of Coverage or by mutual agreement between CareFirst and the Group without the consent or concurrence of Members. By electing coverage under this Evidence of Coverage, or accepting benefits under this Evidence of Coverage, Members are subject to all terms, conditions and provisions of the Group Contract and Evidence of Coverage.

- 5.17 Payment of Contributions. The Group Contract is issued to the Group on a contributory basis in accordance with the Group's policies. The Group has agreed to collect from Members any contributory portion of the premium and pay to CareFirst the premium as specified in the Group Contract for all Members.
- 5.18 Complaints about CareFirst. Members may complain to the Maryland Insurance Administration about the operation of CareFirst. Such complaints would include matters other than coverage decisions or adverse decisions as described in the benefit determinations and appeals procedures attached to this Evidence of Coverage. To complain about the operation of CareFirst, Members should contact:

Maryland Insurance Administration  
Life and Health Complaints  
200 St. Paul Place, Suite 2700  
Baltimore, Maryland 21202  
Tel: 410-468-2244  
Toll Free: 1-800-492-6116  
Fax: 410-468-2260  
Website: <http://www.mdinsurance.state.md.us>

**CareFirst of Maryland, Inc.**  
doing business as  
CareFirst BlueCross BlueShield  
10455 Mill Run Circle  
Owings Mills, Maryland 21117-5559

A private not-for-profit health service plan incorporated in the State of Maryland

An independent licensee of the BlueCross and BlueShield Association

**ATTACHMENT A**

**BENEFIT DETERMINATION AND  
APPEAL AND GRIEVANCE PROCEDURES**

This attachment contains certain terms that have a specific meaning as used herein. These terms are capitalized and defined in Section A below, and/or in the Evidence of Coverage to which this document is attached.

These procedures replace all prior procedures issued by the Plan, which afford Members recourse pertaining to denials and reductions of claims for benefits by the Plan.

These procedures only apply to Claims for Benefits. Notification required by these procedures will only be sent when a Member requests a benefit or files a claim in accordance with the Plan's procedures.

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## A. DEFINITIONS

The following terms shall have the meaning ascribed to such terms whenever such terms are used in these Claims Procedures.

Adverse Benefit Determination means any of the following: a denial, reduction, or termination of, or a failure to provide or make payment (in whole or in part) for, a benefit, including any such denial, reduction, termination, or failure to provide or make payment that is based on a determination of a Member's eligibility to participate in a Plan, and including, a denial, reduction, or termination of, or a failure to provide or make payment (in whole or in part) for, a benefit resulting from the application of any utilization review, as well as a failure to cover an item or service for which benefits are otherwise provided because it is determined to be Experimental/Investigational or not Medically Necessary or appropriate. An Adverse Benefit Determination also includes any Rescission of coverage (whether or not, in connection with the Rescission, there is an adverse effect on any particular benefit at that time).

Adverse Decision means a utilization review determination that:

1. A proposed or delivered health care service covered under the Member's contract is or was not Medically Necessary, appropriate, or efficient; and
2. May result in non-coverage of the health care service. Adverse Decision does not include a Coverage Decision.

Appeal means a protest filed by a Member, the Member's Representative or Health Care Provider acting on behalf of the Member with the Plan under its internal appeal process regarding a Coverage Decision.

Appeal Decision means final determination by the Plan that arises from an Appeal.

Claim for Benefits means a request for a Plan benefit or benefits made by a Member in accordance with a Plan's reasonable procedure for filing benefit claims. A Claim for Benefits includes any Pre-Service Claims and any Post-Service Claims.

Claim Involving Urgent Care means any claim for medical care or treatment that involves an Emergency Case or a Urgent Medical Condition. Whether a claim is a Claim Involving Urgent Care is to be determined by an individual acting on behalf of the Plan applying the judgment of a prudent layperson who possesses an average knowledge of health and medicine; however, any claim that a physician with knowledge of the Member's medical condition determines is a Claim Involving Urgent Care shall be treated as a Claim Involving Urgent Care for purposes of these Claims Procedures.

Claims Procedures means, collectively, the procedures governing the filing of benefit claims, Notification of benefit determinations, and Grievances and Appeals of Adverse Benefit Determinations for Members.

Compelling Reason means a showing that the potential delay in receipt of a health care service until after the Member, the Member's Representative or Health Care provider acting on behalf of the Member exhausts the internal grievance process and obtains a final decision under the grievance process could result in loss of life, serious impairment to a bodily function, serious dysfunction of a bodily organ, or the Member remaining seriously mentally ill with symptoms that cause the Member to be in danger to self or others.

Complaint means a protest filed with the Maryland Insurance Commissioner involving an Adverse Benefit Determination, Appeal Decision or Grievance Decision.



Coverage Decision means:

1. An initial determination by the Plan or the Plan's Designee that results in non-coverage of a health care service;
2. An determination by the Plan that that an individual is not eligible for coverage under the Evidence of Coverage; or
3. A determination by the Plan that results in the Rescission of an individual's coverage under the Evidence of Coverage;

A Coverage Decision includes nonpayment of all or part of Claim for Benefits. A Coverage Decision does not include an Adverse Decision or a Pharmacy Inquiry.

Designee of the Commissioner means any person to whom the Commissioner has delegated the authority to review and decide Complaints, including an administrative law judge to whom the authority to conduct a hearing has been delegated for recommended or final decision.

Emergency Case means medical services are necessary to treat a condition or illness that, without immediate medical attention, would either (i) seriously jeopardize the life or health of the Member or the Member's ability to regain maximum function, or (ii) cause the Member to be in danger to self or others.

Filing Date means the earlier of:

1. 5 days after the date of mailing; or
2. The date of receipt.

Grievance means a protest filed by a Member, the Member's Representative or Health Care Provider acting on behalf of the Member through the Plan's internal Grievance process regarding an Adverse Decision.

Grievance Decision means a final determination by the Plan that arises from a Grievance.

Group Health Plan means an employee welfare benefit Plan within the meaning of Section 3(1) of the Act to the extent that such Plan provides "medical care" within the meaning of Section 733(a) of the Employee Retirement and Income Security Act ("ERISA" or "Act").

Health Advocacy Unit means the Health Education and Advocacy Unit in the Division of Consumer Protection of the Office of the Attorney General established under Title 13, Subtitle 4A of the Commercial Law Article, Annotated Code of Maryland.

Health Care Provider, as used in this attachment, means:

1. An individual who is licensed under the Health Occupations Article, Annotated Code of Maryland, to provide health care services in the ordinary course of business or practice of a profession and is a treating provider of the Member; or
2. A hospital as defined in Title 19 Subtitle 3 of the Health-General Article.

Member, as used in this attachment, means an individual entitled to receive health care benefits under this Evidence of Coverage.

Member's Representative means an individual who has been authorized by a Member to file a Grievance, Appeal or a Complaint on behalf of a Member.

Notice or Notification means the delivery or furnishing of information to an individual in a manner appropriate with respect to material required to be furnished or made available to an individual.

Pharmacy Inquiry means an inquiry submitted by a pharmacist or pharmacy on behalf of a Member to the Plan, Plan Designee or pharmacy benefits manager at the point of sale about the scope of pharmacy coverage, pharmacy benefit design, or formulary under the Plan.

Plan means that portion of the Group Health Plan established by the Group that provides for health care benefits for which CareFirst e is the carrier under the Evidence of Coverage.

Plan Designee, for purposes of these Claims Procedures, means CareFirst.

Post-Service Claim means any claim for a benefit that is not a Pre-Service Claim.

Pre-Service Claim means any claim for a benefit with respect to which the terms of the Plan condition receipt of the benefit, in whole or in part, on approval of the benefit in advance of obtaining medical care.

Relevant. A document, record, or other information shall be considered Relevant to a Member's claim if such document, record, or other information:

1. Was relied upon in making the benefit determination;
2. Was submitted, considered, or generated in the course of making the benefit determination, without regard to whether such document, record, or other information was relied upon in making the benefit determination;
3. Demonstrates compliance with the administrative processes and safeguards required pursuant to these Claims Procedures in making the benefit determination; or
4. Constitutes a statement of policy or guidance with respect to the Plan concerning the denied treatment option or benefit for the Member's diagnosis, without regard to whether such advice or statement was relied upon in making the benefit determination.

Rescission means a cancellation or discontinuance of coverage that has retroactive effect, except to the extent it is attributable to a failure to pay required premiums or contributions towards the cost of coverage.

Urgent Medical Condition means a condition that satisfies either of the following:

1. A medical condition, including a physical condition, a mental condition, or a dental condition, where the absence of medical attention within 72 hours could reasonably be expected by an individual, acting on behalf of the Plan, applying the judgment of a prudent layperson who possesses an average knowledge of health and medicine, to result in:
  - a. Placing the member's life or health in serious jeopardy;
  - b. The inability of the member to regain maximum function;
  - c. Serious impairment to bodily function;
  - d. Serious dysfunction of any bodily organ or part; or
  - e. The member remaining seriously mentally ill with symptoms that cause the member to be a danger to self or others; or

2. A medical condition, including a physical condition, a mental health condition, or a dental condition, where the absence of medical attention within 72 hours in the opinion of a Health Care Provider with knowledge of the Member's medical condition, would subject the Member to severe pain that cannot be adequately managed without the care or treatment that is the subject of the coverage decision.

## **B. SCOPE**

The Plan's Claims Procedures were developed in accordance with Section 503 of the Employee Retirement Income Security Act of 1974 (ERISA or the Act), 29 U.S.C. 1133, 1135, which sets forth minimum requirements for employee benefit plan procedures pertaining to Claims For Benefits by Members.

## **C. CLAIMS PROCEDURES**

These procedures govern the filing of benefit claims, Notification of benefit determinations, and Appeals and Grievances of Adverse Benefit Determinations (hereinafter collectively referred to as Claims Procedures) for Members.

These Claims Procedures do not preclude a Member's Representative or Health Care Provider acting on behalf of a Member from acting on behalf of such Member in pursuing a Claim for Benefits, Grievance or Appeal of an Adverse Benefit Determination, or a Complaint to the Maryland Insurance Commissioner. Nevertheless, the Plan has established reasonable procedures for determining whether an individual has been authorized to act on behalf of a Member.

These Claims Procedures contain administrative processes and safeguards designed to ensure and to verify that benefit claim determinations and Adverse Benefit Determinations are made in accordance with governing Plan documents and, where appropriate, Plan provisions have been applied consistently with respect to similarly situated Members.

## **D. CLAIMS PROCEDURES COMPLIANCE**

1. Failure to follow Pre-Service Claims Procedures. In the case of a failure by a Member or a Member's Representative to follow the Plan's procedures for filing a Pre-Service Claim the Member or representative shall be notified of the failure and the proper procedures to be followed in filing a Claim for Benefits. This Notification shall be provided to the Member, the Member's Representative, or Health Care Provider acting on behalf of the Member, as appropriate, as soon as possible, but not later than 5 days (24 hours in the case of a failure to file a Claim Involving Urgent Care) following the failure. Notification may be oral, unless written Notification is requested by the Member, the Member's Representative or Health Care Provider acting on behalf of the Member.

The above shall apply only in the case of a failure that:

- a. Is a communication by a Member, the Member's Representative, or Health Care Provider acting on behalf of the Member that is received by the person or organizational unit designated by the Plan or Plan Designee that handles Claims for Benefits; and
  - b. Is a communication that names a specific Member; a specific medical condition or symptom; and a specific treatment, service, or product for which approval is requested.
2. Civil Action. A Member is not required to file more than the Appeals process described herein prior to bringing a civil action under ERISA.

## **E. TIMING OF NOTIFICATION OF ADVERSE BENEFIT DETERMINATIONS**

1. In general. Except as provided in paragraph E.2 below, if a claim is wholly or partially denied, the Member shall be notified in accordance with paragraph F. herein, of the Adverse Benefit Determination within a reasonable period of time, but not later than 30 days after receipt of the claim by the Plan or the Plan's Designee, unless it is determined that special circumstances require an extension of time for processing the claim (for example, the legitimacy of the claim or the appropriate amount of reimbursement is in dispute and additional information is necessary to determine if all or part of the claim will be reimbursed and what specific additional information is necessary; or the claim is not clean and the specific information necessary for the claim to be considered a clean claim). If it is determined that an extension of time for processing is required, written Notice of the extension shall be furnished to the Member prior to the termination of the initial 30-day period. In no event shall such extension exceed a period of 30 days from the end of such initial period. The extension Notice shall indicate the special circumstances requiring an extension of time and the date by which the benefit determination will be rendered.
2. The Member shall be notified of the determination in accordance with the following, as appropriate.
  - a. Expedited Notification of benefit determinations relating to Claims Involving Urgent Care. In the case of a Claim Involving Urgent Care, the Member shall be notified of the benefit determination (whether adverse or not) as soon as possible, taking into account the medical exigencies, but not later than 24 hours after receipt of the claim unless the Member fails to provide sufficient information to determine whether, or to what extent, benefits are covered or payable under the Plan. In the case of such a failure, the Member shall be notified as soon as possible, but not later than 24 hours after receipt of the claim, of the specific information necessary to complete the claim. The Member shall be afforded a reasonable amount of time, taking into account the circumstances, but not less than 48 hours, to provide the specified information. Notification of any Adverse Benefit Determination pursuant to this paragraph shall be made in accordance with paragraph F. herein. The Member shall be notified of the benefit determination as soon as possible, but in no case later than 48 hours after the earlier of:
    - i. Receipt of the specified information, or
    - ii. The end of the period afforded the Member to provide the specified additional information.
  - b. Concurrent care decisions. If an ongoing course of treatment has been approved to be provided over a period of time or number of treatments:
    - i. Any reduction or termination of such course of treatment (other than by Plan amendment or termination) before the end of such period of time or number of treatments shall constitute an Adverse Benefit Determination. The Member shall be notified in accordance with paragraph E.2.e herein, of the Adverse Benefit Determination at a time sufficiently in advance of the reduction or termination to allow the Member to appeal and obtain a determination on review of that Adverse Benefit Determination before the benefit is reduced or terminated.
    - ii. Any request by a Member to extend the course of treatment beyond the period of time or number of treatments that is a Claim Involving Urgent Care shall be decided as soon as possible, taking into account the medical exigencies. The Member shall be notified of the benefit determination, whether adverse or not, within 24 hours after receipt of

the claim, provided that any such claim is made at least 24 hours prior to the expiration of the prescribed period of time or number of treatments. Notification of any Adverse Benefit Determination concerning a request to extend the course of treatment, whether involving urgent care or not, shall be made in accordance with paragraph F. herein, and an Appeal shall be governed by paragraphs G.2, G.3 and G.4 herein as appropriate.

iii. If a health care service for a Member has been preauthorized or approved by the Plan or the Plan's Designee, the Plan may not deny reimbursement to the Health Care Provider for the preauthorized or approved service delivered to the Member unless:

- 1) The information submitted regarding the service was fraudulent or intentionally misrepresentative;
- 2) Critical information required by the Plan or the Plan's Designee was omitted such that the Plan or Plan Designee's determination would have been different had it known the critical information;
- 3) A planned course of treatment for the Member was not substantially followed by the Health Care Provider; or
- 4) On the date the preauthorized service was delivered:
  - a) the Member was not covered by the Plan;
  - b) the Plan or the Plan's Designee maintained an automated eligibility verification system that was available to the Provider by telephone or via the Internet; and
  - c) according to the verification system, the Claimant was not covered by the Plan.

iv. Continued coverage will be provided pending the outcome of an appeal.

c. Other claims for health care benefits. In the case of a claim that is not an urgent care claim or a concurrent care decision the Member shall be notified of the benefit determination in accordance with the below "Pre-Service Claims" or "Post-Service Claims," as appropriate.

i. Pre-Service Claims. In the case of a Pre-Service Claim, the Member shall be notified of the benefit determination (whether adverse or not) within a reasonable period of time appropriate to the medical circumstances, but not later than 15 days after receipt of the claim. This period may be extended one time for up to 15 days, provided that the Plan or the Plan's Designee both determines that such an extension is necessary due to matters beyond its control, and notifies the Member, prior to the expiration of the initial 15-day period, of the circumstances requiring the extension of time and the date by which a decision is expected to be rendered. If such an extension is necessary due to a failure of the Member to submit the information necessary to decide the claim, the Notice of extension shall specifically describe the required information, and the Member shall be afforded at least 45 days from receipt of the Notice within which to provide the specified information. Notification of any Adverse Benefit Determination pursuant to this paragraph shall be made in accordance with paragraph G. herein.

Authorization of Pre-Service Claims. The Plan or the Plan's Designee

will determine whether to authorize or certify a Pre-Service Claim within 2 working days following receipt of all necessary information. If information is needed to make a decision which was not included in the initial request for authorization or certification, the Plan or the Plan's Designee will notify the Health Care Provider within 3 calendar days of the initial request that additional information is needed.

ii. Post-Service Claims. In the case of a Post-Service Claim, the Member shall be notified, in accordance with paragraph G. herein, of the Adverse Benefit Determination within a reasonable period of time, but not later than 30 days after receipt of the claim. This period may be extended one time for up to 15 days, provided that the Plan or the Plan's Designee both determines that such an extension is necessary and notifies the Member, prior to the expiration of the initial 30-day period, of the circumstances requiring the extension of time and the date by which a decision is expected to be rendered. If such an extension is necessary, the Plan or the Plan's Designee will send a Notice of receipt and status of the claim that states the legitimacy of the claim or the appropriate amount of reimbursement is in dispute and additional information is necessary to determine if all or part of the claim will be reimbursed and what specific additional information is necessary; or that the claim is not clean and the specific additional information necessary for the claim to be considered a clean claim. The Member shall be afforded at least 45 days from receipt of the Notice within which to provide the specified information.

d. Rescission determinations. The Plan shall provide 30-days advance written Notice of any proposed Rescission of coverage for any individual.

e. Calculating time periods. For purposes of paragraph E. herein the period of time within which a benefit determination is required to be made shall begin at the time a claim is filed, without regard to whether all the information necessary to make a benefit determination accompanies the filing. In the event that a period of time is extended as permitted pursuant to paragraph E.2 above due to a Member's failure to submit information necessary to decide a claim, the period for making the benefit determination shall be tolled from the date on which the Notification of the extension is sent to the Member until the date on which the Member responds to the request for additional information.

## **F. MANNER AND CONTENT OF NOTIFICATION OF ADVERSE BENEFIT DETERMINATIONS**

1. This section sets forth the manner and content of Notifications by the Plan of Adverse Benefit Determinations.

2. In the case of an Adverse Decision, the Plan or the Plan's Designee shall send a Member, the Member's Representative or Health Care Provider acting on behalf of the Member written or electronic Notification of any Adverse Benefit Determination. In the case of an Adverse Decision relating a Claim for Benefits that is not a Claim Involving Urgent Care, the Plan or the Plan's Designee shall send the written or electronic Notification within 5 working days after the Adverse Decision has been made. The Notification shall set forth, in a manner calculated to be understood by the Member, the Member's Representative or Health Care Provider:

a. The identity of the claim involved (including the date of service, the Health Care Provider and the claim amount (if applicable)).

b. The specific reason or reasons for the Adverse Decision;

- c. Reference to the specific Plan provisions on which the Adverse Decision is based;
- d. A description of any additional material or information necessary for the Member, the Member's Representative or Health Care Provider acting on behalf of the Member to perfect the claim and an explanation of why such material or information is necessary;
- e. A description of the Plan's review procedures and the time limits applicable to such procedures, including a statement of the Member's right to bring a civil action under Section 502(a) of the Act following an Adverse Decision;
- f. The Medical Director's name, business address and business telephone number;
- g. If an internal rule, guideline, protocol, diagnosis code, treatment code, or other similar criterion was relied upon in making the Adverse Decision , either (i) the specific rule, guideline, protocol, diagnosis code (and its corresponding meaning), treatment code (and its corresponding meaning) or other similar criterion; or (ii) a statement that such a rule, guideline, protocol, diagnosis code, treatment code, or other similar criterion was relied upon in making the Adverse Decision and that a copy of such rule, guideline, protocol, diagnosis code (and its corresponding meaning) or treatment code (and its corresponding meaning), or other criterion will be provided free of charge to the Member upon request; or
- h. If the Adverse Decision is based on a Medical Necessity or Experimental/Investigational treatment or similar exclusion or limit, an explanation of the scientific or clinical judgment for the determination, applying the terms of the Plan to the Member's medical circumstances.
- i. In the case of an Adverse Decision by the Plan or the Plan's Designee concerning a Claim Involving Urgent Care, a description of the expedited review process applicable to such claims. This information may be provided orally to the Member, the Member's Representative or Health Care Provider acting on behalf of the Member within the timeframe prescribed in paragraph E.2. herein. The Member, the Member's Representative or Health Care Provider acting on behalf of the Member must be provided a written or electronic Notification no later than one (1) day after the oral Notification.
- j. That the Member, the Member's Representative or Health Care Provider acting on behalf of the Member has a right to file a Complaint with the Commissioner within 4 months after receipt of the Plan's Grievance Decision;
- k. That a Complaint may be filed without first filing a Grievance if
  - i. The Plan notifies the Member in writing that it has waived the requirement that its internal grievance process be exhausted before filing a Complaint with the Commissioner;
  - ii. The Plan has failed to comply with any of the requirements of the internal grievance procedure described in this attachment; or
  - iii. the Member, the Member's Representative or Health Care Provider acting on behalf of the Member filing a Grievance on behalf of the Member can demonstrate a Compelling Reason to do so as determined by the Commissioner;
- l. The Commissioner's address, telephone number, and facsimile number;

- m. A statement that the Health Advocacy Unit is available to assist the Member, the Member's Representative or Health Care Provider acting on behalf of the Member in both mediating and filing a Grievance; and
  - n. The Health Advocacy Unit's address, telephone number, facsimile number, and electronic mail address.
3. In the case of a Coverage Decision, the Plan or the Plan Designee must within 30 calendar days provide Member, Member's Representative and the treating Health Care Provider, a written Notice of the Coverage Decision. The statement must state in detail, in clear, understandable language, the specific factual basis for the Plan's decision and must include the following information:
- a. Where applicable, the identity of the claim involved (including the date of service, the Health Care Provider and the claim amount).
  - b. The specific reason or reasons for the Coverage Decision;
  - c. Reference to the specific Plan provisions on which the Coverage Decision is based;
  - d. A description of any additional material or information necessary for the Member, the Member's Representative or Health Care Provider acting on behalf of the Member to perfect the claim and an explanation of why such material or information is necessary;
  - e. A description of the Plan's review procedures and the time limits applicable to such procedures, including a statement of the Member's right to bring a civil action under Section 502(a) of the Act following a Coverage Decision;
  - f. That the Member, Member's Representative or Health Care Provider acting on behalf of the Member has a right to file an Appeal with the Plan or the Plan's Designee;
  - g. In the case of a Coverage Decision by the Plan or the Plan's Designee concerning a Claim Involving Urgent Care, a description of the expedited review process applicable to such claims. This information may be provided orally to the Member, the Member's Representative or Health Care Provider acting on behalf of the Member within the timeframe prescribed in paragraph E.2. herein. The Member, the Member's Representative or Health Care Provider acting on behalf of the Member must be provided a written or electronic Notification no later than one (1) day after the oral Notification.
  - h. That the Member, the Member's Representative or Health Care Provider acting on behalf of the Member has a right to file a Complaint with the Commissioner within 4 months after receipt of the Plan's Appeal Decision;
  - i. That the Member, Member's Representative or Health Care Provider acting on behalf of the Member may file a Complaint with the Commissioner without first filing an Appeal, if the Coverage Decision involves a Claim Involving Urgent Care which has not been rendered;
  - j. The Commissioner's address, telephone number, and facsimile number;
  - k. A statement that the Health Advocacy Unit is available to assist the Member, the Member's Representative or Health Care Provider acting on behalf of the Member in both mediating and filing an Appeal; and



1. The Health Advocacy Unit's address, telephone number, facsimile number, and electronic mail address.
4. Adverse Benefit Determinations are made under the direction of the Medical Director.

**G. APPEALS AND GRIEVANCES OF ADVERSE BENEFIT DETERMINATIONS**

1. To file an Appeal or Grievance of an Adverse Benefit Determination, a Member, the Member's Representative or Health Care Provider acting on behalf of the Member, may contact the Plan at the address and telephone number located on the Member's ID Card; or submit a written request and any supporting record of medical documentation within 180 days of receipt of the written Notification of the Adverse Benefit Determination to the following:

Mail Administrator  
P.O. Box 14114  
Lexington, KY 40512-4114  
410- 581-3000

The Health Advocacy Unit is available to assist the Member, the Member's Representative or Health Care Provider acting on behalf of the Member in both mediating and filing a Grievance or Appeal. See Section K for additional information.

2.
  - a. A Member has the opportunity to submit written comments, documents, records, and other information relating to the Claim for Benefits;
  - b. A Member shall be provided, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information Relevant to the Member's Claim for Benefits;
  - c. The Plan or the Plan's Designee shall take into account all comments, documents, records, and other information submitted by the Member relating to the claim, without regard to whether such information was submitted or considered in the initial benefit determination.
3. In addition to the requirements of paragraphs G.2.a through c herein, the following apply:
  - a. The Plan or the Plan's Designee shall provide for a review that does not afford deference to the initial Adverse Benefit Determination and will be conducted by an individual who is neither the individual who made the Adverse Benefit Determination that is the subject of the Appeal or Grievance, nor the subordinate of such individual;
  - b. In deciding a Grievance of any Adverse Benefit Determination that is based in whole or in part on a medical judgment, including determinations with regard to whether a particular treatment, drug, or other item is Experimental/Investigational, or not Medically Necessary or appropriate, the Plan or the Plan's Designee shall consult with a Health Care Provider with the same specialty as the treatment under review.
  - c. Upon request, the Plan or the Plan's Designee will identify medical or vocational experts whose advice was obtained on behalf of the Plan in connection with a Member's Adverse Benefit Determination, without regard to whether the advice was relied upon in making the benefit determination;
  - d. Health Care Provider engaged for purposes of a consultation under paragraph H.3.b herein shall be individuals who were neither consulted in connection with the Adverse Benefit Determination that is the subject of the Appeal or Grievance,

nor subordinates of any such individuals; and

- e. In the case of a Claim Involving Urgent Care, a request for an expedited Appeal or Grievance of an Adverse Benefit Determination may be submitted orally or in writing by the Member, the Member's Representative or Health Care Provider acting on behalf of the Member; and the Plan or the Plan's Designee must notify the Member, the Member's Representative or Health Care Provider acting on behalf of the Member of its determination in writing within 24 hours of receipt of the expedited request for Appeal or Grievance.
4. Full and fair review. The Plan or the Plan's Designee shall allow a Member, the Member's Representative or Health Care Provider acting on behalf of the Member to review the claim file and to present evidence and written testimony as part of the internal claims and Appeals or Grievances process. Specifically, in addition to the requirements of paragraphs G.2.a through c herein, the following apply:
    - a. The Plan or the Plan's Designee shall provide the Member, the Member's Representative or Health Care Provider acting on behalf of the Member, free of charge, with any new or additional evidence considered, relied upon, or generated by the Plan or the Plan's Designee (or at the direction of the Plan or the Plan's Designee) in connection with the claim; such evidence will be provided as soon as possible and sufficiently in advance of the date on which the Grievance Decision or Appeal decision is required to be provided under paragraph H. herein, to give the Member a reasonable opportunity to respond prior to that date; and
    - b. Before the Plan or the Plan's Designee issues a Grievance Decision or an Appeal Decision based on a new or additional rationale, the Member, the Member's Representative or Health Care Provider acting on behalf of the Member shall be provided, free of charge, with the rationale; the rationale shall be provided as soon as possible and sufficiently in advance of the date on which the Notice of Appeal Decision or Grievance Decision is required to be provided under paragraphs H and I. herein, to give the Member, the Member's Representative or Health Care Provider acting on behalf of the Member a reasonable opportunity to respond prior to that date.

#### **H. TIMING OF NOTIFICATION OF ADVERSE BENEFIT DETERMINATIONS ON REVIEW (GRIEVANCE DECISIONS)**

1. The Plan or the Plan's Designee shall notify a Member, the Member's Representative or Health Care Provider acting on behalf of the Member of its benefit determination on review of an Adverse Decision in accordance with the following, as appropriate.
  - a. Urgent care claims. In the case of a Claim Involving Urgent Care, the Member, the Member's Representative or Health Care Provider acting on behalf of the Member shall be notified, in accordance with paragraph J. herein, of the Grievance Decision as soon as possible, taking into account the medical exigencies, but not later than 24 hours after receipt of the Member's request for review of an Adverse Decision. A written Notification must be provided to the Member, the Member's Representative or Health Care Provider acting on behalf of the Member within 24 hours of the orally communicated Grievance Decision.
  - b. Pre-service claims. In the case of a Pre-Service Claim, the Member, the Member's Representative or Health Care Provider acting on behalf of the Member shall be notified, in accordance with paragraph J herein, of the Grievance Decision within a reasonable period of time appropriate to the medical circumstances. Oral Notification shall be provided not later than 30 days after the filing date of the Member, the Member's Representative's or Health Care

Provider's request for review of an Adverse Decision. A written Notification must be provided to the Member, the Member's Representative or Health Care Provider acting on behalf of the Member within 5 working days of the Grievance Decision.

- c. Post-service claims. In the case of a Post-Service Claim, the Member, the Member's Representative or Health Care Provider acting on behalf of the Member shall be notified, in accordance with item J herein, of the Grievance Decision within a reasonable period of time. Oral Notification shall be provided not later than 45 working days after the filing date of the Member's, the Member's Representative's or Health Care Provider's request for review of an Adverse Decision. A written Notification must be provided to the Member, the Member's Representative or Health Care Provider acting on behalf of the Member within 5 working days of the Grievance Decision.
2. If the Plan or the Plan's Designee does not have sufficient information to complete its Grievance Decision, the Plan or the Plan's Designee must notify the Member, the Member's Representative or Health Care Provider acting on behalf of the Member within five (5) working days after the Filing Date of the Grievance by the Member, the Member's Representative or Health Care Provider acting on behalf of the Member with the Plan or the Plan's Designee. The Plan or the Plan's Designee Notification shall:
  - a. Notify the Member, the Member's Representative or Health Care Provider acting on behalf of the Member that it cannot proceed with reviewing the Grievance unless additional information is provided; and
  - b. Assist the Member, the Member's Representative or Health Care Provider acting on behalf of the Member in gathering the necessary information without further delay.
3. The Plan or the Plan's Designee may extend the 30-day or 45-working day period required for making an Grievance Decision under paragraph H.1.b., c. with the written consent of the Member, the Member's Representative or Health Care Provider acting on behalf of the Member who filed the Grievance on behalf of the Member. With the written consent of the Member, the Member's Representative or Health Care Provider acting on behalf of the Member who filed the Grievance on behalf of the Member, the Plan or the Plan's Designee may extend the period for making a final decision for an additional period of not longer than 30 working days. The Plan's extension request must describe the special circumstances necessitating the extension and the date on which the benefit determination will be made.
4. Calculating time periods. For purposes of Section H. herein, the period of time within which a Grievance Decision shall be made begins at the time a Grievance is received by the Plan or the Plan's Designee, without regard to whether all the information necessary to make a benefit determination on review accompanies the filing. In the event that a period of time is extended as permitted pursuant to paragraph H.2 herein due to a Member's, the Member's Representative's or Health Care Provider 's failure to submit information necessary to decide a claim, the period for making the benefit determination on review shall be tolled from the date on which the Notification of the extension is sent to the Member, the Member's Representative or Health Care Provider acting on behalf of the Member until the date on which the Member, the Member's Representative or Health Care Provider acting on behalf of the Member responds to the request for additional information.
5. In the case of Grievance, upon request, the Plan or the Plan's Designee shall provide such access to, and copies of Relevant documents, records, and other information described in paragraphs G.2, G.3, and G.4 herein as is appropriate.

**I. TIMING OF NOTIFICATION OF ADVERSE BENEFIT DETERMINATIONS ON REVIEW (APPEAL DECISIONS)**

1. The Plan or the Plan's Designee shall notify a Member, the Member's Representative or Health Care Provider acting on behalf of the Member of its Appeal Decision no later than 60 working days after the filing date of the Member, the Member's Representative's or Health Care Provider's Appeal. A written Notification must be provided to the Member, the Member's Representative or Health Care Provider acting on behalf of the Member within 30 days of the Appeal Decision.
2. The Plan or the Plan's Designee may extend the 60-working day period required for making an Appeal Decision under I.1 with the written consent of the Member, the Member's Representative or Health Care Provider acting on behalf of the Member who filed the Appeal on behalf of the Member. With the written consent of the Member, the Member's Representative or Health Care Provider acting on behalf of the Member who filed the Appeal on behalf of the Member, the Plan or the Plan's Designee may extend the period for making a final decision for an additional period of not longer than 30 working days. The Plan's extension request must describe the special circumstances necessitating the extension and the date on which the benefit determination will be made.
3. Calculating time periods. For purposes of Section I. herein, the 60-working day period within which a benefit determination on review shall be made, subject to any extension granted pursuant to paragraph I.2 above, begins at the time an Appeal is received by the Plan or the Plan's Designee, without regard to whether all the information necessary to make an Appeal Decision accompanies the filing.

**J. MANNER AND CONTENT OF NOTIFICATION OF GRIEVANCE DECISION OR APPEAL DECISION**

The Plan or the Plan's Designee shall provide a Member, the Member's Representative or Health Care Provider acting on behalf of the Member with written or electronic Notification after it has provided oral communication of the Grievance Decision or Appeal Decision. The Notification shall set forth, in a manner calculated to be understood by the Member, the Member's Representative or Health Care Provider acting on behalf of the Member:

1. The identity of the claim involved (including the date of service, the Health Care Provider and the claim amount (if applicable)).
2. The specific factual basis for the adverse determination;
3. Reference to the specific criteria and standards, including interpretive guidelines, on which the benefit determination is based;
4. A statement that the Member is entitled to receive, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information Relevant to the Member's Claim For Benefits;
5. A statement describing any voluntary Appeal or Grievance procedures offered by the Plan and the Member's right to obtain the information about such procedures, and a statement of the Member's right to bring an action under Section 502(a) of the Act; and
6.
  - a. If an internal rule, guideline, protocol, diagnosis code, treatment code, or other similar criterion was relied upon in making the adverse determination, either (i) the specific rule, guideline, protocol, diagnosis code (and its corresponding meaning), treatment code (and its corresponding meaning) or other similar criterion; or (ii) a statement that such a rule, guideline, protocol, diagnosis code, treatment code, or other similar criterion was relied upon in

making the adverse determination and that a copy of such rule, guideline, protocol, diagnosis code (and its corresponding meaning) or treatment code (and its corresponding meaning), or other criterion will be provided free of charge to the Member upon request; or;

- b. If the Adverse Benefit Determination is based on a Medical Necessity or Experimental/Investigational treatment or similar exclusion or limit, either an explanation of the scientific or clinical judgment for the determination, applying the terms of the Plan to the Member's medical circumstances, or a statement that such explanation will be provided free of charge upon request; and
  - c. You and your plan may have other voluntary alternative dispute resolution options, such as mediation. One way to find out what may be available is to contact your local U.S. Department of Labor Office and your State insurance regulatory agency.
7. In the case of a Grievance involving an Adverse Decision, a statement that includes the following information:
- a. The name, business address and business telephone number of the Medical Director who made the decision;
  - b. That the Member, the Member's Representative or Health Care Provider acting on behalf of the Member has a right to file a Complaint with the Commissioner within 4 months after receipt of the Grievance Decision;
  - c. The Commissioner's address, telephone number, and facsimile number;
  - d. A statement that the Health Advocacy Unit is available to assist the Member, the Member's Representative or Health Care Provider acting on behalf of the Member with filing a Complaint with the Commissioner;
  - e. The Health Advocacy Unit's address, telephone number, facsimile number and electronic mailing address;
  - f. The Employee Benefit Security Administration's telephone number and website address; and
  - g. A Notice that, when filing a Complaint with the Commissioner, the Member or a legally authorized designee of the Member will be required to authorize the release of any medical records of the Member that may be required to be reviewed for the purpose of reaching a decision on the Complaint.
8. In the case of an Appeal involving a Coverage Decision, a statement that includes the following information:
- a. That the Member, the Member's Representative or Health Care Provider acting on behalf of the Member has a right to file a Complaint with the Commissioner within 4 months after receipt of the Appeal Decision; and
  - b. The Commissioner's address, telephone number, and facsimile number;
  - c. The Employee Benefit Security Administration's telephone number and website address; and
  - d. A statement that the Health Advocacy Unit is available to assist the Member, the Member's Representative or Health Care Provider acting on behalf of the Member with filing a Complaint with the Commissioner;

- e. The Health Advocacy Unit's address, telephone number, facsimile number and electronic mailing address; and
  - f. A Notice that, when filing a Complaint with the Commissioner, the Member or a legally authorized designee of the Member will be required to authorize the release of any medical records of the Member that may be required to be reviewed for the purpose of reaching a decision on the Complaint.
9. Grievance Decisions and Appeal Decisions are made under the direction of the Chief Medical Officer:

1501 S. Clinton Street  
Baltimore, Maryland 21224  
410- 581-3000

**K. FILING OF COMPLAINT AFTER RECEIPT OF NOTIFICATION OF GRIEVANCE DECISIONS OR APPEAL DECISIONS**

- 1. Within 4 months after the date of receipt of an Appeal Decision or a Grievance Decision, a Member, the Member's Representative or Health Care Provider acting on behalf of the Member may file a Complaint with the Commissioner for review of the Grievance Decision or Appeal Decision.
- 2. A Member, the Member's Representative or Health Care Provider acting on behalf of the Member may file a Complaint without first exhausting the Plan's internal Grievance or Appeals process if:
  - a. In the case of an Adverse Decision:
    - i. The Plan or the Plan's Designee waives the requirement that the internal Grievance process be exhausted before filing a Complaint with the Commissioner;
    - ii. The Plan or the Plan's Designee has failed to comply with any of the requirements of the internal Grievance process;
    - iii. The Member, the Member's Representative or Health Care Provider acting on behalf of the Member provides sufficient information and supporting documentation in the Complaint to demonstrate a Compelling Reason.
  - b. In the case of a Coverage Decision, the Complaint involves an Urgent Medical Condition for which care has not been rendered.
- 3. The remaining provisions of this paragraph K. apply to Complaints regarding Adverse Decisions and Grievance Decisions.
  - a. The Commissioner shall notify the Plan or the Plan's Designee of the Complaint within five working days after the date the Complaint is filed with the Commissioner.
  - b. Except for an Emergency Case (Claim Involving Urgent Care), the Plan or the Plan's Designee shall provide to the Commissioner any information requested by the Commissioner no later than seven working days from the date the Plan or the Plan's Designee receives the request for information.
- 4.
  - a. Except as provided in paragraph K.4.b below, the Commissioner shall make a final decision on a Complaint:

- i. Within 45 days after a Complaint is filed regarding a Pre-Service Claim;
    - ii. Within 45 days after a Complaint is filed regarding a Post-Service Claim; and
    - iii. Within 24 hours after a Complaint is filed regarding a Claim Involving Urgent Care.
  - b. The Commissioner may extend the period within which a final decision is to be made under paragraph.K.4.a. for up to an additional 30 working days if:
    - i. the Commissioner has not yet received information requested by the Commissioner; and
    - ii. the information requested is necessary for the Commissioner to render a final decision on the Complaint.
- 5. The Commissioner shall seek advice from an independent review organization or medical expert for Complaints filed with the Commissioner that involve a question of whether a Pre-Service Claim or a Post-Service Claim is Medically Necessary. The Commissioner shall select an independent review organization or medical expert to advise on the Complaint in the manner set forth in Section 15-10A-05 of the Insurance Article.
- 6. The Plan or the Plan's Designee shall have the burden of persuasion that its Adverse Decision or Grievance, as applicable, is correct during the review of a Complaint by the Commissioner or Designee of the Commissioner, and in any hearing held regarding the Complaint.
- 7. As part of the review of a Complaint, the Commissioner or Designee of the Commissioner may consider all of the facts of the case and any other evidence deemed Relevant.
- 8. Except as provided below, in responding to a Complaint, the Plan or the Plan's Designee may not rely on any basis not stated in its Adverse Benefit Determination.
  - a. The Commissioner may allow the Plan or the Plan's Designee, a Member, the Member's Representative or Health Care Provider acting on behalf of the Member to provide additional information as may be relevant for the Commissioner to make a final decision on the Complaint.
  - b. The Commissioner shall allow the Member, the Member's Representative or Health Care Provider acting on behalf of the Member at least 5 working days to provide the additional information.
  - c. The Commissioner's use of additional information may not delay the Commissioner's decision on the Complaint by more than five working days.
- 9. The Commissioner may request the Member or a legally authorized designee of the Member to sign a consent form authorizing the release of the Member's medical records to the Commissioner or Designee of the Commissioner that are needed in order for the Commissioner to make a final decision on the Complaint.
- 10. Subject to paragraphs H, a Member, the Member's Representative or Health Care Provider acting on behalf of the Member may file a Complaint with the Commissioner if the Member, the Member's Representative or Health Care Provider acting on behalf of the Member does not receive the Plan's Grievance Decision within the following timeframes:
  - a. Within 30 days after the filing date of a Grievance regarding a Pre-Service Claim;

- b. Within 45 working days after the filing date of a Grievance regarding a Post-Service Claim; and
- c. Within 24 hours after the receipt of a Grievance regarding a Claim Involving Urgent Care.

Note: the Health Advocacy Unit is available to assist the Member, the Member's Representative or Health Care Provider acting on behalf of the Member in both mediating and filing a Grievance. Contact the Health Advocacy Unit at:

Health Education and Advocacy Unit  
Consumer Protection Division  
Office of the Attorney General  
200 St. Paul Place, 16<sup>th</sup> Floor  
Baltimore, MD 21202  
410- 528-1840 or 1-877- 261-8807  
Fax: 410- 576-6571  
E-mail: heau@oag.state.md.us

#### **L. MEMBER COMMENTS AND QUALITY COMPLAINTS**

The Plan provides Members an opportunity to present comments or any other questions or concerns with regard to operations or administration of the Plan, and file a quality complaint regarding the quality of any Plan service. All comments and quality complaints should be addressed to the Member Services Department. In the event that you are dissatisfied with a determination of the Member Services Department, the procedures listed below must be followed.

Inquiries, comments, and complaints concerning the nature of your medical care should also be addressed to the Member Services Department. That department will also assist you in filing a quality complaint after all other avenues of resolution have been exhausted.

A Member may complain to the Department of Health and Mental Hygiene, Office of Licensing and Certification Programs regarding the operation of The Plan. The address and telephone number of the Department is available through our Member Services Department. The Member may also contact the Maryland Insurance Administration at:

Maryland Insurance Administration  
Inquiry and Investigation, Life and Health  
200 St. Paul Place  
Suite 2700  
Baltimore, MD 21202-2272  
410-468-2244

#### **M. DEEMED EXHAUSTION OF INTERNAL CLAIMS AND APPEAL PROCESS**

If the Plan fails to adhere to the minimum requirements for Claims Procedures relating to Claims for Benefits by Members or Section 15-10A-02 of the Insurance Code, Annotated Code of Maryland, the Member is deemed to have exhausted the internal appeals and grievance processes of paragraph G through J herein. Accordingly the Member may initiate an external review under paragraph K of this section, as applicable. The Member is also entitled, where applicable, to pursue any available remedies under section 502(a) of ERISA or under State law, as applicable, on the basis that the Plan has failed to provide a reasonable internal claims and appeals process that would yield a decision on the merits of the Claim for Benefits. If a Member, where applicable, chooses to pursue remedies under section 502(a) of ERISA under such circumstances, the Claim for Benefits, Grievance, or Appeal is deemed denied on review without the exercise of discretion by an appropriate fiduciary.



**N. MISCELLANEOUS**

The Group reserves the right to change, modify, or terminate the Plan, in whole or in part.

Members have no Plan benefits after a Plan termination or partial Plan termination affecting them, except with respect to covered events giving rise to benefits and occurring prior to the date of Plan termination or partial Plan termination affecting them and except as otherwise expressly provided, in writing, by the Group, or as required by federal, state or local law.

Members should not rely on any oral description of the Plan, because the written terms in the Group's Plan documents always govern.

**CareFirst of Maryland, Inc.**



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Chester E. Burrell

President and Chief Executive Officer

**CareFirst of Maryland, Inc.**  
doing business as  
**CareFirst BlueCross BlueShield (CareFirst)**  
10455 Mill Run Circle  
Owings Mills, Maryland 21117-5559

A private not-for-profit health service plan incorporated under the laws of the State of Maryland

An independent licensee of the Blue Cross and Blue Shield Association

**ATTACHMENT B**  
**DESCRIPTION OF COVERED SERVICES**

- A. Vision Care is limited to those services described below. Vision Care is administered by CareFirst's Vision Care Designee.
  
- B. WHAT IS COVERED
  - 1. Vision Examination
    - a. One vision examination per Benefit Period. A vision examination may include, but is not limited to:
      - i. Case history;
      - ii. External examination of the eye and adnexa;
      - iii. Ophthalmoscopic examination;
      - iv. Determination of refractive status;
      - v. Binocular balance testing;
      - vi. Tonometry test for glaucoma;
      - vii. Gross visual field testing;
      - viii. Color vision testing;
      - ix. Summary finding; and,
      - x. Recommendation, including prescription of corrective lenses.
  
  - 2. Frames and Spectacle Lenses or Contact Lenses
    - a. Prescribed frames and spectacle lenses or contact lenses, including directly related provider services such as:
      - i. Measurement of face and interpupillary distance;
      - ii. Quality assurance; and,

- iii. Reasonable aftercare to fit, adjust and maintain comfort and effectiveness.
- b. One pair of frames per Benefit Period; and
- c. One pair of prescription spectacle lenses per Benefit Period; or
- d. Contact Lenses
  - i. One pair of Medically Necessary prescription contact lenses per Benefit Period. Prior authorization must be obtained from the Vision Care Designee by calling the Vision Care Designee at the telephone number on the Member's identification card.
  - ii. Elective contact lenses (in place of frames and spectacle lenses):
    - a) One pair of elective prescription contact lenses per Benefit Period; or,
    - b) Multiple pairs of disposable prescription contact lenses per Benefit Period.

#### C. HOW IT IS COVERED

1. When the Member receives a vision examination from a Contracting Provider, the benefit payment is accepted as payment in full, except for any applicable Copayment. When a Member receives frames and spectacle lenses or contact lenses from a Contracting Provider, the Member's responsibility is as stated below. The benefit payment is as stated in the attached Schedule of Benefits.
  - a. When the Member receives select frames and Basic spectacle lenses or select contact lenses from a Contracting Provider, the benefit payment is accepted as payment in full.
  - b. When the Member receives other frames, non-Basic spectacle lenses or other contact lenses from a Contracting Provider, the Member is responsible for the cost difference between the Vision Care Designee's payment and the Contracting Provider's actual charge.
2. When the Member receives Vision Care from a Non-Contracting Provider, the Member is responsible for the cost difference between the Vision Care Designee's payment and the Non-Contracting Provider's actual charge. The Vision Care Designee's payment is stated in the attached Schedule of Benefits.
3. Unless otherwise stated above, all Vision Care benefits are limited to one service per Benefit Period.

#### D. EXCLUSIONS

1. Diagnostic services, except as listed above.
2. Medical care or surgery. Services related to medical conditions of the eye may be covered by a separate health benefit plan for medical services.

3. Prescription drugs obtained and self-administered by the Member for outpatient use.
4. Services or supplies not specifically approved by the Vision Care Designee where required in WHAT IS COVERED.
5. Orthoptics, vision training and low vision aids.
6. Non-prescription glasses, sunglasses or contact lenses.
7. Except as otherwise provided in this Evidence of Coverage, Vision Care services for cosmetic use.

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**ATTACHMENT C**  
**SCHEDULE OF BENEFITS**

Unless otherwise stated in the Evidence of Coverage, all Vision Care services are limited to one service per Benefit Period. For the In-Network and Out-of-Network Services noted below, the Vision Care Designee payment will be the lesser of the provider's actual charge or the payment amount listed in this Schedule of Benefits.

Covered Service	Vision Care Designee Payment	
	In-Network	Out-of-Network
Vision Examination  In-Network: The Member payment is \$10  Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	100% of Allowed Benefit after \$10 Copayment	\$45 or the Non-Contracting Provider's actual charge, whichever is less

Covered Service	Vision Care Designee Payment	
	In-Network	Out-of-Network
Frames chosen from an In-Network Provider's display of selected frames  In-Network: The Member payment is zero	100% of Allowed Benefit	Not Applicable
Frames not chosen from an In-Network Provider's display of selected frames and/or frames from an Out-of-Network Provider  In and Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	\$45 or the Contracting Provider's actual charge, whichever is less	\$45 or the Non-Contracting Provider's actual charge, whichever is less

**Important note regarding Member Payments:**

The Member payment is zero for "Basic" single vision, bifocal, double bifocal, trifocal and lenticular spectacle lenses when lenses are provided by an In-Network Provider; otherwise the Member payment is the balance after the Vision Care Designee's payment. "Basic" means spectacle lenses with no "add-ons" such as scratch-resistant coating, glare resistant treatment, ultraviolet coating, progressive lenses, transitional lenses and others.

Covered Service	Vision Care Designee Payment	
	In-Network	Out-of-Network
<b>Spectacle Lenses</b>		
Basic single vision In-Network: The Member payment is zero Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	100% of Allowed Benefit	\$52 or the Non-Contracting Provider's actual charge, whichever is less
Basic bifocal In-Network: The Member payment is zero Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	100% of Allowed Benefit	\$82 or the Non-Contracting Provider's actual charge, whichever is less
Basic double bifocal In-Network: The Member payment is zero Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	100% of Allowed Benefit	\$82 or the Non-Contracting Provider's actual charge, whichever is less
Basic trifocal In-Network: The Member payment is zero Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	100% of Allowed Benefit	\$101 or the Non-Contracting Provider's actual charge, whichever is less
Basic lenticular In-Network: The Member payment is zero Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	100% of Allowed Benefit	\$181 or the Non-Contracting Provider's actual charge, whichever is less

**Important note regarding Member Payments:**

The Member payment is zero for select elective contact lenses provided by an In-Network Provider; otherwise, the Member payment is the balance after the Vision Care Designee's payment.

Covered Service	Vision Care Designee Payment	
	In-Network	Out-of-Network
Contact Lenses		
Medically Necessary  In-Network: The Member payment is zero  Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	100% of Allowed Benefit	\$285 or the Non-Contracting Provider's actual charge, whichever is less
Elective contact lenses (in place of frames and spectacle lenses)		
Select single vision elective, including disposable contact lenses  In-Network: The Member payment is zero	100% of Allowed Benefit	Not Applicable
Any other single vision elective, including disposable contact lenses  In and Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	\$97 or the Contracting Provider's actual charge, whichever is less	\$97 or the Non-Contracting Provider's actual charge, whichever is less
Select bifocal elective, including disposable contact lenses  In-Network: The Member payment is zero	100% of Allowed Benefit	Not Applicable
Any other bifocal elective, including disposable contact lenses  In and Out-of-Network: The Member payment is the balance after the Vision Care Designee's payment	\$127 or the Contracting Provider's actual charge, whichever is less	\$127 or the Non-Contracting Provider's actual charge, whichever is less

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**EXPANSION OF DEPENDENT COVERAGE AMENDMENT REVISED**

This amendment is effective on the effective date of the Evidence of Coverage to which this amendment is attached.

**TABLE OF CONTENTS**

**SECTION A - DEFINITION OF DEPENDENT CHILD**

**SECTION B - ELIGIBILITY**

**SECTION C - TERMINATION**

The Evidence of Coverage is amended as follows:

A. DEFINITION OF DEPENDENT CHILD

For the purposes of this amendment, a Dependent child is a child who is:

1. The natural child, stepchild, adopted child of the Subscriber or the Subscriber's covered Spouse;
2. A child placed with the Subscriber or the Subscriber's covered Spouse for legal Adoption; or
3. A child under testamentary or court appointed guardianship, other than temporary guardianship for less than 12 months' duration, of the Subscriber or the Subscriber's covered Spouse;

All provisions of the Evidence of Coverage that define or describe the eligibility of a Dependent child who is described above for coverage under the Evidence of Coverage are revised to include a Dependent child described above who has not attained his or her 26th birthday notwithstanding the Dependent child's:

1. Financial dependency on an individual covered under the Evidence of Coverage;
2. Marital status;
3. Residency with an individual covered under the Evidence of Coverage;
4. Student status;
5. Employment;
6. Eligibility for other coverage; or
7. Satisfaction of any combination of the above factors.

The Evidence of Coverage states the eligibility requirements for grandchildren. Those provisions are not changed by this amendment.

B. ELIGIBILITY

All provisions of the Evidence of Coverage that state that the eligibility for coverage of a Dependent child described in Section A above is based on any factor other than the relationship between the Dependent child and an individual covered under the Evidence of Coverage are deleted. All requirements that the



Dependent child described in Section A above, prior to his or her 26<sup>th</sup> birthday, be financially dependent on an individual covered under the Evidence of Coverage, that the Dependent child share a residence with an individual covered under the Evidence of Coverage, that the Dependent child meet certain student status requirements, that the Dependent child be unmarried, that the Dependent child not be eligible for other coverage, or that the Dependent child not be employed, are deleted. Nothing in this amendment should be construed to amend any requirement related to the eligibility of a Dependent child age 26 and over or to alter any requirement related to the eligibility of a dependent grandchild.

The Evidence of Coverage states the eligibility requirements for grandchildren. Those provisions are not changed by this amendment.

C. TERMINATION

All provisions of the Evidence of Coverage that state that the coverage of a Dependent child described in Section A above will terminate when the Dependent child marries, ceases to be financially dependent on an individual covered under the Evidence of Coverage, ceases to share a residence with an individual covered under the Evidence of Coverage, ceases to be a full-time or part-time student, is eligible for other coverage, becomes employed full-time or part-time, or reaches the Dependent child's 25th birthday are deleted.

The Evidence of Coverage is amended to provide that the coverage of a Dependent child described in Section A above will terminate on the date the Dependent child reaches his or her 26th birthday or the age stated in the Eligibility Schedule, whichever is greater. The Limiting Age will not apply to a Dependent child described in Section A above, who at the time of reaching the Limiting Age, is incapable of self-support because of mental or physical incapacity that started before the Dependent child attained the Limiting Age, provided the incapacitated Dependent child is unmarried and dependent on an individual covered under the Evidence of Coverage. Coverage of the incapacitated Dependent child described in Section A above will continue for as long as the Dependent child remains incapable of self-support because of a mental or physical incapacity, unmarried, and dependent on an individual covered under the Evidence of Coverage.

The Evidence of Coverage states the Limiting Age and termination of coverage terms for grandchildren. Those provisions are not changed by this amendment.

This amendment is issued to be attached to the Evidence of Coverage. This amendment does not change the terms and conditions of the Evidence of Coverage, unless specifically stated herein.

**CareFirst of Maryland, Inc.**



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Chester E. Burrell

President and Chief Executive Officer

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**ELIGIBILITY OF SPOUSE AMENDMENT**

This amendment is effective on the effective date of the Evidence of Coverage to which this amendment is attached.

The definition of Spouse in the Evidence of Coverage is deleted and replaced with the following:

Spouse means a person who is legally married to the Subscriber under the laws of the state or jurisdiction in which the marriage was performed.

This amendment is issued to be attached to the Evidence of Coverage. This amendment does not change the terms and conditions of the Evidence of Coverage, unless specifically stated herein.

**CareFirst of Maryland, Inc.**



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Chester E. Burrell

President and Chief Executive Officer

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**NOTICE OF PROTECTION PROVIDED BY MARYLAND LIFE AND HEALTH INSURANCE  
GUARANTY CORPORATION**

This notice provides a brief summary of the Maryland Life and Health Insurance Guaranty (the Corporation) and the protection it provides for policyholders. This safety net was created under Maryland law, which determines who and what is covered and the amounts of coverage.

The Corporation is not a department or unit of the State of Maryland and the liabilities or debts of the Life and Health Insurance Guaranty Corporation are not liabilities or debts of the State of Maryland.

The Corporation was established to provide protection in the unlikely event that your life, annuity, or health insurance company becomes financially unable to meet its obligations and is taken over by its Insurance Department. If this should happen, the Corporation will typically arrange to continue coverage and pay claims, in accordance with Maryland law, with funding from assessments paid by other insurance companies.

The basic protections provided by the Corporation are:

- Life Insurance
  - \$300,000 in death benefits
  - \$100,000 in cash surrender or withdrawal values
- Health Insurance
  - \$500,000 for basic hospital, medical, and surgical insurance or major medical insurance provided by health benefit plans
  - \$300,000 for disability insurance
  - \$300,000 for long-term care insurance
  - \$100,000 for a type of health insurance not listed above, including any net cash surrender and net cash withdrawal values under the types of health insurance listed above
- Annuities
  - \$250,000 in the present value of annuity benefits, including net cash withdrawal values and net cash surrender values
  - With respect to each payee under a structured settlement annuity, or beneficiary of the payee, \$250,000 in present value annuity benefits, in the aggregate, including any net cash surrender and net cash withdrawal values

The maximum amount of protection for each individual, regardless of the number of policies or contracts, is:

- \$300,000 in aggregate for all types of coverage listed above, with the exception of basic hospital, medical, and surgical insurance or major medical insurance
- \$500,000 in aggregate for basic hospital, medical, and surgical insurance or major medical insurance

**NOTE: Certain policies and contracts may not be covered or fully covered.** For example, coverage does not extend to any portion(s) of a policy or contract that the insurer does not guarantee, such as certain investment additions to the account value of a variable life insurance policy or a variable annuity contract. There are also various residency requirements and other limitations under Maryland law.

To learn more about the above protections, please visit the Corporation's website at [www.mdlifega.org](http://www.mdlifega.org), or contact:

Maryland Life and Health  
Insurance Guaranty Corporation  
9199 Reisterstown Road  
P.O. Box 671-Suite 216C  
Owings Mills, Maryland.21117  
410-998-3907

Maryland Insurance  
Administration  
200 St. Paul Place, Suite 2700  
Baltimore, Maryland.21202  
1-800-492-6116, ext. 2170

**Insurance companies and agents are not allowed by Maryland law to use the existence of the Corporation or its coverage to encourage you to purchase any form of insurance. When selecting an insurance company, you should not rely on Corporation coverage. If there is any inconsistency between this notice and Maryland law, then Maryland law will control.**

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**COMPENSATION AND PREMIUM DISCLOSURE STATEMENT**

*Our compensation to providers who offer health care services and behavioral health care services to our insured members or enrollees may be based on a variety of payment mechanisms such as fee-for-service payments, salary, or capitation. Bonuses may be used with these various types of payment methods.*

*If you desire additional information about our methods of paying providers, or if you want to know which method(s) apply to your physician, please call our Member Services Department at the number listed on your identification card, or write to:*

CareFirst of Maryland, Inc.  
 doing business as CareFirst BlueCross BlueShield  
 10455 Mill Run Circle  
 Owings Mills, MD 21117-5559  
 Attention: Member Services

**A. METHODS OF PAYING PHYSICIANS**

This table shows definitions of how insurance carriers may pay physicians (or other providers) for your health care services with a simple example of how each payment mechanism works.	
Terms	The example shows how Dr. Jones, an obstetrician gynecologist, would be compensated under each method of payment.
Salary	<p>A physician (or other provider) is an employee of the HMO and is paid compensation (monetary wages) for providing specific health care services.</p> <p>Since Dr. Jones is an employee of an HMO, she receives her usual bi-weekly salary regardless of how many patients she sees or the number of services she provides. During the months of providing pre-natal care to Mrs. Smith, who is a member of the HMO, Dr. Jones' salary is unchanged. Although Mrs. Smith's baby is delivered by Cesarean section, a more complicated procedure than a vaginal delivery, the method of delivery will not have an effect upon Dr. Jones' salary.</p>
Capitation	<p>A physician (or group of physicians) is paid a fixed amount of money per month by an HMO for each patient who chooses the physician(s) to be his or her doctor. Payment is fixed without regard to the volume of services that an individual patient requires.</p> <p>Under this type of contractual arrangement, Dr. Jones participates in an HMO network. She is not employed by the HMO. Her contract with the HMO stipulates that she is paid a certain amount each month for patients who select her as their doctor. Since Mrs. Smith is a member of the HMO, Dr. Jones monthly payment does not change as a result of her providing ongoing care to Mrs. Smith. The capitation amount paid to Dr. Jones is the same whether or not Mrs. Smith requires obstetric services.</p>

<p>This table shows definitions of how insurance carriers may pay physicians (or other providers) for your health care services with a simple example of how each payment mechanism works.</p>	
<p>Fee-for- Service</p>	<p>A physician (or other provider) charges a fee for each patient visit, medical procedure, or medical service provided. An HMO pays the entire fee for physicians it has under contract and an insurer pays all or part of that fee, depending on the type of coverage. The patient is expected to pay the remainder.</p> <p>Dr. Jones' contract with the insurer or HMO states that Dr. Jones will be paid a fee for each patient visit and each service she provides. The amount of payment Dr. Jones receives will depend upon the number, types, and complexity of services, and the time she spends providing services to Mrs. Smith. Because Cesarean deliveries are more complicated than vaginal deliveries, Dr. Jones is paid more to deliver Mrs. Smith's baby than she would be paid for a vaginal delivery. Mrs. Smith may be responsible for paying some portion of Dr. Jones' bill.</p>
<p>Discounted Fee-for-Service</p>	<p>Payment is less than the rate usually received by the physician (or other provider) for each patient visit, medical procedure, or service. This arrangement is the result of an agreement between the payer, who gets lower costs and the physician (or other provider), who usually gets an increased volume of patients.</p> <p>Like fee-for-service, this type of contractual arrangement involves the insurer or HMO paying Dr. Jones for each patient visit and each delivery; but under this arrangement, the rate, agreed upon in advance, is less than Dr. Jones' usual fee. Dr. Jones expects that in exchange for agreeing to accept a reduced rate, she will serve a certain number of patients. For each procedure that she performs, Dr. Jones will be paid a discounted rate by the insurer or HMO.</p>
<p>Bonus</p>	<p>A physician (or other provider) is paid an additional amount over what he or she is paid under salary, capitation, fee-for-service, or other type of payment arrangement. Bonuses may be based on many factors, including member satisfaction, quality of care, control of costs and use of services.</p> <p>An HMO rewards its physician staff or contracted physicians who have demonstrated higher than average quality and productivity. Because Dr. Jones has delivered so many babies and she has been rated highly by her patients and fellow physicians, Dr. Jones will receive a monetary award in addition to her usual payment.</p>
<p>Case Rate</p>	<p>The HMO or insurer and the physician (or other provider) agree in advance that payment will cover a combination of services provided by both the physician (or other provider) and the hospital for an episode of care.</p> <p>This type of arrangement stipulates how much an insurer or HMO will pay for a patient's obstetric services. All office visits for prenatal and postnatal care, as well as the delivery, and hospital-related charges are covered by one fee. Dr. Jones, the hospital, and other providers (such as an anesthesiologist) will divide payment from the insurer or HMO for the care provided to Mrs. Smith.</p>

**B. PERCENTAGE OF PROVIDER PAYMENT METHODS**

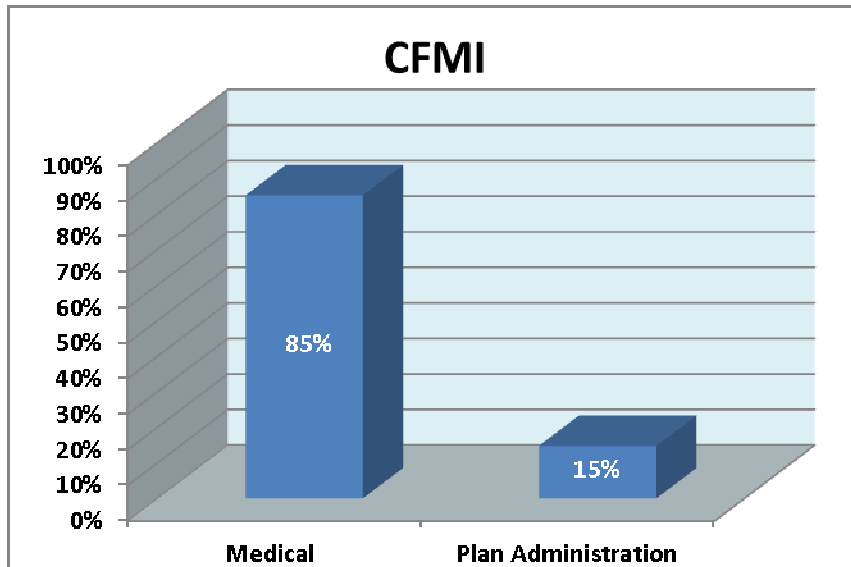
For its Indemnity and Preferred Provider Organization (PPO) products, CareFirst of Maryland, Inc. contracts directly with physicians. All physicians are reimbursed on a discounted fee-for-service basis.

**C. DISTRIBUTION OF PREMIUM DOLLARS**

The bar graph below illustrates the proportion of every \$100 in premium used by CareFirst of Maryland, Inc. to pay providers for medical care expenses, and the proportion used to pay for plan administration.

These numbers represent an average for all indemnity accounts based on our annual statement. The ratio of direct medical care expenses to plan administration will vary by account.

The composite distribution presented in this disclosure is presented pursuant to the requirements of Maryland law, and may differ from calculations of federal medical loss ratio for a carrier in a particular market under the requirements of the Patient Protection and Affordable Care Act, based on accounting differences in the formulae used.



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**ATTACHMENT D**  
**ELIGIBILITY SCHEDULE**

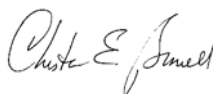
<b>Eligibility</b>	
Subscriber	A full-time wage-earning employee; who works at least 30 hours per week on a regular (not seasonal or temporary) basis.  NOTE: A wage earning employee is a person who is compensated for work/services performed in accordance with applicable federal and state wage and hour laws, which compensation is reported to the Internal Revenue Service by Form W-2 and the Department of Business and Economic Development by Form DEED/AU-16.
Spouse	Coverage for a Spouse is available.
Dependent Children	Coverage for children is available.
Type of Coverage	Individual Only, Individual & Adult Individual & Child, Family
Limiting Age for Dependent Children	Up to age 26

<b>Effective Dates</b>	
Open Enrollment Effective Date	July 1, 2018
New Subscriber Eligibility Date	Any employee moving from full-time ineligible for benefits to full-time benefits eligible is eligible to enroll on the first of the month coinciding with or following the date the employee becomes benefits eligible.
Existing Subscriber Effective Date	An existing Subscriber is eligible for coverage on the effective date of the Group
Existing Dependent Effective Date	An existing Dependent is eligible for coverage on the effective date of the Group



Newborn, newly adopted child, stepchild, newly eligible grandchild or child subject to a MCSO/QMSO or child for whom guardianship has been granted by court or testamentary appointment	The First Eligibility Date
Newly eligible Dependent (other than newborn, newly adopted child, stepchild, newly eligible grandchild or child subject to a MCSO/QMSO or child for whom guardianship has been granted by court or testamentary appointment)	The date first eligible
<b>Termination of Coverage</b>	
Subscriber no longer eligible.	A Subscriber will remain covered until the end of the month in which the Subscriber first no longer meets the eligibility requirements stated in the Evidence of Coverage.
Dependent Children	End of the month following their 26th birthday
Dependent no longer eligible (includes marriage of child, divorce of Spouse, or child who is no longer a Student Dependent)	A Dependent will remain covered until the end of the month in which the Dependent no longer meets the eligibility requirements stated in the Evidence of Coverage.
Upon death of Subscriber	Coverage ends on the last day of the month after the Subscriber's death

**CareFirst of Maryland, Inc.**



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Chester E. Burrell  
President and Chief Executive Officer