

REAL SUPPORT FOR REAL LIFE



Brought to you by your Employee Assistance Program:

The Financial Wellness Playbook

Learn from those who have gone before you! This class shares the habits most people practice when they have little financial stress in their lives. Our coaching staff has conducted over a million financial consultations. The goal is for attendees to take pride in the processes they are practicing well, and to develop an action plan to address the habits they would like to improve.

Wednesday, April 20, 2022
2 pm ET / 1 pm CT / 11 am PT

Log in to register for this seminar at:

www.Cigna.com/EAPWebcasts

To view on-demand replay: Click the above link. When you log into the Wellness Webcast portal, you can choose to attend this seminar, register for upcoming seminars, or attend other on-demand seminars.

A Certificate of Attendance is available for this presentation.

On-demand replay will be available starting 2 hours after the live presentation.

Together, all the way.™



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