## REAL SUPPORT FOR REAL LIFE



Brought to you by your Employee Assistance Program:

## **Bridging Divides: Beyond Agree to Disagree**

Hard-wired tendencies make it easy to dismiss or put down different viewpoints. What if you could respectful engage instead? This vital professional and personal skill is one you can develop. Join us as we experiment with stepping outside our comfort zones, challenging our biases, and connecting with openness and curiosity.

Wednesday, May 4, 2022 2 pm ET / 1 pm CT / 11 am PT

Log in to register for this seminar at: www.Cigna.com/EAPWebcasts

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## Together, all the way.

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