

# REAL SUPPORT FOR REAL LIFE



Brought to you by your Employee Assistance Program:

## Managers: Leading with Emotional Intelligence

Emotional intelligence has been identified as a key leadership trait. In this seminar, we'll take an in-depth look at the role of emotions in the workplace. Learn what emotional intelligence looks like in a management role, and gain strategies for using it to inspire, build relationships, and manage conflict effectively.

**Wednesday, October 19, 2022**  
**2 pm ET / 1 pm CT / 11 am PT**

**Log in to register for this seminar at:**  
[www.Cigna.com/EAPWebcasts](http://www.Cigna.com/EAPWebcasts)

**To view on-demand replay:** Click the above link. When you log into the Wellness Webcast portal, you can choose to attend this seminar, register for upcoming seminars, or attend other on-demand seminars.

**A Certificate of Attendance** is available for this presentation.

**On-demand replay** will be available starting 2 hours after the live presentation.

**Together, all the way.™**



All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Evernorth Care Solutions, Inc. and Evernorth Behavioral Health, Inc. Use and distribution limited solely to authorized personnel.

880885-21 02/22 © 2022 Some content provided under license.