## **Human Services**



#### What is human services?

Human services may be broadly defined as all those systems of services and occupations that concentrate on improving or maintaining the physical and mental health and general wellbeing of people.

#### What is social work?

Social work is the professional activity of helping individuals, groups, or communities enhance or restore their capacity for social functioning. This may include helping people with tangible services like food and housing, or providing counseling or psychotherapy services to people in need.

Individuals who excel in this field have excellent communication skills (both written and oral), are organized, are extremely empathetic, and are good at establishing relationships with people.

#### Why choose HCC?

HCC's human services and social work curricula prepares students to combine knowledge from the social and behavioral sciences with the art of compassion and understanding to assist people in meeting the challenges in their lives.

The human services instructors at HCC are committed to preparing their students to be confident, valuable additions to the work-place. Instructors are constantly in touch with local social agencies to be sure course content is fresh, relevant and comprehensive.

Experiences in the field are offered at community agencies to reinforce the classroom experience. Some of the local agencies that participate are the Community Action Council, Potomac Case Management, CASA, Inc., The Mental Health Center, and the Washington County Health Department.

HCC offers students many financial aid opportunities at the federal and local level. The college also offers a monthly payment plan. By starting at HCC, a student can save thousands of dollars on a four-year degree.

HCC has articulation agreements with Shepherd University and Salisbury University at USMH in downtown Hagerstown. For more information, please call 240-500-2407.



#### **PROGRAM OPTIONS**

- A.S. Degree, Arts and Sciences, Human Services Concentration
- A.A.S. Degree, Human Services Technician
- E Letter of Recognition, Human Services

#### **CAREER OUTLOOK**

MEDIAN SALARY

\$50K

for social workers

**EMPLOYMENT** 



9% growth over next 10 years 708,100 jobs in the U.S.

(source: bls.gov/ooh)

A.S. Degree

# Arts and Sciences Human Services Concentration

The transfer program in human services is designed for students who plan to transfer to a four-year institution and major in social work. In recent years, students have transferred successfully to Hood College, Shepherd University, Shippensburg University, Salisbury University, and University System of Maryland at Hagerstown. This program has articulation agreements with Shepherd University and Salisbury University. Students should always confer with advisors and transferring institutions for specific requirements that should be completed at HCC prior to completion.

### General Education Requirements 31-32 credits Arts/Humanities

#### **Biological/Physical Science**

Select two courses from approved
General Education course list. One must be a
laboratory course .......7-8

#### Diversity

Select one course from approved ENG 101 English Composition ...... 3 \*A minimum grade of "C" or better is required for ENG 101 ENG 102 Advanced English Composition...... 3 **Mathematics Program Requirements** 15 credits **HST** 103 Introduction to Human Services and Social Work ......3 Understanding Diversity in the Helping Profession ...... 3 Social Work with Individuals................................. 3 207 HST **HST** 208 Social Work With Groups ...... 3 PSY 204 Developmental Psychology:

#### Free Electives 13-14 credits

Lifespan Human Development....... 3

Electives should be selected in consultation with a transfer advisor and the transfer institution. Some recommended courses are listed below:

recommended courses are listed below:				
ECO	201	Macroeconomic Principles(3)		
HEA	103	Personal Health(3)		
HIS	101	World History to 1500(3)		
HIS	102	World History Since 1500(3)		
HIS	201	United States History I(3)		
HIS	202	United States History II(3)		
PED	132	Yoga(I)		
POL	101	American Government(3)		
PSY	206	Abnormal Psychology(3)		
SOC	102	Sociology of Social Problems(3)		
SOC	105	Juvenile Delinquency(3)		
STU	106	Professionalism in the Workplace (1)		
Degree Requirement60				

#### A.A.S. Degree

#### **Human Services Technician**

The Human Services Technician Program provides training for a variety of careers in social services, community self-help, and volunteer agencies at the paraprofessional or technical level. While most of the courses are transferable to a four-year liberal arts program, students who wish to transfer should discuss their career goals with an academic advisor.

General Education Requirements 21-22 credits Arts/Humanities Select from approved General Education course list
Behavioral/Social Sciences PSY 101 General Psychology
Biological/Physical Science Select from approved General Education course list
Diversity Select one course from approved General Education course list
English ENG 101 English Composition

HST	103	Introduction to Human Services	,
HST	201	and Social Work	3
ПЭТ	201	Understanding Diversity in the Helping Profession	2
HST	207		
HST	208	Social Work With Groups	
PSY	204	Developmental Psychology:	

ENG 112 Technical Writing I.....(3)

109 Statistics ...... 3

Mathematics MAT 109

**PSY** 

SOC

101

**Program Requirements** 

#### Free Electives 11-12 credits

Lifespan Human Development....... 3

Abnormal Psychology......3

Introduction to Sociology......3

Electives should be selected in consultation with an advisor. Some recommended courses are listed below: If the student is planning on transferring, please review the

A.S. Option in Human Services. \*\*HST 269 - Internship I is strongly recommended for all qualified students.

ADJ	101	Introduction to Criminal Justice(3)
BUS	104	Legal Environment of Business(3)
HEA	103	Personal Health(3)
HST	269	Internship I(1-3)
HUM	214	World Religions(3)
MGT	210	Human Resources Management(3)
PSY	216	Social Psychology(3)
SOC	102	Sociology of Social Problems(3)
SOC	103	Criminology(3)
SOC	105	Juvenile Delinquency(3)

#### Letter of Recognition

Degree Requirement......60

#### **Human Services**

This sequence of courses prepares students with a basic knowledge of the human service field and may be used to help credential the human service worker currently working in the field.

Program Requirements 6 credits							
H	HST.	103	Introduction to Human Ser	vices			
			and Social Work	3			
Р	SY	101	General Psychology	3			
Res	Restricted Electives 3 credits						
H	HST	207	Social Work With Individual	ls(3)			
	OR						
S	Select any Human Services Technician						
(HST) course							
(1	HST 2	07 is r	recommended)				
Let	ter o	f Rec	ognition Requirement	9			

Note: Students who may have a criminal record need to be aware this could preclude them from employment in this field. Additionally, students need to be aware that excessive prior drug use may prevent their employment in the state of Maryland as well. Please direct questions or concerns to the brogram coordinator.

"The good social worker doesn't go on helping people out of a ditch; pretty soon she begins to find out what ought to be done to get rid of the ditch."

—Mary Richmond, social work founder

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#### **Contact Information:**

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#### **Recommended Professional Organizations**

National Association of Social Workers: www. socialworkers.org











