

# REAL SUPPORT FOR REAL LIFE



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## Diversity: Let's Talk About It

Diversity - it can be a challenging topic. As humans, we gravitate to others who remind us of ourselves; we find comfort there. Diversity-related issues can leave us feeling unsure, defensive, or even combative.

Understanding why it's a challenge, building awareness, and gaining interpersonal skills can help us navigate with greater confidence and play a part in creating more inclusive environments.

**Wednesday, June 7, 2023**  
**2 pm ET / 1 pm CT / 11 am PT**

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