

REAL SUPPORT FOR REAL LIFE



Brought to you by your Employee Assistance Program:

The Power of Connection: At Work

In a perfect world, we have good buddies and trusted friends working alongside us. But this is often not the reality in the modern workplace. Feeling disconnected can have a powerful impact on our work and well-being. We'll discuss the challenges, including the impact of virtual workspaces, and how to build meaningful connections.

Wednesday, May 3, 2023
2 pm ET / 1 pm CT / 11 am PT

Log in to register for this seminar at:
www.Cigna.com/EAPWebcasts

To view on-demand replay: Click the above link. When you log into the Wellness Webcast portal, you can choose to attend this seminar, register for upcoming seminars, or attend other on-demand seminars.

A Certificate of Attendance is available for this presentation.

On-demand replay will be available starting 2 hours after the live presentation.

Together, all the way.™



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