

Mental Health

Turning Point, a program of Way Station Inc.

328 North Potomac Street

Hagerstown, MD 21740

(301) 733-6063

Hours of Operation: Monday – Friday: 8am – 4:30pm

Closed on some holidays

Residential Rehabilitation (RRP): A program to support individuals with serious mental illness and co-occurring disorders to achieve maximum mental and physical health through community integration and independence in the least restrictive environment possible. House hours vary by intensity level: 40 hour per week, 24/7 both available.

Day Program (PRP): *Monday – Thursday: 8a-1:30p, Friday: 8a-12:30p*

Program that consists of therapeutic groups that focus on aspects of independent living to support individuals with serious mental illness and co-occurring disorders with community integration. Meals served to clients that are enrolled in the program (breakfast/lunch).

Community Support Program (PRP): Program comprised of case managers that support individuals in the community with serious mental illness and co-occurring disorders to maintain and enhance their level of independence and integration in the community. Supports money management education, medication monitoring as needed, assistance with accessing somatic and mental health appointments in the community.

Community Employment Program (CEP): Supported employment program provides a variety of support services to assist individuals with mental illness enter employment with credible work skills. Clients supported to obtain competitive work and jobs in the community.

Assertive Community Treatment (ACT): Engages clients with serious mental illness and co-occurring disorders who have not benefitted from traditional office based, outpatient treatment. Multi-disciplinary team that includes a prescriber, therapists, nurses, entitlement and housing specialists, substance use counselors, and peer support.

Homeless Outreach Program (HOP): *Walk in Hours: Monday-Thursday: 8a-12 noon*

Serves homeless individuals in Washington County with linkage to treatment providers for somatic and mental health services, assistance with applying for health insurance, food stamps, housing and entitlements, provisions of hygiene and clothing items (as available), and assistance obtaining birth certificates, ID cards and social security cards.

Outpatient Mental Health Clinic (OMHC): *By Appointment Only*

Services include assessments for medication, therapy, and diagnostic assessments for clients enrolled in services through Turning Point.

Transition Age Youth (TAY)/Healthy Transition Initiative (HTI): Services provided for youth, aged 16-25, with serious mental illness and/or emotional disturbance. Case management provided to support finding adequate housing, linkage to treatment providers, and building positive relationships with friends and family.

Substance Use Program: Serves adults with co-occurring disorders that meet ASAM Level 1 criteria. Group and individual treatment sessions available as an integrated component to a client's treatment plan.

North Point Veterans Program: 25 E. North Ave, Hagerstown, MD 21740 (240)500-3105 8am-5pm
This program offers transitional housing support services to homeless male veterans who wish to achieve residential and financial stability. We provide quality, recovery-oriented services that are designed to support sobriety, employment services, training and support in developing independent living skills, and a connection for working in close coordination with Department of Veteran's Affairs.

Mental Health

Potomac Case Management Services

324 E. Antietam Street, # 301

Hagerstown, MD 21740

(301) 791-3087

Hours of Operation: Monday – Friday: 8am – 4:30pm

Closed on some holidays

Permanent Supported Housing (PSH):

This program provides support to chronically homeless individuals and families throughout Washington County. Eligibility for this program requires a verifiable disability and proof of homelessness.

Targeted Case Management (TCM):

This program is designed for adult participants with mental/behavioral health diagnoses to receive varying levels of case management that best serves their needs and goals. Maryland Medical Assistance is accepted.

Mental Health Care Coordination (MHCC):

This program supports children and youth between the ages of birth through 18. MHCC can be provided in the school and at home to incorporate a "team support system" for youth. Eligibility includes Maryland Medical Assistance and a verifiable mental health diagnosis.

Mental Health

Mental Health Center
1180 Professional Court
Hagerstown, MD 21740
(301) 791-3045

Hours of Operation: Monday/Wednesday/Thursday: 8a-6p, Tuesday: 8a-8p, Friday: 8a-5p
Closed on some holidays

Outpatient Services: Services include individual, group, play, school-based and family therapies. Also available are medication assessment and monitoring, dual diagnosis programs, employee assistance, and consumer/family education programs.

Mobile Treatment Services: Services for children, adolescents, and adults in the community. Development of a recovery plan, access to community resources for somatic care and substance use programs, as well as medication management are integrated into this program.

Psychiatric Rehabilitation: Services for children, adolescents, and adults in the community. Program for children/adolescents strives to improve behaviors, academic performance, improve problem solving skills and promote social/vocational skills. Program for adults designed to teach and/or restore skills to recover from mental illness. Groups and individual services for psychosocial supports, healthy living, residential supports, and medication management.

Mental Health

QCI Behavioral Health
201 North Burhans Blvd.
Hagerstown, MD 21740
(301) 791-2660

Hours of Operation: Monday- Friday: 9a-6p
Closed on some holidays

Outpatient Services: Services include couples counseling, child and adolescent counseling, parenting skills, anger management, drug and alcohol counseling, anxiety/grief/loss counseling, and a team of psychiatrists, therapist, licensed social workers, and registered nurses to serve clients.

Mobile Treatment: Services for adults living with mental illness that includes ongoing psychiatric care and medication management as well as individual, family and group therapies. All services are personally planned for and with each patient to promote and guide each one to wellness, assist with the location and maintenance of stable housing, insurance, social security and entitlements, financial independence, reconnecting with friends and family, and giving referrals, location, and connection with other community resources that will promote recovery.

Mental Health

Change Health Services

7 North Potomac Street, # 101
Hagerstown, MD 21740
(240) 420-1850

Hours of Operation: Monday- Friday: 8a-7p
Closed on some holidays

Community Behavioral Health: Services for children aged 6 and above, adolescents, young adults, adults and geriatric clients. A variety of highly trained professional staff offer individual, group, family and specialized therapies to individuals and their families. Board eligible or certified Psychiatrists are available for diagnostic assessment as well as medication monitoring and evaluation

Psychiatric Rehabilitation: Our Pathway to Wellness program caters primarily for adults facing continuous developmental and behavioral health issues. We also serve individuals with emotional and/or behavioral challenges. Organized activities to assist clients in recovery from behavioral health disorders to develop the emotional, social and intellectual skills needed to live, learn and work in the community with the least amount of support. These activities are provided both offsite and on-site.

Psychiatric Urgent Care: This service provides emergency appointments and walk-ins for clients

Respite Services: CHS provides short-term respite services to families caring for children with serious emotional disturbances or adults with serious and persistent mental illness. These services give caregivers a break from the rigors of their care-giving duties and support the clients in remaining in their homes. In- home Respite services may be provided at the client's home, school or any other.

Therapeutic Behavioral Services: These therapeutic services are geared towards individuals displaying maladaptive, inappropriate, disruptive or dangerous behavior that is determined to be harmful to self and others.

Mental Health

Western Maryland Counseling Services

322 E. Antietam Street, Suite 101
Hagerstown, MD 21740
(301) 733-2431
Fax: (301) 733-2432

Hours of Operation: Monday- Thursday: 8:30a-6:30p
Friday: 10:30a-4:30p, Saturdays by Appt.
Closed on some holidays

Outpatient Mental Health: Individualized outpatient therapy & psychiatric care. We treat a number of mental health disorders, and provide a neutral ground to individuals, families, and couples.

Mental Health

Villa Maria/Catholic Charities
324 E. Antietam Street
Hagerstown, MD 21740
(667) 600-2140
Hours of Operation: Monday- Friday: 8:30a-5:30p
Closed on some holidays

Community Resource Behavioral Health Clinic: Services for children, adults, and families that includes individual and family counseling, psychiatric evaluations, social and coping skill development, and medication management.

Mental Health

Brook Lane Health Services
13121 Brook Lane, P.O. Box 1945
Hagerstown, MD 21742
(301) 733-0330
Hours of Operation: Hours may vary by program
Closed on some holidays

Child and Adolescent Services: Services include hospitalization, partial hospitalization program, outpatient treatment, residential care, laurel hall school, and THRIVE program.

Adult Services: Services include hospitalization, partial hospitalization, various counseling options including outpatient and pastoral sessions.

InSTEP Substance Use Treatment: Our therapists are all Masters level, licensed mental health professionals, many of whom are dually trained in addiction and mental health. They will focus on the clients' strengths, help them work on guilt and shame and empower them to take control of their own recovery. We meet our clients wherever they are in their journey and will teach them that recovery is a process for life.

Abundant Life Counseling: This is a special outpatient program for those seeking faith-based, professional counseling. Licensed clinical staff provides counseling within the framework of Biblical principles where the resources of one's faith are valued as important to the healing process. Treatment may include prayer and scriptural reference.

Brook Lane North Village: 18714 North Village, Hagerstown, MD 21742: (301) 733-0330

Mental Health

Mental Health Providers

<u>Catoctin Counseling Center:</u> 228 E. Washington St., Hagerstown, MD 21740: (301) 745-6687

<u>Meritus Behavioral Health:</u> 11116 Medical Campus Rd, Hagerstown MD 21741: (301) 766-7600

<u>Compassionate Wellness:</u> 44 N. Potomac St. Ste. 101/102, Hagerstown, MD 21740: (240) 512-6001
--

<u>NAMI:</u> 11944 Comanche Dr., Smithsburg, MD 21783: (301) 824-7725
--

Substance Use Services

ADAC (Alternative Drug & Alcohol Counseling): 920 W. Washington St., Hagerstown, MD 21740_(301) 766-0065

Alcoholics Anonymous: (see link for most current meeting schedule)

http://wmfmd.org/resources/12_step_meetings/aa_meetings/hagerstown_area.pdf

Alcoholism Information Center: Professional Arts Building, Rm. 208, Hagerstown, MD. 21740: (301) 790-2171

Celebrate Recovery: 201 N Potomac St, Hagerstown, MD 21740: (301) 393-4377

Hagerstown Treatment Center: 16110 Everly Rd., Hagerstown, MD 21740: (301) 714-0837

Substance Use Program at Turning Point: see page

Ideal Option: 265 Mill St., Suite 100, Hagerstown, MD 21740: (877) 522-1275

Lasting Change: 519 N. Locust St., Hagerstown, MD 21740: (301) 791-7826

Phoenix (methadone):217 E. Antietam St., Hagerstown, MD 21740: (240) 420-0000

Serenity Treatment Center: 580 Northern Ave., Suite D, Hagerstown, MD 21740: (301) 732-5328

Wells House Inc.: 324 N. Locust St., Hagerstown, MD 21740: (301) 791-3189

Community Services

Valor Ministries

324 E. Antietam Street, #104

Hagerstown, MD 21740

(240) 329-9387

Email: info@thevalorcenter.org

Hours of Operation: Vary, call for current hours

Crisis Services: *Monday-Wednesday: 9a-2p (by appointment only)*

Using a proven practice self-sufficiency evaluation matrix, Valor helps clients focus on issues that keep them stuck in a crisis or vulnerable state and then look for ways to make positive changes to reach stability. Clients must attend up to 4 "Earn While you Learn" classes to receive financial aid for rental and utility assistance, baby supplies, clothing, IDs, Birth Certificates and more.

Mentoring Services: Faith based friends mentor clients in need of self-esteem, stress reduction, goal setting, hope and more. Must complete application to be enrolled in the program.

Draped with Confidence: Provision of clothing for job interviews or work with up to 3 outfits supplied. Clients must attend Life Development Classes to receive clothing. Clothing for men and women.

Computer Lab: Computers on site for self-paced learning. Also used for job searching, resume writing, applying for employment, and general training on how to use a computer. Available by appointment.

Community Services

REACH

140 W. Franklin St, Ste. 300
Hagerstown, MD 21740
(301) 733-2371

Hours of Operation: Vary based on program,
call for specific holiday hours

Crisis Services: *Tuesdays/Thursdays: 9a-1p*

First come, first served walk in hours to serve residents of the county who are facing crisis situations. Trained volunteers offer encouragement, advice, and referrals to other providers, as well as monetary assistance (when funds are available).

Day Resource Center: *Monday-Friday, 9a-1p (Nov-Mar)/ Monday-Thursday, 9a-1p (Apr-Oct)*

Open for clients to come in from the cold weather.

Financial Literacy: Classes offered throughout county as scheduled.

Contact Kelli Tencer (kelli@reachofwc.org). (301) 733-2371 x 107

Cold Weather Shelter: *Last Sunday in October - first Sunday in April (M-Sat 7p-7a, Sun 3p-7am)*

30 beds available for men, 12 beds available for women. No persons under the age of 18 are permitted to stay. When the temperature or wind chill factor is 32 degrees or below and/or there is the presence of snow, overflow beds could be available.

Rapid Rehousing Program: *By appointment only*

This program is comprised of two case managers that can support and assist single adults or couples with no children that are homeless, with finding and obtaining housing in the community. Monetary assistance (when funds are available).

Community Services

Office of Consumer Advocacy

121 E. Antietam Street
Hagerstown, MD 21740
(301) 790-5054

Hours of Operation: Monday-Friday, 8:30a-4:30p

Soul Haven:

Listening Line:

Peer Support and Advocacy:

Self-Directed Care:

Transition Age Youth:

Community Services

Washington County Health Department
1302 Pennsylvania Avenue
Hagerstown, MD 21742
(240) 313-3200
Hours of Operation: Monday-Friday, 8a-5p

Behavioral Health: Programs that fall under this division of the Health Department include CAMEO house, Catocin Summit Adolescent Program (CSAP), Harm Reduction, Jail Substance Abuse Program (JSAP), State Care Coordinator, Project Act Now, Tobacco Free for life, and Baby and Me Tobacco Free.

Children and Families: Family planning, healthy families, immunizations, lead poisoning prevention, and Women Infants Children (WIC)

Cancer Screenings: Breast and cervical cancer program, cancer prevention/education/treatment/screening program, and Washington County Cancer Coalition

Clinics/Communicable Disease: Family planning, HIV testing, HIV/AIDS case management, immunizations, infectious diseases, Prep for HIV prevention, STI testing, and Tuberculosis screening and treatment

Environmental Health: Focusing on environmental health programs and rabies prevention

Health Insurance: Assistance with applying for insurance, including Medicaid, Administrative Care Coordination Unit, Ombudsman, Medical Assistance Transportation Program

Older Adults/Disabilities: Adult evaluation and review services, community first choice, stepping on (senior fall prevention program)

Tobacco Cessation: Tobacco Free for Life, Baby and Me Tobacco Free

Other Services: National Diabetes Prevention Program, Public Health Emergency Preparedness, Vital Records (Birth and Death Certificates)

Community Services

Community Action Council (CAC)

117 Summit Ave
Hagerstown, MD 21740
(301) 797-4161

Hours of Operation: Monday-Friday, 8:30a-12noon, 1pm-4:30pm

Affordable Rental Housing Program:

CAC rehabilitates properties, enabling them to be rented to low-income households at affordable rents.

Crisis Services:

Emergency assistance for court ordered evictions and first months' rent

Energy Programs:

The Maryland Energy Assistance Program (MEAP) provides a yearly grant during the heating season for eligible households, helping to ease the burden of energy costs.

Supportive Housing Program:

Provides housing to individuals through single room occupancies (SRO's) in partnership with a local, privately owned hotel.

Rapid Rehousing Program:

This program supports families that are homeless, on the street, or in a shelter that are in need of housing. Monetary assistance (when funds are available).

Transportation:

The Community Action Council's Transportation program (CAT) provides coordinated human service transportation for the elderly, low income individuals, and individuals with disabilities.

Community Services

Washington County Department of Social Services

122 N. Potomac Street

Hagerstown, MD 21740

(240) 420-2100

Hours of Operation: Monday-Friday, 8:30am-4:30pm

Closed on state holidays

Services:

Provides protective and social services to children, families, and disabled adults. Determines eligibility for benefits, assistance with obtaining employment, and establishing/collecting child support. Supports SNAP (food stamp) applications, state health insurance (Medicaid) applications, and determination for Temporary Cash Assistance (TCA) and the Temporary Disability Assistance Program (TDAP)

Community Services

Supportive Groups

Bipolar Support Group: 265 Mill St., Suite 200, Hagerstown, MD 21740: (301) 733-6555

Dad's Connection: 221 McRand Ct., Hagerstown, MD 21470: (301) 790-4005


Depression Support Group: P.O. Box 1304, Hagerstown, MD 21740: (301) 733-6555


Hospice of Washington County: 747 Northern Ave., Hagerstown, MD 21742: (301) 791-6360

Wellness & Recovery Support Group: 12 W. Franklin St., Hagerstown, MD 21740:
(301) 733-6676

Alcoholics Anonymous: (see link for most current meeting schedule)

http://wmfmd.org/resources/12_step_meetings/aa_meetings/hagerstown_area.pdf


<p>Family Healthcare of Hagerstown 201 S. Cleveland Ave. Hagerstown, MD 21740 (301) 745-3777 Fax: (301) 393-3459 Hours of Operation: Monday, Wednesday, Friday (7:30a-5p) Tuesday/Thursday (7:30a-7p) *Closed on all major holidays*</p>
<p>Medical: Family care practice that includes preventative care, sick visits, 24 hour on call providers, well woman screenings, chronic illness case management, and referrals to specialists. Financial assistance is available. *No chronic pain medications prescribed*</p>
<p>Dental: Dental care for preventative care, restorative care, emergency dental care, dental health education, and 24 hour providers on call. Financial assistance is available.</p>
<p>Mental Health: Outpatient services that include diagnostic assessments, medication, and other treatment including therapy.</p>
<p>Pharmacy: On site pharmacy and store for over the counter medications and prescriptions.</p>
<p>Lab: Onsite lab for blood and urine screenings, can be done same day as order.</p>


<p>Dental Services</p>
<p>Family Healthcare of Hagerstown: See page</p>
<p>Kool Smiles: 1580 Wesel Blvd, Hagerstown, MD 21740: (240) 329-0172</p>
<p>Hagerstown Smiles: 1115 Mt. Aetna Rd., Hagerstown, MD 21740: (240) 329-4274</p>
<p>Wade Family Dentistry: 1855 Howell Rd., Hagerstown, MD 21740: (301) 739-4114</p>
<p>Aspen Dental: 1730 Massey Blvd, Ste 106, Hagerstown, MD 21740: (301) 679-0646</p>
<p>HCC Dental Clinic: 11400 Robinwood Dr., Hagerstown, MD 21742: (240) 500-2569 <i>September-December:</i> Monday (8a-12noon), Wednesday (8a-12noon, 1p-5p) <i>January-April:</i> Monday (1p-5p), T/W (8a-12noon, 1p-5p), Thursday (8a-12noon)</p>

Hearing Aid Services

National Hearing Aid Hotline: (800) 521-5247

Hear Now: *Reconditioned Hearing Aids:* (800) 648-4327

Vision

Easter Seals Home and Community Therapy: 101 E. Baltimore St. Hagerstown, MD 21740 Phone:
(301) 745-3828/Fax: (301) 745-3829

Lion's Club: P.O. Box 167, Hagerstown, MD 21740: (301) 797-4742

National Federation of the Blind: 1800 Johnson St., Baltimore, MD 21230: (301) 659-9314

Blind Industries & Services of Maryland: 19224 Longmeadow Rd, Hagerstown, MD 21742
Phone: (410) 514-6565/ Fax: (301) 739-1002

Community Free Clinic: 249 Mill St., Hagerstown, MD 21740: (301) 733-9234

Meritus Medical Center: 11116 Medical Campus Rd., Hagerstown, MD 21740: (301) 790-8000

Partners in Pediatrics: 303 W. Memorial Blvd., Hagerstown, MD 21740: (301) 791-7060

Sylvania Building: 13424 Pennsylvania Ave, Hagerstown, MD. 21740: (240) 313-3100

Houses multiple family practice offices, a pharmacy, an urgent care office, and a lab for blood work

Walnut Street Community Health Center: 24 North Walnut St., Hagerstown, MD 21740

Dr. Siddiqui: 324 E. Antietam St., Hagerstown, MD 21740: (301) 791-2510

Dr. Qadir: 1190 Mt. Aetna Rd., Hagerstown, MD 21740: (301) 790-0666

Meritus Family Medicine (Robinwood): 11110 Medical Campus Rd.,# 107, Hagerstown, MD 21740:
(301) 714-4400

Health Care Services

Urgent Care

MedExpress Urgent Care: 1741 Dual Hwy., Hagerstown, MD 21740: (301) 790-0254

Meritus Urgent Care:13424 Pennsylvania Ave., Suite 104, Hagerstown, MD 21740: (240) 313-3100

U.N.I Urgent Care: 11236 Robinwood Dr., Suite 101, Hagerstown, MD 21740: (240) 313-4242

Health Care Services

In Home Care Providers

Adult Care Services, Inc.: 12646 Beck Rd., Hagerstown, MD 21742: (301) 714-2273

Always There Home Care Inc.: P.O Box 1984, Hagerstown, MD 21740: (301) 790-0124

Equipped for Life: 525 Dual Hwy., Hagerstown, MD 21740: (301) 714-0200

Guardian In-Home Services, Inc.: 1102 Opal Ct. Ste 105, Hagerstown, MD 21740
(301) 733-3272

Homecall: 131 King St., Hagerstown, MD 21740: (301) 739-4810

Home Health Care: 1799 Howell Rd., Hagerstown, MD 21740: (301) 766-7800

Optimal Health Care, Inc.: 6 W. Washington St., Hagerstown, MD 21740: (301) 790-4962

Seniors Helping Seniors: 7189 Findley Rd., Mercersburg, PA 17236: (717) 328-5693

Stay Home Senior Services, Inc.: 13831 Faith Rd., Clear Spring, MD 21722: (301) 842-2273

Tender Loving Care: 38 W. Main St., Hancock, MD 21750:(301) 733-5880

Commission on Aging: 535 E. Franklin St., Hagerstown, MD 21740: (301) 797-0275, ext. 220



Nutrition Services

Georgeann Freimuth, MS, RD., LDN:17 Western Maryland Pkwy, Hagerstown, MD. 21740_(301) 797-9240

Robinwood Endocrinology, Diabetes & Metabolism:11110 Medical Campus Rd., Suite 108, Hagerstown, MD 21740: (301) 714-4041

Washington County Commission on Aging & Nutrition Screening:140 W. Franklin St., 4th floor, Hagerstown, MD 21740: (301) 790-0275, ext. 206

Washington County Health Department: page

WIC Program: 947 N Burhans Blvd., Hagerstown, MD 21742: (240) 313-3335